

BIANCA M. DAUGHERTY, OTD, OTR/L

(She/Her/Hers)

Email: bianca.daugherty@colostate.edu

Tel: (1) 213 284 8649

EDUCATION

- ❖ **Doctor of Occupational Therapy (OTD) (2017)** University of Southern California
Advanced Clinical Track
Clinical residency at the USC University Center for Excellence in Developmental Disabilities (UCEDD) at Children's Hospital Los Angeles.

Fellowship at the California Leadership Education in Neurodevelopmental Disabilities (CA-LEND) program at the USC Center of Excellence in Developmental Disabilities, Children's Hospital Los Angeles.

Doctoral Portfolio: "Lessons in Advocacy: Clinician, Leader, International Student Mentor"
- ❖ **M.Sc. In Occupational Therapy—Distinction (2015)** Queen Margaret University, Edinburgh
Masters Dissertation: "Chronic Pain in Adolescence: Understanding its Occupational and Social Impacts"
- ❖ **B.Sc (Hons.) in Occupational Therapy (2013)** University College Cork, Ireland
Final Research Project: "Examining Stigma as Personally Experienced by People with Mental Health Issues in Ireland"

TEACHING EXPERIENCE

- ❖ **Colorado State University** **2023 – Present**
Assistant Professor—Occupational Therapy Doctorate Program
Teach content related to role-emerging practice, needs assessment and program development in collaboration with community partners, particularly related to mental health, homelessness, substance use, young adults, and supporting marginalized populations.

Fall 2023:
OT735 Research Process 1 (Qualitative Research) – 3 credits
OT750 Programmatic Interventions – 3 credits
OT786D Integrated Experiential Learning III Seminar (Pediatrics) – 1 credit

Spring 2024:
OT764 Adolescent & Young Adult – 2 credits
OT769 Capstone Proposal Development – 3 credits
OT772 Innovative Practice in Occupational Therapy – 3 credits

Fall 2024:
OT731 Impacts on Occupation II (Psychosocial & Contextual) – 3 credits
OT750 Programmatic Interventions – 3 credits (2 sections)
OT779: Capstone Project – 1 credit (4 students)

Spring 2025:
OT764 Adolescent & Young Adult – 2 credits (2 sections)
OT772 Innovative Practice in Occupational Therapy – 3 credits
OT779: Capstone Project – 1 credit (7 students)

❖ **University of St. Augustine for Health Sciences, San Marcos Campus** **2018 –2021**
Core Faculty—Masters and Doctorate in Occupational Therapy Programs

Taught foundational occupational therapy content as well as higher level courses focused on mental health, community-based and role-emerging practice, wellness and health promotion, leadership, and health policy.

Spring 2018:

OCT5140 Domain of Occupational Therapy – 3 credits
OCT5225c Process of Occupational Therapy – 4 credits
OCT5330c OT Methods 1: Assistive Technology – 3 credits

Summer 2018:

OCT5140 Domain of Occupational Therapy – 3 credits
OCT5225c Process of Occupational Therapy – 4 credits
OCT5330c OT Methods 1: Assistive Technology – 3 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Fall 2018:

OCT5140 Domain of Occupational Therapy – 3 credits
OCT5225c Process of Occupational Therapy – 4 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Spring 2019:

OCT5140 Domain of Occupational Therapy – 3 credits
OCT5225c Process of Occupational Therapy – 4 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Summer 2019:

OCT5225c Process of Occupational Therapy – 4 credits
OCT5230 Conditions Impacting Occupational Performance – 4 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Fall 2019:

OCT5225c Process of Occupational Therapy – 4 credits
OCT5230 Conditions Impacting Occupational Performance – 4 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Spring 2020:

OCT5225c Process of Occupational Therapy – 4 credits
OCT5230 Conditions Impacting Occupational Performance – 4 credits
OCT5335c Occupational Therapy in Psychosocial and Community Settings – 5 credits

Summer 2020:

OCT5225c Process of Occupational Therapy – 4 credits
OCT5365 Wellness and Health Promotion – 3 credits
OCT5430 Scholarly Applications and Professional Seminar – 2 credits

Fall 2020:

OCT5225c Process of Occupational Therapy – 4 credits
OCT5365 Wellness and Health Promotion – 3 credits
OCT5430 Scholarly Applications and Professional Seminar – 2 credits

CLINICAL & ADMINISTRATIVE EXPERIENCE

❖ **OT-Share, Department of Occupational Therapy, Colorado State University**

Faculty Lead

2023 – Present

- Community-driven, cost-share program aimed at integrating occupational therapy services into nonprofits and other role-emerging practice areas.
- Responsible for establishing new community partnerships related to populations of focus, developing occupational therapy programs, supervising fieldwork and doctoral capstone students, and collaborating with providers at the Colorado State University Department of Occupational Therapy Center for Community Partnerships to support program sustainability.
- Current largest partner is Poudre Libraries in Old Town Fort Collins, CO where I have developed an occupational therapy program to support individuals experiencing challenges related to homelessness, mental health, and substance use. This includes hosting and supervising Level I fieldwork, Level II fieldwork, and doctoral capstone occupational therapy students, and mentoring them in the provision of direct client services and program development.
- Lead additional miscellaneous needs assessment and program development projects at the library as requested. Previous projects have focused on staff wellness, and the promotion of inclusive, age-appropriate, engagement opportunities for adults with intellectual and developmental disabilities.

❖ **Urban Street Angels Inc.**

Consultant

2025 – Present

- Provide ongoing consultation, support, and mentorship to two occupational therapists at the organization providing services to transition-aged youth experiencing homelessness across several different housing programs.

Program Manager, Just Be U Program

2022 – 2023

- Responsible for administration, management, and oversight of the Just Be U program, a holistic-based, transitional housing program focused on supporting youth experiencing homelessness and significant mental health challenges.
- Managed day-to-day program operations, including staff recruitment and retention, schedule management and coverage, time-card management for payroll purposes, budget management and administration, client engagement, data analysis, and inventory maintenance.
- Supervised a diverse team of direct service staff, including providing direction, mentorship, and guidance to enhance client care.
- Managed staff performance including identifying training and development needs, assigning tasks, ensuring adherence to organizational policies and procedures, supporting with goal attainment, providing regular feedback, and completing annual performance reviews.
- Coordinated and led weekly team meetings to discuss client progress, and program-wide updates. Established monthly “process” meetings to discuss team cohesion and any communication challenges between team members.
- Oversaw program data collection and collaborate with government and academic institutions regarding data management and program evaluation.
- Prepared monthly service reports for submission to County of San Diego regarding program successes and challenges.
- Established and maintained relationships with community partners including mental health and holistic service providers, as well as other social service agencies to support client success.

Director of Occupational Therapy**2021 –2022**

- Responsible for administration and continued growth of the occupational therapy program across multiple sites within Urban Street Angels, a nonprofit organization providing emergency and transitional housing support to youth experiencing homelessness.
- Recruited, trained, and supervised rotating roster of 3-5 graduate-level occupational therapy interns on fieldwork and doctoral capstone experiences to deliver occupational therapy services across multiple Urban Street Angels programs.
- Collaborated with staff, Program Managers, and Administration to implement occupational therapy services organization-wide.
- Collaborated with other organizations in San Diego County supporting youth experiencing homelessness and mental health challenges through the “Housing Our Youth” Collaborative, including delivering staff trainings on occupational therapy and developing infrastructure for the expansion of occupational therapy services to enrolled youth county-wide.
- Developed and delivered staff training at Urban Street Angels on topics related to health and wellness, lifestyle balance, documentation, and therapeutic approaches to client care.
- Provided support and consultation related to development and deployment of electronic documentation systems for client care.
- Collected outcomes on impact of occupational therapy services with program youth and staff.
- Collaborated with community-based agencies and university research teams to facilitate initiatives regarding understanding youth voice and experiences related to substance use, interactions with mental health services etc.

Occupational Therapist (Pro-Bono), Just Be U Program**2019 –2021**

- Sought and established partnership with San Diego County Behavioral Health Services and Urban Street Angels’ Just Be U program for youth experiencing homelessness and significant mental health challenges, with a focus on holistic health.
- Created and developed occupational therapy program at Just Be U, with a view to expansion of services across all Urban Street Angels programs.
- Provided group and individual occupational therapy services at the Just Be U program 1 day per week, as well as consultation as needed to the other programs within Urban Street Angels.
- Provided clinical supervision to rotations of 1-2 occupational therapy Level II fieldwork students.
- Supported the creation of the “Director of Occupational Therapy” role, including the acquisition of grant funding to support the position and development of the job description.

❖ USC University Center of Excellence in Developmental Disabilities**2016 – 2017****Occupational Therapy Doctoral Resident**

- Provided both in-clinic and community-based individual and group occupational therapy intervention to children and adolescents experiencing mental health challenges to support their participation in daily activities.
- Collaborated and co-treated with interdisciplinary team as indicated to enhance client outcomes.
- Completed interdisciplinary supervision and training in DIR/Floortime.
- Examples of group-based interventions included:
 - the evidence-based Incredible Years® group for school aged children, aimed at increasing social emotional learning and self-control.
 - “Snackers”, an interdisciplinary 12-week feeding group for children with picky eating habits that limit their ability to participate in family mealtimes. Group aimed to increase comfort with novel and/or non-preferred foods in order to support expanding food repertoire in a positive and social environment.

❖ **Health Service Executive, East Kilkenny/South Carlow Primary Care Team**
Primary Care Occupational Therapist **2013-2014 & 2015-2016**

- Provided individual community-based occupational therapy to adults and older adults to support independence in meaningful activities in the home and community.
- Interventions included consultation on home adaptations and assistive devices, and client education on memory, falls prevention, joint protection, and fatigue management.
- Collaborated with community services to provide additional client support such as befriending services, day centers, counselling services, support agencies, and local authority councils.
- Maintained active role in Primary Care Team (PCT) by participating in team meetings, consulting with interdisciplinary team members, and completing co-treatment when appropriate.
- Founding member of Carlow/Kilkenny Primary Care Occupational Therapy Department Initial Assessment working group. Consulted with Primary Care Occupational Therapy Managers across the healthcare region regarding their initial assessments. Redesigned and piloted a new initial assessment form within the Carlow/Kilkenny department and integrated feedback from pilot into the new departmental Initial Assessment form.

SERVICE

- **Academic Service**

Colorado State University

- Department of Occupational Therapy Curriculum Committee member
- Department of Occupational Therapy Success & Access Committee member

University of St. Augustine for Health Sciences, San Marcos Campus

- Founding Faculty Advisor of the USAHS San Marcos Campus Chapter of COTAD (Coalition of Occupational Therapy Advocates for Diversity)
- Founding Faculty Advisor of Advocacy & Government Affairs Student Committee
- Faculty Search Committee member
- Faculty advisor to roster of approximately 25 students at a time

- **Professional Service**

- Journal Reviewer, Occupational Therapy Journal of Research (2023 – Present)
- Appointed standing committee member of the American Occupational Therapy Association (AOTA) Mental Health Special Interest Section (2024 – Present)
- Mentor for AOTA Mental Health Special Interest Section Mentorship Program (2024)
- Occupational Therapy Association of Colorado Public Policy Committee Member (2024 – Present)
- Annual Research Conference of the Society for the Study of Occupation: USA (SSO:USA) Abstract Reviewer (2022, 2023, 2024)
- AOTA Community of Practice on Homelessness, Member (2021 – Present)
- Psychiatric Occupational Therapy Action Coalition (POTAC) San Diego Chapter Representative (2022 – 2023)
- POTAC Steering Committee member and Advocacy Co-Chair (2020 – 2024)
- POTAC Mental Health Spring Forum Planning Committee: *“Discussing Sanism and Occupational Therapy”* (2022)
- POTAC & Occupational Therapy Association of California (OTAC) *“OT in Mental Health Symposium”* Planning Committee (2020 – 2021)
- Invited panelist at OTAC continuing education event: *“Create the Formula: Entering Private Practice or Emerging Practice Settings”* (2021)
- OTAC Ad Hoc Committee on Diversity, Equity, and Inclusion member and Chair of Education Subcommittee (2020-2021)
- OTAC Advocacy & Government Affairs Committee member (2018 – 2023)
- OTAC Advocacy Week participant: met with state legislators and staffers about upcoming

- bills for vote with relevance to occupational therapy (2018, 2021)
- Facilitated USAHS Virtual Hill Day with AOTA's Federal Affairs team (2019).
- Coordinated OT Month 2020 "Leisure Kits" fundraiser for Urban Street Angels occupational therapy program in collaboration with AOTA Inspire Annual Conference, and the USAHS SOTA, PTE, and COTAD chapters.
- Hosted occupational therapy exhibition stand at "Future Fair", a career fair for high school students by The San Marcos Promise and San Marcos Unified School District (2019).
- Organized and hosted "OT Movie Night—A Celebration of Occupation" at USAHS for OT Month 2019. Included a screening of the film "Don't Worry, He Won't Get Far on Foot", followed by a moderated discussion.
- Level I Fieldwork Educator:
 - Samantha Yocum, Colorado State University (2024)
 - Daisy Nguyen, Colorado State University (2024)
- Level II Fieldwork Educator:
 - Ailien Nguyenly, University of St. Augustine for Health Sciences (2020)
 - Christina Lavery, University of St. Augustine for Health Sciences (2020)
 - Sarah Coker, University of St. Augustine for Health Sciences (2020)
 - Robin Martin-Wallace, University of St. Augustine for Health Sciences (2021)
 - Melissa Moreno-Garcia, University of St. Augustine for Health Sciences (2021)
 - Natalie Pridmore, San Jose State University (2021)
 - Jessica Peters, University of St. Augustine for Health Sciences (2021)
 - Hilary Rush, University of St. Augustine for Health Sciences (2021)
 - Anna Francesca Ramirez, San Jose State University (2021)
 - Rebecca Sadile, University of St. Augustine for Health Sciences (2021)
 - Cody Schauweker, Samuel Merritt University (2021)
 - Lauren Campbell, University of St. Augustine for Health Sciences (2022)
 - Morgan Offerman, Colorado State University (2024)
 - Lindsey Green, Colorado State University (2024)
 - Erica Clewett, Colorado State University (2025)
 - Carli Collopy, Colorado State University (2025)
- Doctoral Capstone Project Mentor:
 - Haley Anderson, Colorado State University: *The Lavender Project: Improving Long-Term Care Experiences for LGBTQIA+ Elders (2025)*
 - Tai Bloch, Colorado State University: *Increasing the Inclusive Climate in Martial Arts (2025)*
 - Hannah Burke, Colorado State University: *Development of an Online Resource Hub for Transitioning Occupational Therapy Practitioners and New Graduates Entering into Early Intervention (2025)*
 - Monica Callahan, Colorado State University: *Implementing Yoga into Preschool Centers: A Teacher's Perspective (2025)*
 - Jasmine Cessna, Colorado State University: *Preventative Sleep Health Intervention for Military Personnel: Integrating Sleep Hygiene, Mindfulness, and Environmental Modifications (2025)*
 - Imani Conley-Frazier, Colorado State University: *Supporting Athlete Transitions: Preparing Athletes for Transitions (2025)*
 - Sarah Halvorsen, Colorado State University: *Aquatic Therapy Program Development at TheraSWIM (2025)*
 - Clare Espinoza, Colorado State University: *Development of a Resource Hub to Support the Development of Vocational Skills in Autistic Children Aged 9 through 20 years old (2024)*
 - Vanessa Hernandez, Colorado State University: *Navigating Regional Center and Early Intervention Services Through the Forming Years (2024)*
 - AJ Johnson, Colorado State University: *Creating an Inclusive Environment in Group*

- **Daugherty, B. M.**, Synovec, C. E., Little, L. M., Bailliard, A. L., & Tyminski, Q. (2024). An Argument for Guidelines for Capstones in Unhoused Settings. *The American Journal of Occupational Therapy*, 78(5), 7805347010.
- Nicholls, M. J., Almeida, A., Castello, J., Grelotti, D., **Daugherty, B.**, Gann Jr, D., ... & Borquez, A. (2024). Assessing the Safety, User Acceptability, Dissemination, and Reach of a Comprehensive Web-Based Resource on Medications for Opioid Use Disorder (MOUD Hub): Protocol for a Development and Usability Study. *JMIR Research Protocols*, 13(1), e57065.
- **Doherty, B.** (2022). Invited presenter: *Occupational Therapy Mental Health Provider Panel*. Rutgers, The State University of New Jersey, NJ.
- **Doherty, B.** (2022). *Occupational Therapy's Role with Homeless Youth*. [Guest Lecture]. Dominican University of California, San Rafael, CA.
- **Doherty, B.** (2021). *The Role of Occupational Therapy in Supporting Youth Experiencing Homelessness*. [Guest lecture]. Rocky Mountain College, Billings, MT.
- **Doherty, B.** (2021). *Youth Homelessness: An Occupational Therapy Perspective*. [Guest lecture]. Dominican University of California, San Rafael, CA.
- Phelps, G., McIntyre, E., **Doherty, B.**, & Martin, R. (2021). *Occupational Justice for the Unhoused*. Invited panelist at the 3rd Annual OTAC/POTAC OT in Mental Health Symposium: Applications of Occupational Justice to Mental Health OT (Virtual).
- **Doherty, B.** & Bursch, M. (2020). *The Role of Occupational Therapy in Supporting Youth Experiencing Homelessness* [Poster presentation]. 2020 AOTA Specialty Conference: Children & Youth (Virtual).
- **Doherty, B.** & Bursch, M. (2020). *Youth Homelessness: An Occupational Therapy Perspective*. Presentation at the Occupational Therapy Association of California Annual Conference & Expo (Virtual).
- **Doherty B.** (2020). *Back to Our Roots: Emerging Practice and Student Fieldwork as Potential Solutions to Support the Role of Occupational Therapy in Mental Health*. Presentation at the 2020 American Occupational Therapy Association Education Summit (Virtual).
- McCarthy K. & **Doherty, B.** (2020). *Beyond Stigma: "Othering" and "Sanism" in Mental Health*. Presentation at the Western Regional Occupational Therapy Spring Symposium, Las Vegas, NV.
- McCarthy K. & **Doherty, B.** (2019). *Sanism and Mad Pride: Critical Perspectives on Mental Health*. Presentation at the Occupational Therapy Association of California Spring Symposium, San Diego, CA.
- **Doherty, B.** (2018). *Occupational Therapy in Pediatric Mental Health*. [Guest lecture]. Dominican University of California, San Rafael, CA.
- **Doherty, B.** (2016). *The Role of Primary Care in Transgender Healthcare*. Presentation to Carlow/Kilkenny Primary Care Occupational Therapy Department.
- **Doherty, B.** & McCarthy, K. (2015). Examining Stigma as Personally Experienced by People with Mental Health Issues in Ireland. *Irish Journal of Occupational Therapy*, 43(1), 3-11.
 - **Doherty, B.** & McCarthy, K. (2014). *Examining Stigma as Personally Experienced by People with Mental Health Issues in Ireland*. Presentation at the Association of Occupational Therapists of Ireland Annual Conference, Mullingar, Ireland.
 - **Doherty, B.** & McCarthy, K. (2013). *Examining Stigma as Personally Experienced by People with Mental Health Issues in Ireland* [Poster presentation]. Occupational Science Europe Conference, Cork, Ireland.

CONTINUING PROFESSIONAL DEVELOPMENT

- Recipient of the Colorado Association of Libraries "Library Partnership of the Year" Award at the Colorado Association of Libraries Annual Conference, Breckenridge, CO (2025).
- Selected as one of 10 winners of the "I Partner with My Public Library" Awards, by Let's Move in Libraries (2025).
- Graduate Center for Inclusive Mentoring (GCIM) Mentor Well Certificate, Colorado State University (2025)

- Wellness Recovery Action Plan (WRAP) Seminar I Certificate (2024)
- Intermediate Motivational Interviewing, Academy for Professional Excellence, San Diego State University (SDSU) (2022)
- Introduction to Motivational Interviewing, Academy for Professional Excellence, SDSU (2021)
- Foundations of ACEs Science and Trauma-Resilience, Academy for Professional Excellence, SDSU (2021)
- Anti-Racism in OT: Uprooting White Supremacy and Steps for Combating Racism in Your Practice, Psychiatric Occupational Therapy Action Coalition (2021)
- USC Sensory Integration Hands-On Clinical Training Program (OT 610) at Pediatric Therapy Network, Torrance, CA, and USC Chan Sensory Integration Continuing Education Certificate
- The “Get Permission” Approach to Pediatric Mealtime Challenges by Marsha Dunn Klein (2017).
- Transgender Healthcare by Transgender Equality Network Ireland (2016)
- USC Summer Occupational Therapy Immersion (SOTI) program (2015)

LICENSURE AND REGISTRATION

- | | |
|------------------------------------------------------------|---------|
| • National Board for Certification in Occupational Therapy | 365826 |
| • Colorado Office of Occupational Therapy | 0008115 |

PROFESSIONAL MEMBERSHIPS

- World Federation of Occupational Therapy
- American Occupational Therapy Association
- Occupational Therapy Association of Colorado
- Psychiatric Occupational Therapy Action Coalition
- Society for the Study of Occupation USA
- Coalition for Occupational Therapy Advocates for Diversity