



Job Profile

Job Title: Intern, Construction, Estimating, and Project Management

Primary Location: Boulder and Denver, CO, Utah, Ohio and Memphis

Compensation: \$23/hour - \$26/hour

Please send your resume to dnemmers@congruex.com Diane Nemmers, Sr. Manager Recruiting

*Congruex is looking for an Intern, **Intern, Construction, Estimating, and Project Management** to join our team. Learn more about it at www.congruex.com.*

Who is Congruex

Congruex designs and builds broadband and wireless communications infrastructure. The work we do enables everything in the modern world to operate, from healthcare and energy to transportation and social interactions.

We deliver turn-key network solutions under a single platform by aligning our engineering and in-market construction operating units. Our vision is to be the best end-to-end provider of network services in the U.S. and our core values of GRIT connect everything we do.

We are building tomorrow, together. Will you join us?

Your New Job

Job Summary: Congruex is seeking a motivated **Construction, Estimating, and Project Management** to support our telecommunications construction teams. This internship is designed for students pursuing **Construction Management, Estimating, Project Management, or related fields** who want real-world exposure to fiber and telecom construction projects.

You'll gain hands-on experience across **estimating, project coordination, construction operations, budgeting, and documentation**, while working alongside experienced Project Managers, Estimators, and Construction Managers.

Key Responsibilities:

- Assist with **project estimating**, including reviewing plans, performing material takeoffs, and supporting bid proposals
- Help coordinate **pre-construction and construction activities**, schedules, and project documentation
- Support **field operations** by reviewing daily reports, timesheets, and assisting with site visits
- Track **project costs, budgets, and basic forecasts** using Excel and project tools
- Organize and maintain **project documents** (contracts, change orders, reports)



- Prepare meeting notes, status updates, and internal reports
- Support **project closeout** activities such as as-builts and closeout packages
- Learn and follow **safety, quality, and compliance standards**
- Assist with additional projects as assigned

Qualifications:

- Currently pursuing a degree in **Construction Management, Engineering, Business, Project Management, or a related field**
- Strong interest in **construction, project management, or telecommunications infrastructure**
- Organized, detail-oriented, and eager to learn
- Comfortable working with **Excel, Word, and basic data analysis**
- Strong written and verbal communication skills
- Able to work both in an **office and jobsite environment**
- Valid driver's license (for site visits, if applicable)

Preferred Skills:

- Coursework or experience in **construction estimating or project management**
- Exposure to **blueprints, schedules, or construction documents**
- Familiarity with estimating or scheduling software

What You'll Gain:

- Hands-on experience across the **full construction project lifecycle**
- Mentorship from industry professionals in **Construction Management and Telecom**
- Real-world application of classroom learning
- Professional skills in estimating, budgeting, scheduling, and coordination
- A strong foundation for a career in **construction or project management**

Why Work At Congruex

Congruex Culture & Benefits:

Congruex's culture of safety and performance is built on the **4X Factor** core values of **Be Safe, Be Accountable, Be Respectful, and Earn Trust**. These values guide how we work with one another and how we interact with our customers.

We are committed to building a workplace where employees feel supported and recognized. We invest in employees through a comprehensive approach, including the benefits below with **eligibility on Day 1 of employment**:

- Medical, Dental & Vision benefits with 70% paid by the company
- 401(k) with company match up to 4% and immediate vesting
- Flexible PTO for exempt roles & competitive PTO accrual for non-exempt roles
- 10 company paid holidays (9 standard and 1 floating)
- Company Paid Short-Term and Long-Term Disability coverage
- Company Paid Maternity & Parental Leave options
- Company Paid Basic Life Insurance (with employee paid voluntary options)
- Annual Safety Boot Program of up to \$150 per eligible field employee per year



- Safety Points Program for eligible field employees redeemable in the company store
- Free wellness benefits like counseling, financial planning, and more

The Fine Print:

Some benefits have eligibility criteria. All requirements are subject to possible modification to reasonably accommodate individuals with disabilities.

This job description in no way states or implies that these are the only duties to be performed by the employee occupying this position. This document does not create an employment contract, implied or otherwise, other than an “at-will” employment relationship.