

CURRICULUM VITAE

CV SECTION 1: Employment History/Awards

NAME Laura A. Swink (Grimm), PhD, OTR/L

ADDRESS

Department of Occupational Therapy, Office 321
800 Oval Drive
Fort Collins, CO 80524

EDUCATION

2019-2021 Advanced Geriatrics Postdoctoral Fellowship, Geriatric Research Education and Clinical Center, Eastern Colorado Veterans Administration
2016-2019 PhD in Occupational and Rehabilitation Science, Colorado State University
2011-2012 MS in Occupational Therapy, Ithaca College
2007-2011 BS in Occupational Science, Ithaca College

ACADEMIC, RESEARCH, and CLINICAL POSITIONS

2023-Present Assistant Professor, Department of Occupational Therapy, Colorado State University
2022-2024 Instructor Affiliate, Department of Physical Medicine and Rehabilitation, University of Colorado
2021-2024 Health Research Specialist and WOC, Eastern Colorado Veterans Health Administration
2019-2021 Postdoctoral Fellow, Eastern Colorado Veterans Health Administration
2016-2019 Graduate Research Assistant, Department of Occupational Therapy, Colorado State University
2014-2016 Occupational Therapist, Swedish Medical Center, Englewood, CO
2012-2014 Occupational Therapist, North Suburban Medical Center, Thornton, CO

CURRENT JOB DESCRIPTION

40% Research/Creative Activity; 40% Teaching; 20 % Service/Outreach; 0% Admin

HONORS AND AWARDS

2025 Parkinson's Foundation: Junior Investigator Travel Award
2024 Poster Top 3 for Degenerative Diseases SIG: Physical Therapy Combined Sections Meeting
2023 Labe C. Scheinberg Award Best Work in Neurorehabilitation (Platform Presentation)
2021 Best Research Poster Award Occupational Therapy Summit of Scholars
2017 Columbine Health Systems Scholarship for Aging Research
2012 Magna Cum Laude Graduation Status
2007-2012 Member of Pi Theta Epsilon (Occupational Therapy Honor's Society)
2011-2012 Member of Alpha Eta (National Scholastic Honor Society for the Allied Health Professions)

CV SECTION 2: Evidence of Publications/Scholarly Record

PUBLISHED WORKS

Journal Articles In Preparation

Anderson, C.B., Akay, R.B., **Swink, L.A.**, Christiansen, C.L. (in preparation). Falls experienced by people with total knee replacement: A secondary analysis of falls, physical performance, and physical activity using the Fall Type Classification Framework. *Physical Medicine & Rehabilitation*

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

Journal Articles In Review

Shaub, L.,[^] Fyffe, L., Nguyen, E., Ferri, A., & **Swink, L.A.** (in review). Occupational Therapy Interventions to Promote Preschool Children's Social-Emotional Development and Classroom Participation: A Scoping Review. *Child: Care, Health, and Development*. <https://doi.org/10.17605/OSF>.

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

Refereed Journal Articles

[^] Indicates student, mentee, or graduate with whom project was completed. First author position indicates the person who drafted the manuscript, in addition to the roles that are marked.

1. Hanlon, S.L., Miller, M.J., **Swink, L.A.**, Hoffmann, R., Kline, P., Christiansen, C.L. (in press). Physical health and psychosocial characteristics influence postoperative mobility in Veterans following total knee arthroscopy: A structural equal modeling approach. *PM&R (Impact Factor 2.8)*

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions

2. Mañago, M.M., Van Valkenburgh, L., Boncella, K., Will, R., Feuerstein, J., **Swink, L.A.**, Christiansen, C.L. (2025). Blood Flow Restriction Training in people with Parkinson disease: A mixed methods feasibility study. *Physical Therapy Journal*. <https://doi.org/10.1097/NPT.0000000000000530> (Impact Factor 3.3)

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions

3. **Swink, L.A.**, Diprinzio, D., Brown, J., Novak, D., Christiansen, C.L., Mañago, M.M. (2025). Exploring loneliness in people with Parkinson's disease participating in community-based exercise. *Journal of Neurologic Physical Therapy*. <https://doi.org/10.1097/NPT.0000000000000532>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

4. **Swink, L.A.**, Akay, R.B., Rich, T., Anderson, C.A., Schmid, A.A., Christiansen, C.L., Nearing, K.A. (2025) "I was angry that I fell" all the way to "If I fall, I fall": A qualitative study of the spectrum of behavioral fall risk factors for Veterans with dysvascular lower-limb amputation. *Disability & Rehabilitation*. <https://doi.org/10.1080/09638288.2025.2451206>.

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

5. **Swink, L.A.**, So, N., Nearing, K.A., Juarez-Colunga, E., Plummer, P., Schmid, A.A., Christiansen, C.L. (2024). Exploring Dual-task Relationships for Veterans with Lower-limb Amputation. *Occupational Therapy in Health Care*, 39(4), 845-861. <https://doi.org/10.1080/07380577.2024.2442016>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

6. **Swink, L.A.**, Thornton, W., Nearing, K.A., Mañago, M.M. (2024). A qualitative study of low-load resistance training with blood flow restriction in people with advanced Multiple Sclerosis. *Physiotherapy Theory & Practice*, 41(3), 633-642. <https://doi.org/10.1080/09593985.2024.2341993>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

7. Anderson, C.B., Fatone, S., Mañago, M.M., **Swink, L.A.**, Kittelson, A.J., Magnusson, D.M., Christiansen, C.L. (2024). Development and alpha testing of a patient decision aid for prosthesis design for new lower limb prosthesis users. *Prosthetics and Orthotics International*, 48(5), 565-573. <https://doi.org/10.1097/PXR.0000000000000314>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

8. **Swink, L.A.**, Mealer, M.L., Miller, M.J., Anderson, C.B., Cook, P.F., Stevens-Lapsley, J.E, Christiansen, C.L. (2023). Telehealth Walking Self-Management for Individuals with Lower Limb Amputation: A Qualitative Study of Barriers and Facilitators to Adoption. *Physical Therapy Journal*, 104(2). <https://doi.org/10.1093/ptj/pzad155>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

9. Hoffman, R.M., Davis-Wilson, H., Hanlon, S., **Swink, L.A.**, Balfany, K., Kline, P., Juarez-Colunga, E., Melanson, E., Christiansen, C. (2023). Maximal Daily Stepping Cadence Partially Predicts Functional Capacity of Individuals with End-Stage Knee Osteoarthritis. *PM&R: The Journal of Injury, Function, and Rehabilitation*. <https://doi.org/10.1002/pmrj.13082>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

10. Hanlon S.L., **Swink L.A.**, Akay R.B., Fields T.T., Cook P., Gaffney B.M., Juarez-Colunga E., Christiansen C.L. (2023). Walking Exercise Sustainability through Telehealth (WEST) for Veterans with Lower-Limb Amputation: A Study Protocol. *Physical Therapy Journal*. <https://doi.org/10.1093/ptj/pzad112>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

11. Anderson, C.B., Fatone, S., Mañago, M., **Swink, L.A.**, Hager, E.R., Kittelson, A.J., Christiansen, C.L., Magnussen, D.M. (2023). Improving Shared Decision Making for Prosthetic Care: A Qualitative Needs Assessment of Prosthetists and Lower-Limb Prosthesis Users. *Prosthetics and Orthotics International*, 47(1), 26-42l. <https://doi.org/10.1097/PXR.0000000000000142> PMID: 35622457. PMCID: PMC9691789

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

12. Miller, M.J., Hoffman, R.M., **Swink, L.A.**, Barnes, D.E., Christiansen, C.L. (2022). Postamputation cognitive impairment in related to worse perceived physical function among middle-aged and older prosthesis users. *Archives of Physical Medicine and Rehabilitation*. <https://doi.org/10.1016/j.apmr.2021.12.025>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

13. Fox, A., **Swink, L.A.**, Prabhu, N., Fruhauf, C., Portz, J., Van Puymbroeck, M., Sharp, J., Leach, H., Schmid, A. (2022). Manual development for a multi-modal, dyadic intervention for persistent pain: A qualitative study. *British Journal of Pain*, 16(5), 481-489. <https://doi.org/10.1177/20494637221090461>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

14. Klinedinst, T.C., **Swink, L.A.**, Adler, K.E., Chard, C.A., Malcolm, M.P. (2021). The experience of Type 2 Diabetes: Application of the Model of the Human Occupation. *British Journal of Occupational Therapy*. <https://doi.org/10.1177/03080226211026545>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

15. Mañago, M.M., **Swink, L.A.**, Hager, E.R., Gisbert, R., Earhart, G.M., Christiansen, C., Schenkman, M. (2021). Changes and barriers due to COVID-19 for people with Parkinson's disease who attend community-based exercise classes: A survey of class participants and their instructors. *Journal of Physical Therapy*. <https://doi.org/10.1093/ptj/pzab203>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

16. Hill, H.M., Adler, K.E., **Swink, L.A.**, Anderson, A.K., Fling, B.W., Schmid, A.A. (2021). Merging Yoga and Occupational Therapy for Parkinson's Disease Improves Fatigue Management and Activity and

Participation Measures. *British Journal of Occupational Therapy*, 84(4), 230-239.

<https://doi.org/10.1177/0308022620909086>

Roles: Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

17. **Swink, L.A.**, Fling, B.W., Sharp, J.L., Fruhauf, C.A., Adler, K.E., Schmid, A.A. (2020). Merging yoga and occupational therapy for Parkinson disease: A feasibility and pilot program. *Occupational Therapy in Health Care*, 34(4). <https://doi.org/10.1080/07380577.2020.1824302>
18. **Swink, L.A.**, Fruhauf, C.A., Adler, K.E., Klinedinst, T.C., Fling, B.W., Schmid, A.A. (2020). Health-related quality of life changes after the Merging Yoga and Occupational Therapy for Parkinson's disease program: A mixed-methods study. *Complementary Therapies in Clinical Practice*, 39. <https://doi.org/10.1016/j.ctcp.2020.101156>
19. **Swink, L.A.**, Schmid, A.A., Adler, K.E., Klinedinst, T.C., Marchant, D., Marchant, T., Malcolm, M.P. (2020). Fall risk factors for individuals under the age of 65 years with type 2 diabetes mellitus. *British Journal of Occupational Therapy*, 83(3), 191-196. <https://doi.org/10.1177/0308022619876552>
20. Schmid, A.A., Van Puymbroeck, M., Fruhauf, C.A., **Swink, L.A.**, Portz, J.D. (2019). Balance and fall rates are associated with chronic pain and improve with yoga. *OBM Geriatrics*, 3(4). <https://doi.org/10.21926/obm.geriatr.1904087>
21. **Swink, L.A.**, Adler, K.E., Klinedinst, T.C., Fling, B.W., Fruhauf, C.A., Schmid, A.A. (2019). Merging yoga and occupational therapy for Parkinson's disease: program adaptation and development. *Physical & Occupational Therapy in Geriatrics*, 37(4), 260-281. <https://doi.org/10.1080/02703181.2019.1645257>
22. Adler, K.E., Schmid, A.A., Klinedinst, T.C., **Grimm, L.A.**, Marchant, D., Marchant, T., Malcolm, M.P. (2018). The relationship between quality of life and participation among people with Type-2 Diabetes Mellitus. *Occupational Therapy in Health Care*. <https://doi.org/10.1080/07380577.2018.1522017>
23. Malcolm, M. P., Adler, K.E., Schmid, A.A., Klinedinst, T.E., **Grimm, L.A.**, Marchant, D., Marchant, T. (2018). Relating Activity and Participation Levels to Glycemic Control, Emergency Department Use, and Hospitalizations in Individuals with Type 2 Diabetes. *Clinical Diabetes*, 26(3), 232-243. <https://doi.org/10.2337/cd17-0118>
24. Schmid, A.A., Adler, K.E., Malcolm, M.P. **Grimm, L.A.**, Klinedinst, T.C., Marchant, T.P., Marchant, D.R., Dickman Portz, J. (2018). Yoga improves quality of life and fall risk-factors in a sample of people with chronic pain and Type 2 Diabetes. *Complementary Therapies in Clinical Practice*, 31, 369-373. <https://doi.org/10.1016/j.ctcp.2018.01.003>
25. **Grimm, L.A.**, Van Puymbroeck, M., Miller, K.K., Fisher, T., Schmid, A.A. (2017). Yoga after traumatic brain injury: Changes in emotional regulation and health-related quality of life in a case study. *International Journal of Complementary & Alternative Medicine*, 8(1), 00247. <https://doi.org/10.15406/ijcam.2017.08.00247>

Refereed Proceedings/Transactions/Published Abstracts (associated with refereed presentations):

^ Indicates student, mentee, or graduate with whom project was completed. First author position indicates the person who drafted the abstract, in addition to the roles that are marked.

Swink, L. A., Nearing, K. A., Juarez-Colunga, E. A., Schmid, A., Plummer, P., & Christiansen, C. L. (2024). Veterans with avascular lower limb amputation: Exploring dual tasking, falls, & instrumental activities of daily living. *The American Journal of Occupational Therapy*, 78(Supplement_2), 7811500047p1. <https://doi.org/10.5014/ajot.2024.78S2-PO47>

Swink, L.A., Nearing, K.A., So, N., Juarez-Colugna, E.J., Schmid, A.A., Christiansen, C.L. (2024). Relationships between dual-tasking, falls, and instrumental activities of daily living for veterans with

lower limb amputation. *Occupational Therapy Journal of Research*, 44(2), 370-371.
<https://doi.org/10.1177/15394492231214882>

- Swink, L.A.**, Thornton, W., Nearing, K.A., Owens, J. Mañago, M.M. (2023). Blood flow restriction in people with advanced Multiple Sclerosis: “Now I have a sliver of hope that I might be able to build some strength.” *International Journal of MS Care*, 25(1), 16.
- Swink, L.A.**, Mealer, M.L., Miller, M.J., Anderson, C.B., Cook, P.F., Stevens-Lapsley, J.E., & Christiansen, C.L. (2022). Therapist perspectives on adoption of a telehealth self-management walking program for individuals with lower limb amputation. *The American Journal of Occupational Therapy*, 76(Supplement_1), 7610510201p1. <https://doi.org/10.5014/ajot.2022.76S1-PO201>
- Swink, L.A.**, Fling, B.W., Sharp, J.S., Fruhauf, C.A., Adler, K.E., & Schmid, A.A. (2021). Merging yoga and occupational therapy for Parkinson’s disease: Preliminary outcomes. *The American Journal of Occupational Therapy*, 75(Supplement_2), 7512515336p1. <https://doi.org/10.5014/ajot.2021.75S2-RP336>
- Hill, H. M., **Swink, L. A.**, Adler, K. E., Anderson, A. K., Fling, B. W., & Schmid, A. A. (2020). Merging yoga and occupational therapy for Parkinson's disease improves fatigue management and activity and participation measures. *The American Journal of Occupational Therapy*, 74(4_Supplement_1), 7411515424p1. <https://doi.org/10.5014/ajot.2020.74S1-PO6716>
- Swink, L.A.**, Adler, K.E., Klinedinst, T.C., Fling, B.W., Fruhauf, C.A., & Schmid, A.A. (2019, April). Meeting the needs of people with Parkinson disease through the adaptation of a fall risk program: Merging yoga and occupational therapy for Parkinson disease. *The American Journal of Occupational Therapy*, 73(4_Supplement_1), 7311515304p1. <https://doi.org/10.5014/ajot.2019.73S1-PO4042>
- Malcolm M.P., Schmid A.A., **Grimm L.A.**, Klinedinst T.C., & Adler K.E. (2018). Relating, activity, participation, and high health care utilization in adults with type 2 diabetes mellitus: Occupational therapy intervention targets. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211500044p1. <https://doi.org/10.5014/ajot.2018.72S1-PO6001>
- Grimm, L.A.**, Schmid, A.A., Adler, K.E., Klinedinst, T.C., & Malcolm, M.P. (2018). Fall rates and risk factors for individuals with type 2 diabetes mellitus. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211505092p1. <https://doi.org/10.5014/ajot.2018.72S1-PO2015>
- Grimm, L.A.**, Schmid, A.A., & Fruhauf, C. (2018). Understanding the Needs of Unpaid Caregivers. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211505151p1. <https://doi.org/10.5014/ajot.2018.72S1-PO7015>
- Klindedinst, T.E., Adler, K.E., **Grimm, L.A.**, Schmid, A.A., & Malcolm, M.P. (2018, April). The TODAY project: Qualitative focus groups provide insight into daily management of diabetes and targets for intervention. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211505133p1. <https://doi.org/10.5014/ajot.2018.72S1-PO6013>
- Schmid, A.A., Malcolm M.P., Adler K.E. **Grimm L.A.**, Klindedinst T.C., Portz, J., & Chop, C. (2018). Yoga improves fall risk factors and quality of life in people with Type 2 Diabetes Mellitus. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211515292p1. <https://doi.org/10.5014/ajot.2018.72S1-PO8025>
- Schmid, A.A., Portz, J., Fruhauf, C., Van Puymbroeck, M., Bair, M., Chop, C.A., **Grimm, L.A.** (2018, April). Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain. *The American Journal of Occupational Therapy*, 72(4_Supplement_1), 7211515238p1. <https://doi.org/10.5014/ajot.2018.72S1-RP203D>

PAPERS PRESENTED/SYMPOSIA/ PROFESSIONAL MEETINGS/WORKSHOPS

Refereed Presentations (^ indicates mentee, + served as primary mentor to mentee)

- Brown, J., Crozier, K., Washburn, R., Godsey, L., Weaver, J., Christiansen, C. L., Mañago, M. M., & **Swink, L.A.** (2026, May 24-27). *Occupational therapy led social prescription program: A preliminary analysis of stakeholder feedback* [Conference presentation abstract]. World Parkinson's Congress, Phoenix, AZ, United States.
- Willman, R.,⁺ Mañago, M. M., Brown, J., Novak, D., Piseigna, J., Weaver, J., Christiansen, C. L., & **Swink, L. A.** (2026, April 25). One year program evaluation of regional community-based group exercise classes for people with Parkinson disease [Panel presentation]. INSPIRE American Occupational Therapy Association Annual Conference, Anaheim, CA.
- Gann, E., Mañago, M.M., **Swink, L.A.** (accepted 2026, April). Experience of Functional Neurologic Disorder in a Transgender Individual: A Mixed Methods Case Report. Poster Presentation at the Combined Sections Meeting, Anaheim, CA.
- Brink Akay, R., Anderson, C.B.[^], **Swink, L.A.**, Fowkes, H.A., Ladley, S.E., Christiansen, C.L. (2026, April). Falls, Falls Classification, and Physical Activity and Performance Following Total Knee Arthroplasty: A Secondary Analysis. Platform Presentation at the Combined Sections Meeting, Anaheim, CA.
- Mañago, M.M., Van Valkenburg, L., Will, R., Feuerstein, J., Boncella, K., **Swink, L.A.**, Christiansen, C.L. (2026, April). Falls, Falls Classification, and Physical Activity and Performance Following Total Knee Arthroplasty: A Secondary Analysis. Poster Presentation at the Combined Sections Meeting, Anaheim, CA.
- Willman, R.⁺, Mañago, M. M., Brown, J., Novak, D., Christiansen, C. L., & **Swink, L.A.** (2025, June). Program evaluation of regional community-based group exercise classes for people with Parkinson disease. Occupational Therapy Summit of Scholars, Seattle, WA.
- Hahn, E.[^], **Swink, L.A.**, Daverman, K., Patel, K., Espina-Colter, H., Alanis, C. (2025, April 3). A Comprehensive Guide to Occupational Therapy's Role in Hospice Care: Promoting Participation at the End-of-Life. Short Course at INSPIRE American Occupational Therapy Association Annual Conference, Philadelphia, PA.
- Swink, L.A.**, Diprinzio, D.[^], Pritchard, K.⁺, Brown, J., Novak, D., Christiansen, C.L., Mañago, M. (2025, April 4). Loneliness for People with Parkinson's Disease in Community-based Group Exercise Classes and the Significant Impact on Quality of Life [Poster presentation]. INSPIRE American Occupational Therapy Association Annual Conference, Philadelphia, PA.
- Swink, L.A.**, Akay, R.B.[^], Rich, T., Anderson, C.A., Schmid, A.A., Christiansen, C.L., Nearing, K.A. (2025, April 5) A spectrum of behavioral fall risk factors for Veterans with dysvascular lower limb amputation: A critical need for occupational therapy intervention. Panel presentation at INSPIRE American Occupational Therapy Association Annual Conference, Philadelphia, PA.
- Swink, L.A.**, Nearing, K.A., Juarez-Colugna, E., Schmid, A.A., Plummer, P., Christiansen, C. (2024, March). Veterans with Avascular Lower Limb Amputation: Exploring dual-tasking, falls, and instrumental activities of daily living. Poster presentation at INSPIRE American Occupational Therapy Association Annual Conference, Orlando, FL.
- DiPrinzio, D.[^], **Swink, L.A.**, Brown, J., Novak, D., Balfany, K., Christiansen, C., Mañago, M. (2024, February). Exploring loneliness in people with Parkinson's disease participating in community exercise classes: A Program Evaluation. Physical Therapy Combined Sections Meeting (CSM), Boston, MA.
- Swink, L.A.**, Nearing, K.A., Brink Akay, R., Juarez-Colugna, E., Schmid, A.A., Plummer, P., Christiansen, C. (2023, September). Veterans with Avascular Lower Limb Amputation: Exploring dual-tasking, falls, and instrumental activities of daily living. Poster presentation at VA Research Days, Aurora, CO.

- Swink, L.A., Nearing, K.A., So, N., Juarez-Colugna, E.J., Schmid, A.A., Christiansen, C.L. (2023, June). *Relationships between dual-tasking, falls, and instrumental activities of daily living for veterans with lower limb amputation*. Platform presentation at the Occupational Therapy Summit of Scholars, Columbus, OH.
- Anderson, C.B., Fatone, S., Mañago, M.M., Swink, L.A., Kittelson, A.J., Magnusson, D.M., Christiansen, C.L. (2023, June). *Engaging Stakeholders in the Development of a Shared Decision-Making Resource for the First Prosthesis Design After Lower Limb Amputation*. Presentation at the Academy of Health Annual Research Meeting, Seattle, WA.
- Swink, L.A., Thornton, W., Nearing, K.A., Owens, J. Mañago, M.M. (2023, June). *Blood Flow Restriction in People with Advanced Multiple Sclerosis: "Now I have a Sliver of Hope That I Might be Able to Build Some Strength."* Platform presentation at the Consortium of Multiple Sclerosis Conference, Denver, CO.
- Swink, L.A., Hoffman, R., Kline, P.W., Miller, M.J., Hager, E.R., Larson, C., Binder, K., Juarez-Colugna, E., Christiansen, C.L. (2023, April). *Life-space as a Contributor to Daily Step Count for Veterans with End-Stage Knee Osteoarthritis*. Poster presentation at the American Occupational Therapy Association INSPIRE annual conference, Kansas City, MO.
- Anderson CB, Fatone S, Mañago MM, Swink LA, Kittelson AJ, Magnussen DM, Christiansen, CL. (2023, March). *Development and Alpha Testing of a Patient Shared Decision Aid for Prosthesis Design After Lower Limb Amputation*. [platform presentation] International Society of Orthotists and Prosthetists, 19th World Congress. In-Person Event.
- Anderson C.B., Fatone S., Mañago M.M., Swink L.A., Hager E.R., Kittelson A.J., Christiansen C.L., Magnusson D.M. (2022, October). *Utilizing a novel patient roadmap model for developing a shared decision support tool in the process of lower limb prosthesis design*. Poster presentation at the Society for Medical Decision Making, Seattle, WA.
- Swink, L.A., Mealer, M.L., Miller, M.J., Anderson, C.B., Cook, P.F., Stevens-Lapsley, J.E, Christiansen, C.L. (2022, September). *Therapist perspectives on adoption of a telehealth self-management walking program for individuals with lower limb amputation*. Poster presentation at VA Research Days, Aurora, CO.
- Swink, L.A., Mealer, M.L., Miller, M.J., Anderson, C.B., Cook, P.F., Stevens-Lapsley, J.E, Christiansen, C.L. (2022, April). *Telehealth walking self-management for individuals with lower limb amputation: A qualitative study of barriers and facilitators to adoption*. Poster presented at the American Occupational Therapy Association National Conference, Virtual and in-person San Antonio, TX.
- Anderson, C.B., Magnusson, D., Fatone, S., Swink, L.A., Mañago, M.M., Kittelson, A.J., Christiansen, C.L. (2022, March). *Development of a Shared Decision Support Resource for First Prosthesis Design*. Platform Presentation at the American Academy of Orthotists and Prosthetists, Annual Meeting & Scientific Symposium. Virtual and in-person, Atlanta GA.
- Anderson C.B., Fatone S., Mañago M.M., Swink L.A., Hager E.R., Kittelson A.J., Christiansen C.L., Magnusson D.M. (2021, November). *Exploring Decisional Needs of Prosthetists and Patients with Lower Limb Amputation for Prosthesis Design: A Qualitative Study to Inform Shared Decision-Making Resources*. [platform presentation] International Society of Orthotists and Prosthetists, 18th World Congress. Virtual Event.
- Mañago, M.M., Swink, L.A., Hager, E.R., Gisbert, R., Earhart, G.M., Christiansen, C., Schenkman, M. (2021, October). *Community-based exercise classes participation for people with Parkinson's disease and their instructors during COVID-19*. Academy of Neurologic Physical Therapy Annual Conference 2021
- Anderson, C.B., Fatone, S., Mañago, M.M., Swink, L.A., Hager, E.R., Kittelson, A.J., Christiansen, C.L., Magnusson, D.M. (2021, September). *Patient Needs for Shared Decisions in Lower-Limb Prosthesis*

Design. Platform presentation at the American Orthotic & Prosthetic Association National Assembly, Virtual Event.

- Swink, L.A.**, Schenkman, M., Christiansen, C.L., Hager, E.R., Earhart, G.M., Gisbert, R., Mañago, M.M. (2021, June). *Exercise patterns in a virtual world: Barriers and needs for people with Parkinson's disease during the COVID-19 pandemic*. Poster presentation at the Occupational Therapy Summit of Scholars, virtual. Received Best Poster Award.
- Swink, L.A.**, Fling, B.W., Sharp, J.S., Fruhauf, C.A., Atler, K.E., Schmid, A.A. (2021, April). *Merging yoga and occupational therapy for Parkinson's disease: Preliminary outcomes*. Waitlisted presentation at the American Occupational Therapy Association Annual Conference, OT INSPIRE, virtual.
- Fruhauf, C.A., Schmid, A.A., Prabu, N., **Swink, L.A.**, Portz, J., Leach, H., Hidde, M., Van Puymbroeck, M., Sharp, J., Fox, A. Gibson, B. (2020, November). *Challenges in recruiting caregiver and care receiver dyads for a randomized control trial*. Poster presentation at the Gerontological Society of America Conference, virtual conference. <https://www.geron.org>
- Hill, H. M., **Swink, L. A.**, Atler, K. E., Anderson, A. K., Fling, B. W., & Schmid, A. A. (2020, March—accepted, cancelled). *Merging Yoga and Occupational Therapy for Parkinson's Disease Improves Fatigue Management and Activity and Participation Measures*. Poster presentation at the American Occupational Therapy Association Annual Conference and Expo, Boston, MA.
- Swink, L.A.**, Fling, B.W., Sharp, J.S., Fruhauf, C.A., Atler, K.E., Schmid, A.A. (2019, September). *Merging yoga and occupational therapy for Parkinson's disease: Preliminary outcomes*. Poster presentation at VA Research Days, Aurora, CO.
- Swink, L.A.**, Atler, K.E., Klinedinst, T.C., Fling, B.W., Fruhauf, C.A., Schmid, A.A. (2019, April). *Meeting the needs of people with Parkinson disease through the adaptation of a fall risk program: Merging Yoga and Occupational Therapy for Parkinson Disease*. Poster presentation at the American Occupational Therapy Association Annual Conference, New Orleans, LA.
- Malcolm M.P., Schmid A.A., **Grimm L.A.**, Klinedinst T.C., Atler K.E. (2018, April) Relating, activity, participation, and high health care utilization in adults with type 2 diabetes mellitus: Occupational therapy intervention targets. Poster presentation at the American Occupational Therapy Association Annual Conference, Salt Lake City, UT
- Grimm, L.A.**, Schmid, A.A., Atler, K.E., Klinedinst, T.C., Malcolm, M.P. (2018, April) *Fall rates and risk factors for individuals with type 2 diabetes mellitus*. Poster presented at the American Occupational Therapy Association Annual Conference, Salt Lake City, UT. *Selected for Young Scientist Theater
- Grimm, L.A.**, Schmid, A.A., Fruhauf, C. (2018, April). *Understanding the Needs of Unpaid Caregivers*. Poster presented at the American Occupational Therapy Association Annual Conference, Salt Lake City, UT.
- Klinedinst, T.E., Atler, K.E., **Grimm, L.A.**, Schmid, A.A., Malcolm, M.P. (2018, April). *The TODAY project: Qualitative focus groups provide insight into daily management of diabetes and targets for intervention*. Poster presented at the American Occupational Therapy Association Annual Conference, Salt Lake City, UT.
- Schmid, A.A., Malcolm M.P., Atler K.E. **Grimm L.A.**, Klinedinst T.C., Portz, J., Chop, C. (2018, April). *Yoga improves fall risk factors and quality of life in people with Type 2 Diabetes Mellitus*. Poster at the American Occupational Therapy Association National Conference, Salt Lake City, UT.^
- Schmid, A.A., Portz, J., Fruhauf, C., Van Puymbroeck, M., Bair, M., Chop, C.A., **Grimm, L.A.** (2018, April). *Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain*. Presentation in a Scientific Panel at the American Occupational Therapy Association Annual Conference, Salt Lake City, UT.

Not Refereed Presentations

- Willman, R., Mañago, M. M., Brown, J., Novak, D., Christiansen, C. L., & Swink, L. A. (2025, April). One year program evaluation of regional community-based group exercise classes for people with Parkinson disease [Poster presentation]. Colorado State University Occupational Therapy Knowledge Exchange, Fort Collins, Colorado.
- Shaub, L., Fyffe, L., Nguyen, E., Ferri, A., & **Swink, L.A.** (2025). Occupational Therapy Interventions to Promote Preschool Children's Social-Emotional Development and Classroom Participation: A Scoping Review. Colorado State University, Department of Occupational Therapy, The 23rd Annual Occupational Therapy Knowledge Exchange, Fort Collins, CO, United States. April 25, 2025. (Poster Presentation)
- Pritchard, K.⁺, **Swink, L.A.**, Eakman, E., & Silver-Seidle, J. (2025, March 11). Preliminary Findings: Feasibility and Impact of an OT-Led Social Prescription Program on Quality of Life in Individuals with Parkinson's Disease [Poster presentation]. Colorado State University College of Health and Human Sciences Research Day, Fort Collins, Colorado.
- Swink, L.A.**, So, N., Nearing, K., Albright, K., Juarez-Cologna, E., Christiansen, C. (2022, April). *Dual-tasking for Veterans with lower limb amputation*. Invited Poster Presentation at the Knowledge Exchange, Department of Occupational Therapy, Fort Collins, CO.
- Klinedinst, T.C., Adler, K.E., Schmid, A.A., **Grimm, L.A.**, Malcolm, M.P. (2017, October). The TODAY Project: Insights into self-management of diabetes and intervention targets. Poster Presented at the Graduate Student Showcase, Fort Collins, CO
- Grimm, L.A.**, Schmid, A.A., Van Puymbroeck, M., Fisher, T., Miller, K.K. (2017, April). *Yoga after traumatic brain injury: Changes in emotional regulation and health-related quality of life*. Poster session presented at Colorado State University's Occupational Therapy Department Knowledge Exchange, Fort Collins, CO.
- Grimm, L.A.** Merging Yoga and Occupational Therapy for Parkinson Disease. (2017, September). Oral Presentation at Yamagata Prefecture University of Health Sciences, Yamagata, Japan.

Invited Presentations

- Swink, L.A.** & Pritchard, K.⁺ (2025, April 25). Occupational Therapy Led Social Prescription Program for People with Parkinson Disease [Presentation]. The 23rd Annual OT Knowledge Exchange: Putting Policy and Advocacy into Action for OT Practice, Fort Collins, Colorado.
- Balfany, K., Christiansen, C., Kleinschmidt, L., Mañago, M., **Swink, L.A.**, & Pritchard, K.⁺ (2025, March 6). Sustaining Exercise & Physical Activity with Parkinson Disease [Presentation]. Parkinson's Pointe Wellbeing Symposium, Littleton, Colorado.
- Swink, L.A.**, Pritchard, K.⁺, & Godsey, L.⁺ (2025, March 20). Fall Prevention & Social Participation for People with Parkinson Disease: An Occupational Therapy Perspective [Presentation]. Sterling Support Group for People with Parkinson's, Care Partners, and Loved Ones, Sterling, Colorado.
- Swink, L.A.** Dr. Swink Research Trajectory. (2024, April). Health and Human Sciences Podcast. Fort Collins, CO
- Swink, L.A.** Exploring Loneliness, Mobility, and Quality of Life: A Parkinson Association of the Rockies Metrics Project. (2024, September 21). Oral Presentation to 600 people at Parkinson Association of the Rockies E3 Annual Conference, Denver, CO.

CONTRACTS & GRANTS

CURRENT FUNDED GRANTS

- 2024-2026 American Occupational Therapy Foundation, Implementation Science
Title: Social Prescription for Loneliness in Community-based Group Exercise Classes for People with Parkinson Disease.
Role: Principal Investigator (10% Effort)
Total Amount: \$98,563
Project Number: AOTFSWINKIR24
Purpose:
- Jan. 2025 Promotion of Doctoral Studies (PODS)
Title: Bladder dysfunction symptoms and activity and sleep behaviors in persons with multiple sclerosis: A mixed-methods study
Role: Collaborator
Total Amount Requested: \$7500
Purpose: To deepen the understanding of how bladder dysfunction symptoms affect activity and sleep behaviors and to explore how accessible rehabilitation strategies can enhance quality of life for individuals living with MS.

PENDING GRANT APPLICATIONS

Date

submitted

- June 2025 Eunice Kennedy Shriver National Institute of Child Health and Human Development
Title: Parkinson Exercise Resilience and Activity Sustainability Training (PERSIST)
Role: Co-Investigator (10% Effort)
CSU Subaward total: \$288,864
Total Amount Requested: \$3,498,451
Purpose:
- June 2025 National Institute on Aging Multi-site Clinical Trial Implementation Grant
Title: Optimizing Early Rehabilitation for Critically ill Patients
Project Period: 4/1/2026-3/31/2031
Role: Co-I
Purpose:
- Oct. 2025 National Institute on Aging
Title: Real-life Dual-Task Training for Older Adults at Risk to Fall: A pilot trial
Role: Principal Investigator (20% Effort)
Total Direct Amount Requested: \$274,979
Purpose:

PAST FUNDED GRANTS

- 2023-2024 Davis Phinney Foundation
Title: Feasibility of low-load resistance training with blood flow restriction in people with advanced disability due to Parkinson's disease.
Role: Co-Investigator (10% Effort)
Total Amount: \$99,121
- 2021-2024 Veterans Administration Career Development Award 1
Title: Dual-tasking for Veterans with Dysvascular Lower Limb Amputation: Exploring the relationship between falls and instrumental activities of daily living (IK1 RX003640).
Role: Principal Investigator (100% Effort)
Total Amount: \$113,058
- 2019-2021 Veterans Administration Advanced Geriatrics Fellowship

Geriatric Research, Education, and Clinical Center
 Role: Postdoctoral Fellow (100% Effort Salary)
 2018-2019 National Center for Complementary and Integrative Health, R34 Planning Grant.
 Title: Merging Yoga and self-management to develop Skills (MY-Skills) (1 R34 AT009688-01).
 Role: Key Personnel (Key Personnel-Program Facilitation and Management).
 Total amount: \$663,271
 2018 LSVT-Global small student grant mechanisms
 Title: Merging Yoga and Group Occupational Therapy for Parkinson disease (MY-OT for PD).
 Role: Principal Investigator
 Amount: \$1,500

UNFUNDED GRANTS

*only noted for PI or Co-I

Mar. 2025 National Council on Aging, ACL Innovation Lab
 Title: Smarter Moves, Safer Homes: Fall Prevention through novel OT Dual Task Training, Home Modification Education & Community Coalition Building
 Role: Co-PI
 Total Amount Requested: \$290,000
 Purpose: To integrate novel fall prevention interventions into the community.
 Mar. 2025 CSU College of Health and Human Sciences Seed Grant
 Title: Real-life Dual-Task Training for Older Adults at Risk to Fall: Program optimization
 Role: Principal Investigator
 Total Amount Requested: \$15,000
 Jan. 2025 CCTSI CO-Pilot
 Title: The acute effects of axial loading on postural control, gait, and quality of life in people with Huntington’s disease.
 Role: Co-Investigator
 Total Amount Requested: \$40,000
 Oct. 2023 Department of Defense Chronic Pain Management Research Program (CPMRP) - Clinical Exploration Award (CEA) (CP230044)
 Title: MY-Skills: Merging Yoga and self-management to develop Skills for Chronic Pain
 Role: Co-Investigator
 Total Amount Requested: \$370,246
 Oct. 2023 International Progressive MS Association
 Title:
 Role: Co-Investigator
 Total Amount Requested:
 Oct. 2022 CCTSI Partnership Development
 Title: Understanding impact of community-based classes for people with Parkinson’s Disease: A Parkinson Association of the Rockies and University of Colorado Collaborative
 Role: Principal Investigator
 Total Amount Requested: \$8,000
 Aug. 2021 Veterans Administration Rehabilitation Research and Development SPiRE Program
 Title: Strength and Awareness in Action as a Telehealth Intervention for Chronic Pain (SAA tele-CP)
 Role: Co-Investigator
 Total Amount Requested: \$228,860
 Aug. 2020 American Occupational Therapy Foundation, Nedra Gillette Endowed Research Fellowship
 Title: Physical Activity after a Behavior-Change Program: Exploration of Barriers and Facilitators

Role: Principal Investigator
 Total Amount Requested: \$1,500

CV SECTION 3: Evidence of Teaching and Advising Effectiveness

COURSE DEVELOPMENT:

<i>Course Title or Information</i>	<i>Development Semester(s)</i>
OT 769: Capstone Proposal Development	Fall 2023
OT 779: Capstone Project	Fall 2024, Spring 2025

TEACHING:

<u>Year</u>	<u>Semester</u>	<u>Course No./Title</u>	<u>Cr. Hrs.</u>	<u>Enrollment</u>	<u>SCH</u>
2025	Spring	OT 779: Capstone Project	1	11	
2024	Fall	OT 779: Capstone Project	1	1	
2024	Fall	OT 750: Programmatic Interventions	3	25	
2024	Spring	OT 769: Capstone Proposal Development	3	12	
2023	Fall	OT 750: Programmatic Interventions	3	12	

INVITED GUEST LECTURES:

<i>Department/Course</i>	<i>Lecture Date</i>	<i>Description</i>
<i>GeriScholars Event Veterans Administration Ongoing Quality Improvement Project</i>	<i>5/17/21 5/17/22 6/23</i>	<i>Invited occupational therapy guest lecture to support the i-STRONGER program designed to translate optimal dosing to clinical practice.</i>
<i>RHSC 7002: Professional Skills in Academia. University of Colorado Rehabilitation Science Doctoral Program</i>	<i>02/08/21</i>	<i>Invited postdoctoral fellowship panel, facilitated discussion on postdoctoral options and fit for PhD students.</i>
<i>HDFS 412: Mental and Physical Health in Adulthood Colorado State University Department of Human Development Family Studies</i>	<i>3/30/18</i>	<i>Invited guest lecture on Parkinson’s disease, specifically the contextual issues surrounding a diagnosis of Parkinson disease.</i>
<i>OT 660: Occupational Performance: Adult/Older Age II Colorado State University Department of Occupational</i>	<i>3/19/18</i>	<i>Invited guest lecture on Parkinson’s disease: overview, motor/non-motor features, and clinical application to occupational therapy</i>

<i>Therapy</i>		
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PROGRAM FACILITATOR:

<i>Program</i>	<i>Program duration and dates</i>	<i>Description</i>
<i>DASH: Dysvascular Amputation Self-Management of Health through walking</i>	<i>Intermittent, rolling enrollment 2020-2021</i>	<i>Facilitation of self-management intervention sessions designed to increase physical activity. Utilized six primary principles: self-monitoring, barrier/facilitator identification, problem solving, tailored feedback, self-management, encouragement. Additionally, facilitation of five clinician focus groups to provide information on the adoptability of the DASH program.</i>
<i>Optimizing Physical Activity Outcomes for Veterans after Total Knee Arthroplasty</i>	<i>Intermittent, rolling enrollment 2019-2021</i>	<i>Facilitation of behavior-change interventions designed to increase physical activity through telehealth interactions based on behavior-change and motivational interviewing principles.</i>
<i>Merging Yoga and Self-management to develop skills</i>	<i>2x/week for 8 weeks March 2019-May 2019</i>	<i>Design or review of all session content, guided group discussion, dyadic activity facilitation, and management of multidisciplinary students and staff</i>
<i>Merging Yoga and Occupational Therapy for Parkinson disease</i>	<i>2x/week for 8 weeks Oct 2018-Dec 2018</i>	<i>Design of manuals and content, guided group discussion, guided peer interaction, facilitation of experiential and translational activities</i>

ADVISING:

STUDENT ADVISING/GRADUATE SUPERVISION:

Dissertation/PhD Level

- Ehsan Sinaei, PhD student (Dissertation Committee Member, 2025-)
- Rebecca Willman, OTD, PhD student (Co-chair with Dr. Arlene Schmid, per CSU OT policy, 2025-)
- Lauren Van Valkenburg, DPT, PhD Candidate (Qualitative Mentor and Committee Member, 2024-)
- Chelsey Anderson, PhD, CPO (Qualitative Aim Peer Consultant, 2020-2022)

Doctoral Level

- Kaylie Crozier, OTS (Capstone Site Mentor Research Track 2024-2025)

Alice Ardito, OTS (Capstone Site Mentor Research Track 2024-2025)
 Katie Pritchard, OTS (Capstone Site Mentor Research Track 2024-2025)
 Diane Bergstedt, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Nicole Borczyk, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Ellie Hahn, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Kaira Hammond, OTS (Capstone Faculty Mentor Structured Review Track Spring 2025)
 Carson Hann, OTS (Capstone Faculty Mentor Structured Review Track Spring 2025)
 Kate Haynes, OTS (Capstone Faculty Mentor Structured Review Track Spring 2025)
 Olivia Hays, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Danika Morrison, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Annaliese Popp, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Lindsey Shaub, OTS (Capstone Faculty Mentor Structured Review Track Spring 2025)
 Erin Shippee, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Kaity Waufle, OTS (Capstone Faculty Mentor Program Development Track Spring 2025)
 Morgan Kang, OTS (Content Mentor Program Development Track Spring 2025)
 Erica Wilson, OTS (Capstone Faculty Mentor Program Development Track Fall 2024)

Thesis/Master's Level

Heather Hill, OTR (Thesis Committee Consultant, 2018-2019)

Fieldwork Supervision

Christina Zehia, OTR (Summer 2016, Level II)
 Melanie O'Mea-Smith, MOT (Summer 2015, Level II)
 Katie Hinsey, MS, OTR (Summer 2014, Level I)

CV SECTION 4: Evidence of Outreach/Service/Engagement

Departmental Committees

<i>Faculty Search Committee Member</i>	2024
<i>Student Occupational Therapy Association Chair</i>	2024-present
<i>Fund Committee</i>	2025

Grant Review Panels

<i>Veterans Administration Merit Awards Rehabilitation Research & Development</i>	2025
<i>American Occupational Therapy Foundation Intervention Grant</i>	2025

Manuscript Refereeing (since start of faculty appointment)

<i>Disability & Rehabilitation</i>	2024
<i>Occupational Therapy in Health Care</i>	2024, 2025
<i>BMJ</i>	2024
<i>Archives of PM&R</i>	2023
<i>OTJR</i>	2023, 2024
<i>Physiotherapy Theory and Practice</i>	2023

Conference Abstract Refereeing

<i>American Occupational Therapy Association</i>	2023, 2024
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Membership in Professional Societies

<i>American Occupational Therapy Association</i>	2016-
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LICENSURE AND CERTIFICATION

2012-Present Colorado Occupational Therapy License (303980)

2012-Present National Board Certification in Occupational Therapy (OT.0003576)