

CURRICULUM VITAE

NAME

Alison R. Herman

BUSINESS ADDRESS

Department of Occupational Therapy
Colorado State University
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BUSINESS EMAIL/PHONE

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EDUCATION

Year	Degree/University
2018	Doctor of Health Sciences, A.T. Still University
2008	Master of Public Health, Nova Southeastern University
1999	Bachelor of Health Science in Occupational Therapy, University of Florida

ACADEMIC POSITIONS

2018-Present Associate Professor & Academic Fieldwork Coordinator
Department of Occupational Therapy, Colorado State University

2012-2018 Assistant Professor & Academic Fieldwork Coordinator
Department of Occupational Therapy, Nova Southeastern University

2012-2018 Assistant Professor
Department of Public Health, Nova Southeastern University

2011 Faculty & Academic Fieldwork Coordinator
Department of Occupational Therapy, Concorde Career College

2009-2010 Faculty
Department of Occupational Therapy, Keiser University

OTHER POSITIONS

Year	Title	Employer	Location
2012-2014	Per Diem Occupational Therapist	Holy Cross Hospital	Ft. Lauderdale, FL
2007-2010	Staff Occupational Therapist	Holy Cross Hospital	Ft. Lauderdale, FL
2003-2008	Staff Occupational Therapist	Tenet Hospitals	Florida
2003-2005	Staff Occupational Therapist	Heartland Manor Care	Oakland Park, FL
2002-2003	Staff Occupational Therapist	NYU-HJD Hospital	New York, NY
1999-2001	Staff Occupational Therapist	Beth Abraham/PACE	Bronx, NY

CURRENT JOB DESCRIPTION

80% Instruction, Advising/Mentoring, and Administration
10% Research, Scholarship, and Creative Activity
10% University/Professional/Public Service and Outreach

HONORS AND AWARDS

2024 College of Health and Human Sciences-Teaching Colloquium
2022 AOTA National Choosing Wisely Champion Recognition Award Recipient
2022 College of Health and Human Sciences-Clinical Science Research Award Recipient
2015 Alpha Eta National Honor Society
2015 Certificate of Appreciation Interprofessional Diabetes and Awareness Initiative
2013 Certificate of Appreciation Live Empowered Diabetes Training
2013 Certificate of Appreciation for support of the Graduate Professional Series

PUBLISHED WORKS

Refereed Journal Articles:

1. Stav, W. B., & Herman, A. (2022). An Occupation-Based Clinic Makeover: Perceptions and Experiences of Occupational Therapists. *The Open Journal of Occupational Therapy*, 10(1), 1-17. <https://doi.org/10.15453/2168-6408.1831> *Over 1,700 downloads since published in 2022.

Role(s): Project lead Study design Content expertise Mentoring Data collection/analysis Critical review/revisions.

Refereed Chapters in Books:

1. Herman, A. (2024). *Occupational therapy in acute care*. (3rd ed.). In H. Gabai & S. Holm (Eds.), *Chapter 47 Fieldwork education in acute care*. AOTA Press.

Role(s): Lead Author/Chapter Author Co-Author Contributor/Expert Reviewers/Peer Reviewers.

Non-Refereed Journal Articles/Chapters/Proceedings/Transactions:

1. Stav, W., Psillas, S., & Herman, A. (2023, April). OT Practice Improvement Perk-Choosing Wisely Championing Evidence in Occupation-Based Practice. *OT Practice*, 28(4), 33-35.

Role(s): Lead Author/Chapter Author Co-Author Contributor/Expert Reviewers/Peer Reviewers.

2. Del Pozo, E. & Herman, A. (2020, November). Strategies for Managing Fieldwork Burnout. Fostering More Self-Awareness, Setting Clearer Objectives, and More. *OT Practice*, 25(12), 24-26.

Role(s): Lead Author/Chapter Author Co-Author Contributor/Expert Reviewers/Peer Reviewers.

3. **Herman, A., Waller, M., & Ganzevoort, K. (2019).** AOTA Fieldwork Educator Certificate Program. Administration Module Revision. American Occupational Therapy Association.

Role(s): Lead Author/Chapter Author Co-Author Contributor/Expert Reviewers/Peer Reviewers.

4. **Herman, A. (2017).** Are students honest when using the SEFWE? Focus, Florida Occupational Therapy Association.

Role(s): Lead Author/Chapter Author Co-Author Contributor/Expert Reviewers/Peer Reviewers.

CONTRACTS & GRANTS

Externally Funded Projects as Investigator or role other than PI or CoPI

- 2023 Occupational Therapy Preparation to Improve Services and Outcomes for School-Age Children with Disabilities who have High-Intensity Needs (OT Prep Project), Department of Education. **\$1.25 million (~\$785k** will go directly to OT students who will work in the public schools as occupational therapists.) *This grant was developed to improve services and outcomes for school-age children with disabilities who have high-intensity needs and their families. The project themes are 1) school-age children with disabilities who have high-intensity needs, 2) underrepresented diverse (culturally and linguistically, racial and ethnicity, disabilities), 3) collaborations to support the OT Prep Project and the Scholars/students that enroll in the OT Prep Project. My fieldwork-specific role within this grant is related to meeting to plan curricular coursework and assignment improvements; coordinating fieldwork and clinical placements for scholars; providing seminar offerings annually; and participating on the Project Advisory Council. This work exemplifies CSU's mission as a land-grant institution, to offer scholarship, discovery, and innovation to improve the quality of life for people in Colorado, across the nation, and around the world.*
- 2023 American Rescue Plan Act-Summit Stone Health Partners **\$2,437,580 (\$42,390** for OT services) *This grant is an extension of COVID-related healthcare policy and finance resources to expand and improve high-intensity services for adolescents, expand in-home services, and build in-house adolescent programs. It will also provide rapid access to medication-assisted treatment and nursing for crisis, with 18-24 months of funding. For the grant, I partnered with Summit Stone Health Partners to provide resources and hiring assistance for occupational therapy services to be included. I have collaborated with Summit Stone for five years, dedicated to establishing avenues for occupational therapy and CSU OT fieldwork. Notably, this marks the inaugural funded initiative for occupational therapy within the Summit Stone organization.*

Internally Funded Awards

- 2025 Colorado State University Community Engaged Learning/Service Mini-Grants. *Occupational Therapy Embedded in Early Childhood (OTECE): An Equitable Approach to Supporting Young Children's Behavioral Health and Early Development at La Familia.* Co-PI with Dr. Lisa Fyffe PhD, OTR/L. **\$1000.** *The CEL grant will help achieve student learning objectives, as the*

- equipment purchased with the grant funding will allow fieldwork students to implement various therapeutic styles with children and families. Access to these materials will also enable students to apply culturally sensitive, occupation-centered approaches in a practical setting, while collaborating with clients, families, and interdisciplinary team members.*
- 2025 Colorado State University Community Engaged Learning/Service Mini-Grants. *Occupational Therapy Group Interventions at Community-Based Sites*. Co-PI with Dr. Kim Schoessow-Aldaz, OTD, OTR/L, SCLV, FAOTA **\$1000**. *Occupational therapy doctoral (OTD) students in the first year of the program, complete a two-semester project in partnership with community sites throughout Northern Colorado. Over the course of the first semester, they spend 30 hours at their site, participating in activities and learning the role of occupational therapy in non-clinical or non-traditional settings. Students work with the community site to develop a group protocol to enhance the experience of the community organization. During the second semester, students return to the community site to run an occupational therapy focused group. Grant supports students in purchasing supplies to successfully run their group.*
- 2020 Colorado State University Graduate School Mini-Grant: *Exploring Career Opportunities for Graduate Students*. Co-PI with Mrs. Liz Davis, Department of Social Work. **\$1000**. *This was a continuation of the grant from the previous year; however, in 2020 the grant included professions beyond Occupational Therapy and Social Work, as students from Health and Exercise Science and Music Therapy were invited. In addition, the topics were revised to meet the current needs of students. The topics included: Examining the Opioid Epidemic: Your Role and Responsibility; Bed Mobility; Vitals, Lines, and Leads, and Behavior Management Across the Life Span. As the Co-PI my role was the same as the previous year, create the educational program, develop a partnership with Social Work, Health and Exercise Science, and Music Therapy, plan and organize learning sessions, recruit personnel to teach, and complete follow-up surveys to measure changes in confidence and competence in knowledge and skills.*
- 2019 Colorado State University Graduate School Mini-Grant: *Building Opportunities in Occupational Therapy (BOOT) Camp*. Co-PI with Mrs. Patricia Stutz-Tanenbaum. **\$1000**. *This grant funded BOOT camp educational opportunities for both Occupational Therapy and Social Work students. The topics included vitals, lines and leads; transfers/mobility; and confidence-building psychosocial conversations. This offered opportunities for Occupational Therapy and Social Work students to experience interprofessional perspectives about working with clients through informal exchange of ideas and experiences. As the Co-PI of the grant, my role was to create the educational program, develop a partnership with Social Work, plan and organize the sessions, recruit personnel to teach, and complete follow-up surveys to measure changes in confidence and competence in knowledge and skills.*
- 2018 College of Health Care Sciences and College of Nursing, Nova Southeastern University 2018 Faculty Research and Development Grant Competition: *Effectiveness and Experiences of a Clinic Makeover: A Mixed Method Study*, in collaboration with MOT research students and Dr. Wendy Stav. **\$3,750.00** *This grant funded an occupational therapy discipline-specific research study to investigate the use of occupation-based approaches in treatment and its effect on client functional outcomes. In addition, the study explored the experiences of occupational therapy practitioners utilizing occupation-based material compared to traditional therapy equipment. As Co-PI I was*

responsible for working with the PI to design the study, work with OT students to collect data, interpret data, and publish an article based on the study findings.

- 2015 Quality of Life Grant for Interprofessional Diabetes Education and Awareness, in collaboration with Dr. Terry Morrow and the Division of Health Professions, Nova Southeastern University. **\$10,000** *This grant funded the Interprofessional Diabetes Education and Awareness (IDEA) initiative was a partnership between corporate, government, non-profit, and academic communities designed to promote diabetes prevention and management through student-led community workshops for children and adults interested in learning about diabetes. IDEA was designed to increase knowledge and awareness about diabetes in the community while enhancing interprofessional education and practice among health professions students. As a part of the grant, I represented occupational therapy as one of 15 different healthcare professionals to lead a team that created diabetes prevention and management workshops hosted in underserved communities with children and adults.*

PAPERS PRESENTED/SYMPOSIA/INVITED LECTURES/PROFESSIONAL MEETINGS/WORKSHOPS

*Indicates invited presentations and workshops.

- *Turetzky, B., & **Herman, A.** (2026, February 9-12). *Empowering Students & Transforming Communities through Role-Emerging Fieldwork*. World Federation of Occupational Therapists Congress. Bangkok, Thailand. Role: Co-Organizer and Co-Presenter
- ***Herman, A.** (2025, August 17-23). Invited guest lecturer. Yamagata Prefectural Health Sciences University. Yamagata, Japan. Role: Organizer and Presenter
- ***Herman, A.**, Silver-Seidle, J., Eisfelder, R., Kinnison, R., Stertz, C., Vette, J. (2025, September 13). *Navigating Fieldwork Success: Enhancing Wellness, Professional Growth, and Conflict Resolution Skills*. Occupational Therapy Association of Colorado, State Conference. Granby, CO. Role: Co-Organizer and Co-Presenter
- ***Herman, A.** (2025, May 21). *Ditch the Discussion Board – The Transition to a Peer Mentoring Model*. The Institute for Learning and Teaching (TILT) Summer Conference: Engaging Students through Universal Design for Learning. Fort Collins, CO. Role: Organizer and Presenter
- ***Herman, A.** (2024, October 17). *Ditch the Discussion Board – The Transition to a Peer Mentoring Model*. College of Health and Human Sciences Teaching Colloquium. Fort Collins, CO. Role: Organizer and Presenter
- ***Herman, A.** & Silver-Seidle, J. (2024, November 15-16). AOTA Fieldwork Educator Certificate Program Workshop. Stanbridge University, CA Role: Organizer and Presenter
Trained two new Fieldwork Educator Instructors during this course.
- Herman, A.** & Silver-Seidle, J. (2024, August 1-2). AOTA Fieldwork Educator Certificate Program Workshop. Colorado State University. Fort Collins, CO Role: Organizer and Presenter
- ***Herman, A.** & Silver-Seidle, J. (2023, October 25-26). AOTA Fieldwork Educator Certificate Program Workshop. Mayo Clinic, Phoenix, AZ Role: Organizer and Presenter

- Herman, A. & Silver-Seidle, J.** (2023, May 5-6). AOTA Fieldwork Educator Certificate Program Workshop. Colorado State University. Fort Collins, CO Role: Organizer and Presenter
- Herman, A. & Silver-Seidle, J.** (2022, May 6-7). AOTA Fieldwork Educator Certificate Program Workshop. Colorado State University. Fort Collins, CO Role: Organizer and Presenter
- Herman, A.** (2022, March 22). *An Occupation-Based Clinic Makeover: Perceptions and Experiences of Occupational Therapists*. College of Health and Human Sciences Research Day. Colorado State University. Fort Collins, CO Role: Project Co-PI, Study Design, Data Collection/Analysis, Critical Review/Revisions, and Presenter
- ***Herman, A.** (2021, October 16). *Fear-Free-Feedback: A Fieldwork Student's How-To Guide to Communicating Fearlessly During Fieldwork*. Live Online Presentation, Occupational Therapy Association of Colorado, Resilience Thriving Together Conference Role: Organizer and Presenter
- ***Herman, A.** (2020, March 26). *Fear-Free-Feedback: A Fieldwork Student's How-To Guide to Communicating Fearlessly During Fieldwork*. Student Session to be presented at the American Occupational Therapy Association Annual Conference in Boston, Massachusetts. Canceled due to Covid-19 Role: Organizer and Presenter
- ***Herman, A.** (2018, April 21). *Intended recipient of evaluation results and the student evaluation of the fieldwork experience*. Poster presented at the American Occupational Therapy Association Annual Conference in Salt Lake City, Utah. Role: Project Lead, Study Design, Data Collection/Analysis, Critical Review/Revisions, and Presenter
- ***Herman, A.** (2016, December 3). *How to be the best fieldwork educator you can be*. Oral Presentation at Nova Southeastern University Continuing Education Symposium. Role: Organizer and Presenter
- ***Herman, A.** (2016, August 15). *Train the trainer for community diabetes education*. Poster Presentation Acceptance at the American Association of Diabetic Educators National Conference in San Diego, California. Role: Project Co-I, Study Design, Data Collection/Analysis, Critical Review/Revisions, and Presenter
- ***Dorne, R., Herman, A., Kay, S.** (2017, March 31). *The road to professional development, MOT Live*. Poster Presented at the American Occupational Therapy Association Annual Conference in Philadelphia, Pennsylvania. Role: Organizer and Presenter
- ***Herman, A.** (2015, October 31). *Interprofessional diabetes education and awareness initiative*. Session Presenter at the American Public Health Association National Conference in Denver, CO. Role: Project Co-I, Study Design, Data Collection/Analysis, Critical Review/Revisions, and Presenter

TEACHING

Year	Semester	Course	Cr.Hrs.	Enrollment
2018	Fall	OT686B Fieldwork I: OT Process	1	50
2019	Spring	OT660 Occupational Performance: Adult to Old Age II	3	50
2019	Summer	OT687 Fieldwork IIA	12	50
2019	Fall	OT6866B Fieldwork I: OT Process	1	50
2019	Fall	OT686D Fieldwork I: Infancy to Young Adult	1	50
2020	Spring	OT686C Fieldwork I Adult to Old Age	1	50
2020	Spring	OT686D Fieldwork I: Infancy to Young Adult	1	50
2020	Summer	OT687 Fieldwork IIA	12	50
2020	Summer	OT688 Fieldwork IIB	12	42
2020	Fall	OT688 Fieldwork IIB	12	8
2020	Fall	OT686B Fieldwork I: OT Process	1	50
2020	Fall	OT686D Fieldwork I: Infancy to Young Adult	1	50
2021	Spring	OT686C Fieldwork I Adult to Old Age	1	50
2021	Spring	OT686D Fieldwork I: Infancy to Young Adult	1	50
2021	Summer	OT687 Fieldwork IIA	12	50
2021	Summer	OT688 Fieldwork IIB	12	40
2021	Fall	OT688 Fieldwork IIB	12	10
2021	Fall	OT686B Fieldwork I: OT Process	1	50
2021	Fall	OT686D Fieldwork I: Infancy to Young	1	50
2022	Spring	Spring OT686C Fieldwork I Adult to Old Age	1	50
2022	Spring	OT686D Fieldwork I: Infancy to Young Adult	1	50
2022	Summer	OT687 Fieldwork IIA	12	50
2022	Summer	OT688 Fieldwork IIB	12	39
2022	Fall	OT688 Fieldwork IIB	12	11
2022	Fall	OT786B Practicum: Integrative Experiential Learning I	1	49
2023	Spring	OT786C Practicum: Integrative Experiential Learning II	2	49
2023	Spring	OT686D Fieldwork I: Infancy to Young Adult	1	50
2023	Summer	OT787 Level IIA Fieldwork-Adults and Older Adults	12	49
2023	Summer	OT688 Fieldwork IIB	12	43
2023	Fall	OT786B Practicum: Integrative Experiential Learning I	1	48
2023	Fall	OT786C Practicum: Integrative Experiential Learning III	1	48
2023	Fall	OT688 Fieldwork IIB	12	7
2024	Spring	OT786C Practicum: Integrative Experiential Learning II	2	50
2024	Spring	OT686D Fieldwork I: Infancy to Young Adult	1	50
2024	Summer	OT 787 Level IIA Fieldwork	12	49
2024	Summer	OT 788 Level IIB Fieldwork	12	16
2024	Fall	OT 786B Practicum: Integrative Experiential Learning I	1	51
2024	Fall	OT 788 Level IIB Fieldwork	12	33
2024	Summer	OT 787 Level IIA Fieldwork	12	51
2024	Summer	OT 788 Level IIB Fieldwork	12	25
Total		41	243	1,717

COMMITTEES/VOLUNTEER

University

2024-Present CSU Academic Misconduct Review Committee
2022-Present Multicultural Undergraduate Research Art and Leadership Symposium (MURALS)-Judge
2019-Present School is Cool-Volunteer

College of Health and Human Sciences

2022-Present Center for Healthy Aging/Columbine Health Systems Best Practices Committee

Department of Occupational Therapy

2025-2026 Search Committee Member-Department Head
2024-Present Tenure and Promotion Committee
2023-2024 2024 OT Knowledge Exchange Chair
2022-2023 2023 OT Knowledge Exchange Co-Chair
2023 Search Committee Member- DEC Program Assistant
2022 Search Committee Chair-2 NTTF Hired
2021 Search Committee Member- DEC Coordinator
2020-Present Leadership Team
2019-Present Curriculum Committee
2019 Search Committee Member- NTTF
2019 Admissions Committee

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

National: American Occupational Therapy Association

2025-Present Roster of AOTA Approved Providers-Reviewer
2025-Present AOTA Fieldwork Educator Certificate Workshop Revision
2022 AOTA AESIS Academic Fieldwork Coordinator Mentor Program - Facilitator
2019-Present AOTA Fieldwork Educator Certificate Workshop - Instructor and Trainer
2019-2021 AOTA Fieldwork Educator Certificate Workshop Revision – Lead Author

State: Colorado Occupational Therapy Fieldwork Educators Consortium

2018-Present Colorado Academic Fieldwork Coordinator Consortium -Chair

SERVICE WITH EXTERNAL PARTNERS AND COMMUNITIES

2025 Columbine Center for Healthy Aging Affiliate Partner
2022-Present Summit Stone-Spirit Crossing Clubhouse-Advisory Board Member
2019-Present Har Shalom Synagogue - Youth Education Committee
2022 Odyssey of the Mind - Shepardson Elementary Volunteer Judge
2022-2023 Shepardson Elementary – Reading Volunteer

Service Activities at Prior Institution

Department of Occupational Therapy-Nova Southeastern University

2017-2018 Chair for 25th Anniversary Alumni Education Event
2017-2018 Guest Lecturer Fieldwork Training
2016-2018 MOT/MPH Exploration Committee
2015-2016 Development of Continuing Education Symposium
2016 Search Committee
2015 Caring for Our Children's Behavior, Task Force Member

2015 Department of Occupational Therapy Representative at Broward Outreach
2014 Faculty Mentor, A Day for Children event
2014-2018 Interprofessional Curriculum Committee
2014-2018 Development and revision of the Student Professional Development Program
2012-2018 Student Occupational Therapy Association (SOTA) Faculty Advisor
2012-2018 Committee on Student Progress

College and University-Nova Southeastern University

2018-2018 Shark Preview Representative to select undergraduate students for scholarships
2017-2018 Early Immersion Program Faculty Representative
2016 Nova Southeastern University Open House
2015-2016 Department of Public Health Student Advisor
2013-2018 Clinical Education Task Force Member
2013-2018 Interprofessional Diabetes Education and Awareness Member
2012-2018 Department of Public Health Admissions Committee

Community

2014 Nova Eisenhower Elementary School Career Day
2013-2018 Geriatric Fall Prevention Clinic
2013-2016 Diabetes Community Education Faculty Advisor
2013 Aging and Disability Resource Center health screenings

PROFESSIONAL MEMBERSHIPS

2018-Present Occupational Therapy Association of Colorado
2018-Present Colorado Academic Fieldwork Coordinator Consortium
2012-2018 Florida Occupational Therapy Association Educational Consortium
2012-2018 Florida Occupational Therapy Association
2010-Present American Occupational Therapy Association
2000-Present National Board for Certification of Occupational Therapy

ADDITIONAL TRAINING/EXPERIENCES

2025 Alan Alda Center for Communicating Science Interactive Workshop
2025 Impact of Stress, Stigma, and Support on Work Engagement Among Women Experiencing the Transition of Menopause
2024 Having a Growth Mindset Approach-AOTA
2024 Promoting a Successful Fieldwork Experience and Optimizing the Feedback Approach on Fieldwork-AOTA
2024 TILT Summer Conference: From Ideas to Action, Inclusive Excellence and Intentionally Serving Today's Students.
2024 3-day Workshop Series - Reducing Drama in the Workplace and Everywhere Else!
2023 Anti-Defamation League- Responding to School-Based Bias Incidents
2022 Creating Positive Labor Relations, State of Colorado
2021 Race is, Race Ain't: Creating Racially Engaged Campuses and Classrooms, CSU
2021 Moving Forward with Emotional Agility, CSU
2021 Safe Zone Training, CSU
2021 Inclusive Excellence Diversity Training Part 1-Supervisor, CSU
2021 GCIM Mentor Well Series - Session 5 - Addressing Equity and Inclusion, CSU
2021 Exploring Conflict Behaviors, CSU
2021 Equity Inclusion in Academic Programs, American Occupational Therapy Association

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2020 Rules of the Road: Essential “Stuff” Supervisors Need to Know About Employment Laws, Leave Management and State Personnel Rules, Policies, and Procedures, CSU

2020 Professional Development Institute, CSU

2019 AOTA Fieldwork Educator Certificate Workshop Training, AOTA

2019 Dealing with Difficult People, Colorado State University Training and Organizational Development

2019 TILT Summer Conference on Learning, Teaching, and Critical Thinking, CSU

2019 Changing the Graduate School Culture: The Role of Mentoring, CSU, Graduate Center for Inclusive Mentoring, Presenter: Dr. Robbin Chapman

PROFESSIONAL LICENSURE

2020-Present	Colorado	#3091
2003-2019	Florida	#10923
2000-2003	New York	#010418