

## CURRICULUM VITAE

### Arlene A. Schmid, PhD, OTR, FAOTA, RYT-200

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#### **ADDRESS**

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970.889.0140

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#### **EDUCATION**

<b>Year</b>	<b>Degree/training (and research mentor)</b>	<b>Research Center or University</b>
2002-2005	PhD in Rehabilitation Sciences (PW Duncan, PT, PhD)	University of Florida, Gainesville, FL
2002-2005	Graduate Minor in Gerontology	University of Florida, Gainesville, FL
2005	Graduate Certificate in Gerontology	University of Florida, Gainesville, FL
1992-1997	B.S./M.S in Occupational Therapy (dual degree)	D'Youville College, Buffalo, NY
1992-1997	Minor in psychology	D'Youville College, Buffalo, NY

#### **PREDOCTORAL, POSTDOCTORAL, AND CAREER DEVELOPMENT RESEARCH TRAINING**

<b>Year</b>	<b>Degree/training (and research mentor)</b>	<b>Research Center or University</b>
2008-2012	VA Career Development Award (LS Williams, MD)	Roudebush VAMC, Indianapolis, IN
2005-2007	Post-doctoral fellowship (LS Williams, MD)	Roudebush VAMC, Indianapolis, IN
2004-2005	Pre-doctoral fellowship (PW Duncan, PT, PhD)	Malcom Randall VAMC, Gainesville, FL

#### **ACADEMIC POSITIONS**

2020-present	Professor, Colorado State University, College of Health and Human Sciences, Department of Occupational Therapy, Fort Collins, CO
2022-present	Director of PhD program in Occupation and Rehabilitation Science, CSU OT
2022-present	Department Leadership Committee, CSU OT
2022-present	Director of Intervention Research, Translational Neurological Lab at CSU SPUR
2017-present	Prevention Center Affiliate, Colorado State University, Fort Collins, CO
2019-present	Center for Healthy Aging Affiliate, Colorado State University, Fort Collins, CO
2015-present	Leadership team, Colorado State University Center for Mindfulness
2016-2020	Tenured, Associate Professor, Colorado State University, College of Health and Human Sciences, Department of Occupational Therapy, Fort Collins, CO
2013-2020	Associate Professor, Colorado State University, College of Health and Human Sciences, Department of Occupational Therapy, Fort Collins, CO
2015-2020	Adjunct faculty, Clemson University
2005-2013	Assistant Professor, Indiana University, School of Health and Rehabilitation Sciences, Department of Occupational Therapy, Indianapolis, IN
2011-2013	Director of the Indiana University Rehabilitation and Integrative Therapy lab,

Indianapolis, IN  
 2008-2013 Core Investigator, VA Center of Excellence, Richard L. Roudebush VA Medical Center, Center of Excellence in Implementing Evidence-based Practice  
 2008-2013 Faculty, Indiana University Center for Health Services and Outcomes Research, Indianapolis, IN  
 2007-2013 Associated Investigator for VA Stroke QUERI, Roudebush Veteran Affairs Medical Center, Indianapolis, IN  
 2012-2013 Co-Implementation Research Coordinator VA Stroke QUERI, Roudebush Veteran Affairs Medical Center, Indianapolis, IN  
 2010-2013 Investigator, Regenstrief Institute, Indianapolis, IN  
 2008-2013 Affiliated Investigator, Indiana University Center for Aging Research, Indianapolis, IN  
 2002-2005 Research assistant, University of Florida and Malcom Randall VAMC, Gainesville, FL

### **OTHER POSITIONS**

2002-2003 Staff occupational therapist, Kessler Rehabilitation, Gainesville, FL  
 2000- 2001 Staff occupational therapist, Range of Motion Rehab, Honolulu, HI  
 1999-2000 Staff occupational therapist, Family Treatment Center, Honolulu, HI  
 1999 Staff occupational therapist, Therapists on Call, Honolulu, HI  
 1997-1999 Co-manager and staff occupational therapist, Sundance Rehabilitation Corporation, Skilled Nursing Facility, Field Work Coordinator, Kailua, HI

### **CURRENT JOB DESCRIPTION**

30% Teaching, 40% Research/Creative Activity, 10% Service/Outreach, 10% Admin (Director of PhD program)

### ***Awards***

2020 CSU, CHHS, Advising award  
 2020 Mentored student awarded the Symposium on Yoga Research Swami Kuvalyananda Young Investigator Award  
 2019 Best Research Poster, American Therapeutic Recreation Association Research Institute  
 2019-2020 NIH Loan Repayment Program, NIH National Center for Complementary and Alternative Medicine  
 2019 Best Poster Award, Southeast Recreational Therapy Symposium  
 2019 Poster Award, *GRADS Research and Discovery Symposium*, Clemson University.  
 2018 Roster of Fellows, American Occupational Therapy Association  
 2016 Second Place Poster Award, American Congress of Rehabilitation Medicine  
 2015 Registered Yoga Teacher – 200 hour (RYT-200)  
 2014-2018 NIH Loan Repayment Program, NIH National Center for Complementary and Alternative Medicine  
 2014 Mitchell Rosenthal Award, American Congress of Rehabilitation Medicine  
 2014 Mentored Top Student Research Abstract and Invited Oral Presentation, Symposium on Yoga Research  
 2014 Top Research Abstract, Symposium on Yoga Research  
 2013 Second Place Poster Award, Stroke Special Interest Group, American Congress of Rehabilitation Medicine  
 2013 Hite Symposiums Speaker, Occupational Therapy Division, The Ohio State University

2012	Top 25 Hottest Articles (July-September): Balance and balance self-efficacy are associated with activity and participation after stroke: A cross-sectional study in people with chronic stroke, <i>Archives of Physical Medicine and Rehabilitation</i>
2011	Excellence in Research Award, IU School of Health and Rehabilitation Sciences
2011	First Place Poster Award, American Congress of Rehabilitation Medicine
2011	Invited Speaker, International Symposium on Yoga Research
2010	Indy's Best and Brightest Finalist, Top 10 in Health Sciences
2008	Excellence in Research Award, IU School of Health and Rehabilitation Sciences
2007	Selected Participant, Gerontological Society of America Fellows Mentoring Program, competitive submission
2007	Selected Participant, Enhancing Rehabilitation Research in the South (ERRIS), competitive submission
2005-2007	VA Associated Health Postdoctoral Professions Fellow Award, Department of Veterans Affairs
2005	Student Funding Award, American Geriatrics Society
2004-2005	VA Pre-Doctoral Fellowship Award, Department of Veterans Affairs

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### ***Leadership Training***

2025-2026	CSU Inaugural Ram Leadership Collaborative (<15% of applicants chosen from over 180)
2025	AOTA: A Mindful Path to Leadership Series: Exploring Your Leadership Journey
2025	AOTA: A Mindful Path to Leadership Series: Building Leadership Skills
2025	AOTA: A Mindful Path to Leadership Series: Mentoring and Leadership
2025	AOTA: A Mindful Path to Leadership Series: A Mindful Path to Advocacy
2024	Integrating Gratitude into Leadership
2024	Leveraging Strengths for Personal Effectiveness
2024	The Role of Emotional Intelligence in Leadership
2024	Building a Strengths-Based Culture
2024	Uncovering Bias
2023	Mindset of Supervisors (Clifton Strengths)
2023	Mindset of Supervisors (Clifton Strengths) (Part II)

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### ***The vision that guides my research and scholarship***

The guiding vision behind my research and scholarship is to advance occupational therapy as a practice that supports whole-person healing and participation in life. My work is grounded in the belief that recovery and well-being are not defined solely by physical function, but by a person's ability to engage meaningfully in daily activities, relationships, and roles. I aim to bridge traditional rehabilitation efforts with integrative, evidence-based approaches—such as yoga interventions—to create accessible, occupation-centered care that honors both body and mind. Through 20 years of research related to the benefits of yoga for individuals with disabilities, I have expanded the scope of occupational therapy by pushing the boundaries of what an OT can do to move toward holistic and integrative interventions. I have helped build evidence-based interventions for practitioners to address the needs of multiple neurological populations, but also to address fall prevention, pelvic health, and emotional intelligence.

Equally important is mentoring current faculty and future scholars and clinicians in intervention research, but also to think critically, reflect deeply, and lead with their strengths. Through these efforts, I strive to develop evidence to further strengthen occupational therapy's presence in interdisciplinary health care and to demonstrate our essential role in helping people live full and purposeful lives.

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## **Research**

### **PUBLISHED WORKS**

#### **Books**

1. Erb, M., & **Schmid, A. A.** (Eds.). (2021). *Integrative Rehabilitation Practice: The Foundations of Whole-Person Care for Health Professionals*. Singing Dragon.
2. **Schmid, A. A.** & Van Puymbroeck, M. (2018). *Yoga after stroke, a guide for therapists*. London: Singing Dragon

#### **Refereed Chapters in Books**

1. Van Puymbroeck, M., & **Schmid, A. A.** (in press). Yoga Therapy for Neurological Conditions. In Khalsa, S.B., Cohen, L., Telles, S., Cramer, H., McCall, T. (Eds.), *Principles and Practice of Yoga in Health Care* (2nd ed.). New York, Nova Science Publishers, Inc.
2. Schmid, A.A. (2023). Chapter 2. In Lee, E., & Pyatak, B. *50 Studies Every Occupational Therapist Should Know*. Oxford University Press.
3. **Schmid, A. A.**, Van Puymbroeck, M., Shiflett, S. C. (2015). Alternative, complementary, and integrative medicine. In J. Stein, R.L. Harvey, C.J. Winstein, R.D. Zorowitz, & G.F. Wittenberg, (Eds.), *Stroke recovery and rehabilitation* (2<sup>nd</sup> ed.). (pp. 609-622). New York: Demos Medical.
4. Van Puymbroeck, M., Allsop, J., & **Schmid, A. A.** (2015). Cerebrovascular accident (Stroke). In H. Porter (Ed.), *Recreational Therapy Handbook of Practice: ICF-based Diagnosis and Treatment* (2<sup>nd</sup> ed.). (pp. 103-113). Enumclaw, WA: Idyll Arbor.
5. Damush, T. & **Schmid, A. A.** (2013). Diagnosis and intervention targeting. In *VA QUERI Implementation Guide*. <http://www.queri.research.va.gov/implementation/>
6. Van Puymbroeck, M., & **Schmid, A. A.** (2014) Mind-body interventions. In H. Porter (Ed.), *Recreational Therapy Handbook of Practice: ICF-based Diagnosis and Treatment* (2<sup>nd</sup> ed). Enumclaw, Washington: Idyll Arbor.
7. **Schmid, A. A.**, Van Puymbroeck, M., & Schalk, N. (2010). Yoga and balance in older adults. *Lower Extremity*, 2(11), 39-43. <http://www.lowerextremityreview.com/article/yoga-helps-target-falls-fears-in-older-patients>

#### **Papers in Review**

Grove, A., Hernandez-Sarabia, J. A., Bell, C. **Schmid, A. A.**, & Stephens, J. A. (In Review). Feasibility of Heart Rate Monitoring During Yoga and Group Exercise in Adults with Brain Injury. *Occupational Therapy Journal of Research*.\*

Gibson, B., Portz, J.D., Fruhauf, C.A., Schmid, A.A. (In Review). Yoga Protocol Development for Older Adults with Multiple Chronic Conditions and Depression and Their Care-partners in a Mobile Health Intervention. *Journal of Applied Yoga Studies*.

### Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

1. Hernandez-Sarabia, J. A., **Schmid, A. A.**, & Stephens, J. A. (2025). Task-Dependent Neural Activity in the Posterior Parietal Cortex Is Associated with Better Balance in Adults with Acquired Brain Injury. *Brain Sciences*, 15(10), 1049. <https://doi.org/10.3390/brainsci15101049>. Impact Factor: 2.5
2. Browne, J. M., Reega, S. J., Rankins, E. M., **Schmid, A. A.**, & Peters, B. C. (2025). The Acceptability of Occupational Therapy Using Zones of Regulation™ Concepts in an Equine Environment to Autistic Children. *Behavioral Sciences*, 15(4), 495. <https://doi.org/10.3390/bs15040495>. Impact Factor: 2.5\*
3. Fyhrie, J. H., Le Fevre, E., Fruhauf, C. A., Weaver, J. A., & **Schmid, A. A.** (2025). Identifying Occupational Therapists' Perspectives on Their Unique Role in Pelvic Health Care. *OTJR: Occupational Therapy Journal of Research*, 15394492251359197. <https://doi.org/10.1177/15394492251359197>. Impact Factor: 1.5\*
4. Swink, L. A., Akay, R. B., Rich, T. L., Anderson, C. A., **Schmid, A. A.**, Christiansen, C. L., & Nearing, K. A. (2025). "I was angry that I fell" all the way to "if I fall, I fall": a qualitative study of the spectrum of behavioral fall risk factors for veterans with dysvascular lower-limb amputation. *Disability and Rehabilitation*, 1-11. <https://doi.org/10.1080/09638288.2025.2451206>. Impact factor: 2
5. Swink, L. A., Akay, R. B., Rich, T., Anderson, C. A., **Schmid, A.A.**, Christiansen, C. L., & Nearing, K. A. (2025). A Spectrum of Behavioral Fall Risk Factors for Veterans with Dysvascular Lower Limb Amputation: A critical need for Occupational Therapy Intervention. *The American Journal of Occupational Therapy*, 79(Supplement\_2), 7911500446p1-7911500446p1. <https://doi.org/10.5014/ajot.2025.79S2-CA21>. Impact Factor: 2.1
6. Beyers, C. N., Weaver, J. A., Huyber, C. M., Currin-McCulloch, J., & **Schmid, A. A.** (2025). Occupational Therapists' Perspectives and Role With Illness-Induced Trauma From Medical Conditions. *OTJR: Occupational Therapy Journal of Research*, 15394492241247735. <https://doi.org/10.1177/15394492241247735>. Impact Factor: 1.5. Number of citations: 3\*
7. **Schmid, A. A.**, Fruhauf, C., Sharp, J., Portz, J., Leach, H., & Van Puymbroeck, M. (2024) A Pilot Study to Establish Feasibility and Acceptability of a Yoga and Self-management Education Intervention to Support Caregivers and Care Receivers with Persistent Pain. *Frontiers in Rehabilitation Sciences*, 5, 1397220. <https://doi.org/10.3389/fresc.2024.1397220>. Impact Factor: 1.9. Number of citations: 1
8. Swink, L. A., So, N., Nearing, K. A., Juarez-Colunga, E., Plummer, P., **Schmid, A. A.**, & Christiansen, C. L. (2024). Exploring Dual-Task Performance Relationships for Veterans with Lower-Limb Amputation. *Occupational Therapy In Health Care*, 1-17. <https://doi.org/10.1080/07380577.2024.2442016>. Impact Factor: 1\*
9. Swink, L. A., Nearing, K. A., Juarez-Colunga, E. A., **Schmid, A.A.**, Plummer, P., & Christiansen, C. L. (2024). Veterans With Avascular Lower Limb Amputation: Exploring Dual Tasking, Falls, & Instrumental Activities of Daily Living. *The American Journal of Occupational Therapy*, 78(Supplement 2), 7811500047p1-7811500047p1. <https://doi.org/10.5014/ajot.2024.78S2-PO47>. Impact Factor: 2.1\*
10. Grieb E., **Schmid A.A.**, Riggs N., Stephens J.A. (2024) Executive function after yoga: Adults with acquired brain injury: A pilot study. *The American Journal of Occupational Therapy*, 78(2),

## Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

- 7802180150, 7802180130. <https://doi.org/10.5014/ajot.2024.050403>. Impact Factor: 2.1. Number of citations: 3\*
11. Weaver, J. A., Richard, A. K., Press, D., Gupta, K., **Schmid, A. A.**, & Stephens, J. A. (2024). Participants With Acquired Brain Injury Realized They “Could Still Do Things” After a Yoga Intervention: A Qualitative Descriptive Study. *The American Journal of Occupational Therapy*, 78(2), 7802180150. <https://doi.org/10.5014/ajot.2024.050409>. Impact Factor: 2.1. Number of citations: 5\*
  12. Hernandez-Sarabia, J. A., **Schmid, A. A.**, Sharp, J. L., & Stephens, J. A. (2024). Intervention-Induced Changes in Balance and Task-Dependent Neural Activity in Adults with Acquired Brain Injury: A Pilot Randomized Control Trial. *Sensors*, 24(13), 4047. <https://doi.org/10.3390/s24134047>. Impact Factor: 1.9. Number of citations: 3\*
  13. Peters, B. C., Gabriels, R., **Schmid, A. A.**, Lassell, R. K., Pan, Z., Hoffman, A., & Hepburn, S. (2024). Occupational Therapy Using Zones of Regulation™ Concept: A Feasibility Study. *OTJR: Occupational Therapy Journal of Research*, 15394492241246549. <https://doi.org/10.1177/15394492241246549>. Impact Factor: 1.5. Number of citations: 3\*
  14. Peters, B. C., Gabriels, R. L., **Schmid, A. A.**, Pan, Z., Merritt, T., Hoffman, A., & Hepburn, S. (2024). The Feasibility of Occupational Therapy using Zones of Regulation™ Concepts in an Equine Environment. *Frontiers in Psychiatry*, 15, 1401222. <https://doi.org/10.3389/fpsy.2024.1401222>. Impact Factor: 1.9. Number of citations: 4\*
  15. Stephens, J. A., Press, D., Atkins, J., Duffy, J. R., Thomas, M. L., Weaver, J. A., & **Schmid, A. A.** (2023). Feasibility of Acquiring Neuroimaging Data from Adults with Acquired Brain Injuries before and after a Yoga Intervention. *Brain Sciences*, 13(10), 1413. <https://doi.org/10.3390/brainsci13101413>. Impact Factor: 2.8. Number of citations: 5.\*
  16. Portz, J. D., **Schmid, A.A.**, Fruhauf, C., Fox, A., Van Puymbroeck, M., Sharp, J., & Leach, H. (2023). Acceptability of Online Yoga Among Individuals With Chronic Conditions and Their Caregivers: Qualitative Study. *JMIR Formative Research*, 7, e39158. <https://doi.org/10.2196/39158>. Impact Factor: 1.9. Number of citations: 10.\*
  17. Davis, L. W., **Schmid, A. A.**, Daggy, J. K., & Yang, Z. (2023). Mediators of improved PTSD symptoms in veterans and civilians following a yoga program. *Acta Neuropsychiatrica*, 1-9. <https://doi.org/10.1017/neu.2023.5>. Impact Factor: 2.5. Number of citations: 7
  18. Candray, H. A., Kinkel, C. L., Fox, A. L., Adler, K. E., Fling, B. W., Van Puymbroeck, M., ... & **Schmid, A. A.** (2023). An Exploration of Yoga in Occupational Therapy Practice for Multiple Sclerosis. *OTJR: Occupational Therapy Journal of Research*, 43(2), 313-321. <https://doi.org/10.1177/15394492221134033>. Impact Factor: 1.5. Number of citations: 1\*
  19. Stephens, J. A., Hernandez-Sarabia, J. A., Sharp, J. L., Leach, H. J., Bell, C., Thomas, M. L., ... & **Schmid, A. A.** (2023). Adaptive yoga versus low-impact exercise for adults with chronic acquired brain injury: a pilot randomized control trial protocol. *Frontiers in Human Neuroscience*, 17. <https://doi.org/10.3389/fnhum.2023.1291094>. Impact Factor: 2.7. Number of citations: 9\*
  20. Kelly, E., Wood, W., Stallones, L., **Schmid, A. A.**, & Peters, B. C. (2023). Integrating Horses in Psychotherapy for Transition-Aged Students: A Theory-Driven Logic Model. *Journal of Experiential Education*, 46(3), 342-363. <https://doi.org/10.1177/10538259221145936>. Impact Factor: 1.1.

## Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

Number of citations: 2\*

21. Hanson, M. R., Alm, K., Fields, B., Gabriels, R., **Schmid, A. A.**, Stallones, L., & Peters, B. C. (2023). The potential usefulness of standardized assessments to measure participant outcomes of adaptive/therapeutic horseback riding: a survey study. *Frontiers in Veterinary Science*, *10*. <https://doi.org/10.3389/fvets.2023.1303991>. Impact Factor: 2.9. Number of citations: 2\*
22. Leach, H. J., Hidde, M. C., Portz, J. D., Van Puymbroeck, M., Sharp, J. L., Fox, A. L., ... **Schmid, A. A.**, & Fruhauf, C. A. (2023). Matching exercise volume in active control groups for yoga interventions. *Altern. Ther. Health Med*, *29*(237-241), 35687710. PMID: 35687710. Impact Factor: 1.8. Number of citations: 4
23. Fox, A. L., Swink, L., Prabhu, N., Fruhauf, C. A., Portz, J. D., Van Puymbroeck, M., Sharp, J. L., Leach, H. J., & **Schmid, A. A.** (2022). Manual development for a multi-modal, dyadic intervention for persistent pain: A qualitative study. *British Journal of Pain*, *16*(5), 481-489. <https://doi.org/10.1177/20494637221090461>. Impact Factor: 1.5. Number of citations: 6\*
24. Hidde, M. C., Leach, H. J., DeBord, A., **Schmid, A. A.**, & Eagan, J. (2022). High-intensity interval training for reducing cancer-related fatigue in survivors of cancer: Challenges and solutions for translation and implementation in cancer rehabilitation. *Rehabilitation Oncology*, *40*(2), 89-92. <https://doi.org/10.1097/01.REO.0000000000000288>. Impact Factor: 0.9. Number of citations: 3\*
25. Kelly, E., Wood, W., Stallones, L., **Schmid, A. A.**, & Peters, B. C. (2022). Integrating Horses in Psychotherapy for Transition-Aged Students: A Theory-Driven Logic Model. *Journal of Experiential Education*, 10538259221145936. <https://doi.org/10.1177/10538259221145936>. Impact Factor: 1.1\*
26. Eakman, A. M., **Schmid, A. A.**, Rolle, N. R., Kinney, A. R., & Henry, K. L. (2022). Follow-up analyses from a wait-list controlled trial of occupational therapist-delivered cognitive-behavioral therapy for insomnia among veterans with chronic insomnia. *The American Journal of Occupational Therapy*, *76*(2). <https://doi.org/10.5014/ajot.2022.045682>. Impact Factor: 2.1. Number of citations: 22.
27. Allsop, V. L., **Schmid, A. A.**, Miller, K. K., Slaven, J. E., Daggy, J. K., Froman, A., Line, M, Sargent, C., French, D.D., Ang, D., Van Puymbroeck, M. & Bair, M. J. (2022). The Pain Outcomes Comparing Yoga vs. Structured Exercise (POYSE) Trial in Veterans With Fibromyalgia: Study Design and Methods. *Frontiers in Pain Research*, *3* <https://doi.org/10.3389/fpain.2022.934689>. Impact Factor: 2.7. Number of citations: 2.
28. Kinkel, C. L., Candray, H., Fruhauf, C. A., Adler, K. E., & **Schmid, A. A.** (2022). Merging Yoga and self-management Skills (MY-Skills) to influence self-efficacy among individuals with persistent pain: A pilot study. *Complementary Therapies in Clinical Practice*, 101678. <https://doi.org/10.1016/j.ctcp.2022.101678>. Impact Factor: 3. Number of citations: 1\*
29. Adams, E. V., Crowe, B. M., Vanadore, J., Van Puymbroeck, M., & **Schmid, A. A.** (2022). The Use of Yoga in Clinical Practice: A Descriptive Study. *OBM Integrative and Complementary Medicine*, *7*(2), 1-1. <http://dx.doi.org/10.21926/obm.icm.2202020>. Impact Factor: 2.3. Number of citations: 5 \*
30. Lassell, R. K., Cross, J. E., **Schmid, A. A.**, Davalos, D. B., & Wood, W. (2022). Feasibility of an Adaptive Riding Pilot Study and Acceptability to Dementia Care Partners: "Your Spirits are Lifted". *Complementary Therapies in Medicine*, 102897

**Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)**

- <https://doi.org/10.1016/j.ctim.2022.102897>. Impact Factor: 3.5. Number of citations: 3\*
31. Adams, E. V., Crowe, B. M., Van Puymbroeck, M., & **Schmid, A. A.** (2022). Yoga Practice As a Coping Strategy for Older Adults in Assisted Living Facilities: A Qualitative Content Analysis. *Integrative Medicine Reports*, 1(1), 59-65. <https://doi.org/10.1089/imr.2022.0028>. Impact Factor: 0.5. Number of citations: 1\*
  32. Adler, K. E., Muñoz, D., Knowles, C., Noe, A., Fruhauf, C. A., McGirr, K., Nelson, T.L. **Schmid, A. A.** (2021). Improving Diabetes Outcomes with a Multimodal Intervention for Less Advantaged Adults with Type 2 Diabetes. *OBM Integrative and Complementary Medicine*, 6(4), 1-28. <http://dx.doi.org/10.21926/obm.icm.2104043>. Impact Factor: 2.3. Number of citations: 1.
  33. Gibson, B. A., Van Puymbroeck, M., Fruhauf, C. A., **Schmid, A. A.**, & Portz, J. D. (2021). Yoga for caregiving dyads experiencing chronic pain: Protocol development for merging yoga and self-management to develop skills intervention. *International Journal of Yoga*, 14(3), 256. <https://pubmed.ncbi.nlm.nih.gov/35017869/>. Impact Factor: 1.1. Number of citations: 8.
  34. **Schmid, A. A.**, Sterneke, E. A., Do, A. N. L., Conner, N. S., Starnino, V. R., & Davis, L. W. (2021). The eight limbs of yoga can be maintained in a veteran friendly yoga program. *International Journal of Yoga*, 14(2), 127. [https://doi.org/10.4103/ijoy.ijoy\\_106\\_20](https://doi.org/10.4103/ijoy.ijoy_106_20). Impact Factor: 1.1. Number of citations: 23.
  35. Thomas, A., Kirschbaum, L., Crowe, B. M., Van Puymbroeck, M., & **Schmid, A. A.** (2021). The integration of yoga in physical therapy clinical practice. *Complementary Therapies in Medicine*, 59, 102712. <https://doi.org/10.1016/j.ctim.2021.102712>. Impact Factor: 3.5. Number of citations: 23.
  36. Rose, C. M., Adler, K. E., Dickman Portz, J., Andrews, A. P., & **Schmid, A. A.** (2021). Participant-perceived occupational outcomes after two years of yoga for chronic pain. *British Journal of Occupational Therapy*, 0308022620985779. <https://doi.org/10.1177/0308022620985779>. Impact Factor: 0.9. Number of citations: 2\*
  37. Allison, C. K., Van Puymbroeck, M., Crowe, B. M., **Schmid, A. A.**, & Townsend, J. A. (2021). The impact of an autonomy-supportive yoga intervention on self-determination in adults with intellectual and developmental disabilities. *Complementary Therapies in Clinical Practice*, 43, 101332. <https://doi.org/10.1016/j.ctcp.2021.101332>. Impact Factor: 3. Number of citations: 14\*
  38. Lassell, R., Wood, W., **Schmid, A. A.**, & Cross, J. E. (2021). A comparison of quality of life indicators during two complementary interventions: adaptive gardening and adaptive riding for people with dementia. *Complementary Therapies in Medicine*, 57, 102658. <https://doi.org/10.1016/j.ctim.2020.102658>. Impact Factor: 3.5. Number of citations: 23\*
  39. Adams, E. V., Van Puymbroeck, M., Crowe, B. M., Pury, C. L., Allison, C. K., & **Schmid, A. A.** (2021). Feasibility of Implementing Therapeutic Yoga in Assisted Living Facilities. *OBM Geriatrics*, 5(1), 1-1. <http://dx.doi.org/10.21926/obm.geriatr.2101148>. Impact Factor: 0.88. Number of citations: 3\*
  40. Adams EV, Puymbroeck MV, Hawkins BL, **Schmid A.A.** Perceived Psychosocial Benefits for Individuals with Parkinson's Disease Following Therapeutic Yoga : A Qualitative Analysis. *OBM Geriatrics* 2021;4(4):14; doi:10.21926/obm.geriatr.2004144. <http://dx.doi.org/10.21926/obm.geriatr.2004144>. Impact Factor: 0.88. Number of citations: 1\*
  41. Wiles, A. K., Van Puymbroeck, M., Crowe, B. M., & **Schmid, A. A.** (2021). An Investigation Into the Use of Yoga in Recreational Therapy Practice. *Therapeutic Recreation Journal*, 55(1), 78-96.

**Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)**

- <https://doi.org/10.18666/TRJ-2021-V55-I1-10145>. Impact Factor: 0.7. Number of citations: 3.
42. Kinney, A., **Schmid, A.A.**, Henry, K., Coatsworth, D., & Eakman, A. (2021) Combat exposure undermines student veterans' achievement of a meaningful life through its association with health-related symptoms: A longitudinal study. *Journal of American College Health*, 69:2, 142-150. <https://doi.org/10.1080/07448481.2019.1656637>. Impact Factor: 1.5. Number of citations: 11\*
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109. Van Puymbroeck, M., Allsop, J., Miller, K.K., & **Schmid, A. A.** (2015). ICF- based improvements in body structures and function, and activity and participation in chronic stroke following a yoga-based intervention. *American Journal of Recreation Therapy*, 13(3), 23-33. <https://doi.org/10.5055/ajrt.2014.0076>. Impact Factor: 2.3. Number of citations: 26\*
110. **Schmid, A. A.**, Arnold, S. E., Jones, V.A., Ritter, J., Sapp, S. A., & Van Puymbroeck, M. (2015). Fear of falling in people with chronic stroke. *American Journal of Occupational Therapy*, 69(3), 6903350020p1-6903350020p5. <https://doi.org/10.5014/ajot.2015.016253>. Impact Factor: 2.1. Number of citations: 96\*
111. Bair, M. J., Ang, D., Wu, J., Outcalt, S. D., Sargent, C., Kempf, C., Forman, A., **Schmid, A. A.**, Damush, T. M., Yu, Z., Davis, L. W., & Kroenke, K. (2015). Evaluation of stepped care for chronic pain (ESCAPE) in veterans of the Iraq and Afghanistan conflicts: A randomized clinical trial. *JAMA internal medicine*, 175(5), 682-689. <https://doi.org/10.1001/jamainternmed.2015.97>. Impact Factor: 23.3. Number of citations: 150.

## Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

112. **Schmid, A. A.**, Miller, K. K., Van Puymbroeck, M., & DeBaun-Sprague, E.. (2014). Yoga leads to multiple physical improvements after stroke. *Complementary Therapies in Medicine*, 22(6), 994-1000. <https://doi.org/10.1016/j.ctim.2014.09.005>. Impact Factor: 3.5. Number of citations: 124\*
113. Damush, T., Miller, K. K., Plue, L., **Schmid, A. A.**, Myers, L., Graham, G., & Williams, L. (2014). National implementation of acute stroke care centers in the Veterans Health Administration (VHA): Formative evaluation of the field's response. *Journal of General Internal Medicine*, 29 (Suppl 4), S845-852. <https://doi.org/10.1007/s11606-014-3036-1>. Impact Factor: 4.2. Number of citations: 14\*
114. **Schmid, A. A.**, Ofner, S., Shorr, R.I., Williams, L. S., & Bravata, D. (2014). Fall risk, physical functioning, and non-use of anticoagulation among stroke patients with atrial fibrillation. *QJM: An International Journal of Medicine*. 327(20), 1406-1412. <https://doi.org/10.1093/qjmed/hcu176>, Impact Factor: 6.5. Number of citations: 1.
115. Hill, V., Fisher, T., **Schmid, A. A.**, Crabtree, J., & Page, S. (2014). The relationship between touch sensation of the affected hand and performance of valued activities in individuals with chronic stroke. *Topics in Stroke Rehabilitation*, 21(4), 339-346. <https://doi.org/10.1310/tsr2104-339>. Impact Factor: 2.5. Number of citations: 14\*
116. Van Puymbroeck, M., Altenburger, P. A., Combs, S. A., Miller, K. K., Kean, J., & **Schmid, A. A.** (2014). The influence of mood related variables on activity and participation in individuals with chronic stroke. *Topics in Geriatric Rehabilitation*, 30(3), 216-222. <https://doi.org/10.1097/TGR.000000000000030>. Impact Factor: 0.7. Number of citations: 2\*
117. Combs, S. A., Kalpathi, A., Ertel, T., Tucker, L., Harmeyer, A., Colburn, D., & **Schmid, A. A.** (2014). Body weight-supported treadmill training vs. overground walking training for persons with chronic stroke: A pilot randomized controlled trial. *Clinical Rehabilitation*, 28(9), 873-884. <https://doi.org/10.1177/0269215514520773>. Impact Factor: 2.9. Number of citations: 113\*
118. **Schmid, A. A.**, Yaggi, H. K., Burrus, N., McClain, V., Austin, C., Ferguson, J., Fragoso, C., Sico, J. J., Miech, E. J., Matthias, M. S., Williams, L. S., & Bravata, D.M. (2013). Circumstances and consequences of falls among people with chronic stroke. *Journal of Rehabilitation Research and Development*, 50, 1277-1286. <https://doi.org/10.1682/jrrd.2012.11.0215>. Impact Factor: 1.6. Number of citations: 39.
119. Altenburger, P. A., Dierks, T. A., Miller, K. K., Combs, S. A., Van Puymbroeck, M., & **Schmid, A. A.** (2013). Examination of sustained gait speed during extended walking in individuals with chronic stroke. *Archives of Physical Medicine and Rehabilitation*, 94, 2471-2477. <https://doi.org/10.1016/j.apmr.2013.06.015>. Impact Factor: 3.7. Number of citations: 26\*
120. **Schmid, A. A.**, Van Puymbroeck, M., Altenburger, P. A., Miller, K. K., Combs, S. A., & Page, S. J. (2013). Balance is associated with quality of life in chronic stroke. *Topics in Stroke Rehabilitation*, 20, 340-346. <https://doi.org/10.1310/tsr2004-340>. Impact Factor: 2.5. Number of citations: 153\*
121. Miller, K. K., Combs, S. A., Van Puymbroeck, M., Altenburger, P. A., Kean, J., Dierks, T. A., & **Schmid, A. A.** (2013). Fatigue and pain: Relationships with physical performance and patient beliefs after stroke. *Topics in Stroke Rehabilitation*, 20, 347-355. <https://doi.org/10.1310/tsr2004-347>. Impact Factor: 2.5. Number of citations: 87\*
122. Van Puymbroeck, M., Davitt-Burk, B., Shinew, K., Kuhlenschmidt, M. C., & **Schmid, A. A.** (2013). Perceived health benefits from yoga among breast cancer survivors. *American Journal of Health*

## Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

- Promotion*, 27(5), 308-315. <https://doi.org/10.4278/ajhp.110316-QUAL-119>. Impact Factor: 2.4. Number of citations: 50.
123. Combs, S. A., Van Puymbroeck, M., Altenburger, P.A., Miller, K. K., Dierks, T. A., & **Schmid, A. A.** (2013). Is walking faster or walking farther more important to persons with chronic stroke? *Disability and Rehabilitation*, 35(10), 860-867. <https://doi.org/10.3109/09638288.2012.717575>. Impact Factor: 2. Number of citations: 97\*
124. Scott, P., Justiss, M. D., **Schmid, A. A.**, & Fisher, T. (2013). A framework for promoting scholarship productivity in occupational therapy curricula. *Occupational Therapy in Health Care*. 27(1), 35-45. <https://doi.org/10.3109/07380577.2012.757409>. Impact Factor: 1. Number of citations: 8.
125. **Schmid, A. A.**, Van Puymbroeck, M., Altenburger, P. A., Schalk, N. L., Dierks, T. A., Miller, K. K., ... Williams, L. S. (2012). Post-stroke balance improves with yoga: A randomized pilot study. *Stroke*, 43(9), 2402-2407. <https://doi.org/10.1161/STROKEAHA.112.658211>. Impact Factor: 8.9. Number of citations: 191\*
126. Page, S., **Schmid, A. A.**, & Harris, J. (2012). Optimizing terminology for stroke motor rehabilitation: Recommendations from the ACRM stroke movement interventions subcommittee. *Archives of Physical Medicine and Rehabilitation*, 93(8), 1395-1399. <https://doi.org/10.1016/j.apmr.2012.03.005>. Impact Factor: 3.7. Number of citations: 7.
127. Callahan, C. M., Boustani, M. A., **Schmid, A. A.**, Austrom, M. G., Miller, D. K., Gao, S., Morris, C. S., Vogel, M., & Hendrie, H. C. (2012). Alzheimer's disease multiple intervention trial (ADMIT): Study protocol for a randomized controlled clinical trial. *Trials*, 13(1), 92. <https://doi.org/10.1186/1745-6215-13-92>. Impact Factor: 2. Number of citations: 27.
128. **Schmid, A. A.**, Damush, T., Tu, W., Bakas, T., Kroenke, K., Hendrie, H., & Williams, L. (2012). Depression improvement is related to social role functioning after stroke. *Archives of Physical Medicine and Rehabilitation*, 93, 978-82. <https://doi.org/10.1016/j.apmr.2011.12.012>. Impact Factor: 3.7. Number of citations: 45
129. **Schmid, A. A.**, Van Puymbroeck, M., Altenburger, P. A., Dierks, T. A., Miller, K. K., Damush, T. M., & Williams, L. S. (2012). Balance and balance self-efficacy are associated with activity and participation after stroke: A cross-sectional study in people with chronic stroke. *Archives of Physical Medicine and Rehabilitation*, 93, 1101-1107. <https://doi.org/10.1016/j.apmr.2012.01.020>. Impact Factor: 3.7. Number of citations: 255 \*  
*Archives of Physical Medicine and Rehabilitation* Top 25 Hottest Articles (July-September).
130. Bravata, D. M., Ferguson, J., Miech, E.J., Agarwal, R., McClain, V., Austin, C., Struve, F., Foresman, B., Li, X., Wang, Z., Williams, L.S., Dallas, M.I., Couch, C. D., Sico, J., Fragoso, C., Matthias, M.S., Chumbler, N., Myers, J., Burrus, N., Dube, A., French, D. D., **Schmid, A. A.**, Concato, J., Yaggi, H.K. (2012). Diagnosis and treatment of sleep apnea in patients' homes: The rationale and methods of the "GoToSleep" randomized-controlled trial. *Journal Clinical Sleep Medicine*, 8(1), 27-35. <https://doi.org/10.5664/jcsm.1654>. Impact Factor: 2.9. Number of citations: 21.
131. Phipps, M. S., **Schmid, A. A.**, Kapoor, J. R., Peixoto, A.J., Williams, L. S., & Bravata, D.M. (2012). Orthostatic hypotension among outpatients with ischemic stroke. *Journal of the Neurological Sciences*, 314, 62-65. <https://doi.org/10.1016/j.jns.2011.10.031>. Impact Factor: 3.2. Number of citations: 45.

### Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

132. Van Puymbroeck, M., **Schmid, A. A.**, Shinew, K., & Hsieh, P. C. (2011). Influence of hatha yoga on physical activity constraints, physical fitness, and body image of breast cancer survivors: A pilot study. *International Journal of Yoga Therapy*, 21, 49-60. <https://doi.org/10.17761/ijyt.21.1.n852143rv21x188u>. Impact Factor: 1.1. Number of citations: 61.
133. Van Puymbroeck, M., Smith, R., & **Schmid, A. A.** (2011). Yoga as a means to negotiate physical activity constraints in middle-aged and older adults. *International Journal on Disability and Human Development*, 10(2), 117-21.
134. **Schmid, A. A.**, Kapoor, J. R., Miech, E. J., Kuehn, D., Dallas, M. I., Kerns, R.D., Lo, A. C., Concato, J., Phipps, M., Couch, C. D., Moran, E., Williams, L. S., Goble, L.A., & Bravata, D. M. (2011). A multidisciplinary stroke clinic for the outpatient care of veterans with cerebrovascular disease. *Journal of Multidisciplinary Healthcare*, 4, 111-118. <https://doi.org/10.2147/JMDH.S17154>. Impact Factor: 2.4. Number of citations: 9.
135. **Schmid, A. A.**, Kroenke, K., Hendrie, H. C., Bakas, T., Sutherland, J. M., & Williams, L. S. (2011). Poststroke depression and treatment effects on functional outcomes. *Neurology*, 6, 1000-1005. <https://doi.org/10.1212/WNL.0b013e318210435e>. Impact Factor: 8.4. Number of citations: 129.
136. **Schmid, A. A.**, Van Puymbroeck, M., Knies, K., Spangler-Morris, C., Watts, K., Damush, T., & Williams, L. S. (2011). Fear of falling among people who have sustained a stroke: A 6-month longitudinal pilot study. *The American Journal of Occupational Therapy*, 65, 125-132. <https://doi.org/10.5014/ajot.2011.000737>. Impact Factor: 2.1. Number of citations: 102\*
137. **Schmid, A. A.**, Andersen, J., Kent, T., Williams, L., & Damush, T. (2010). Using intervention mapping to develop and adapt a secondary stroke prevention program in Veterans Health Administration medical centers. *Implementation Science*, 5(1), 97. <https://doi.org/10.1186/1748-5908-5-97>. Impact Factor: 13.4. Number of citations: 53.
138. **Schmid, A. A.**, Wells, C., Concato, J., Dallas, M., Lo, A., Nadeau, S., Williams, L., Peixoto, A., Gorman, M., Boise, J., Struve, F., McClain, V., & Bravata, D. (2010). Prevalence, predictors, and outcomes of post-stroke falls in acute hospital setting. *Journal of Rehabilitation Research and Development*, 47(6), 553-562. <https://doi.org/10.1682/jrrd.2009.08.0133>. Impact Factor: 1.6. Number of citations: 64.
139. **Schmid, A. A.**, Van Puymbroeck, M., & Kocaja, D. (2010). Effect of a 12-week yoga intervention on fear of falling and balance in older adults: A pilot study. *Archives of Physical Medicine and Rehabilitation*, 91, 576-583. <https://doi.org/10.1016/j.apmr.2009.12.018>. Impact Factor: 3.7. Number of citations: 304.
140. **Schmid, A. A.**, Kapoor, J. R., Dallas, M., & Bravata, D. M. (2010). Association between stroke severity and fall risk among stroke patients. *Neuroepidemiology*, 34(3), 158-162. <https://doi.org/10.1159/000279332>. Impact Factor: 4. Number of citations: 35.
141. **Schmid, A. A.**, Damush, T. M., Plue, L., Subramanian, U., Bakas, T., & Williams, L.S. (2009). Current blood pressure self-management: A qualitative study. *Rehabilitation Nursing*, 34(6), 223-9. <https://doi.org/10.1002/j.2048-7940.2009.tb00254.x>. Impact Factor: 1. Number of citations: 22.

## Refereed Journal Articles (\*includes a student, graduate, or other mentee as an author)

142. **Schmid, A.A.**, Acuff, M., Doster, K., Gwaltney-Duiser, A., Whitaker, A., Damush, T., Williams, L., & Hendrie, H. (2009). Poststroke fear of falling in the hospital setting. *Topics in Stroke Rehabilitation*, 16(5), 357-66. <https://doi.org/10.1310/tsr1605-357>. Impact Factor: 2.5. Number of citations: 90\*
143. **Schmid, A.A.** & Rittman, M. (2009). Consequences of Post-Stroke Falls: Activity limitation, increased dependence, and the development of fear of falling. *American Journal of Occupational Therapy*, 63(3), 310-316. <https://doi.org/10.5014/ajot.63.3.310>. Impact Factor: 2.1. Number of citations: 177.
144. **Schmid, A.A.**, Butterbaugh, L., Egolf, C., Richards, V., & Williams, L.S. (2008). Prevention of secondary stroke in VA: Role of occupational and physical therapists. *Journal of Rehabilitation Research and Development*, 45(7), 1019-1026. Impact Factor: 1.6. Number of citations: 39\*
145. **Schmid, A.A.**, Duncan, P. W., Studenski, S., & Richards, L. (2008) Response to letter by Lord and Rochester. *Stroke*. 39(4), e76. <https://doi.org/10.1161/STROKEAHA.107.508085>. Impact Factor: 8.9. Number of citations: 1.
146. **Schmid, A.A.**, Duncan, P.W., Studenski, S., Min Lai, S., Richards, L., Perera, S., & Wu, S. S. (2007). Improvements in speed-based gait classifications are meaningful. *Stroke*, 38(7), 2096-2100. <https://doi.org/10.1161/STROKEAHA.106.475921>. Impact Factor: 8.9. Number of citations: 898.
147. **Schmid, A.A.**, & Rittman, M. (2007). Fear of falling: An emerging issue after stroke. *Topics in Stroke Rehabilitation*, 14(5), 46-55. <https://doi.org/10.1310/tsr1405-46>. Impact Factor: 2.5. Number of citations: 93.
148. Damush, T. M., Plue, L., Bakas, T., **Schmid, A.A.**, & Williams, L.S. (2007). Barriers and facilitators to exercise among stroke survivors. *Rehabilitation Nursing*, 32(6), 253-260, 262. <https://doi.org/10.1002/j.2048-7940.2007.tb00183.x>. Impact Factor: 1. Number of citations: 289.
149. Chumbler, N. R., Mann, W.C., Wu, S., **Schmid, A.A.**, & Kobb, R. (2004). The association of home-telehealth use and care coordination on the improvement of functional and cognitive functioning in frail elderly men. *Telemedicine Journal and E-Health*, 10(2), 129-37. <https://doi.org/10.1089/tmj.2004.10.129>. Impact Factor: 2. Number of citations: 101.

## CONTRACTS & GRANTS

### Externally-Funded Projects as PI or MPI

- |           |  |
|-----------|--|
| 2025-2026 | Yoga and Education After Brain Injury. Mindsource. Amount: \$10,000. Role: M-PI (shared with Dr. Weaver).  |
| 2018-2021 | Merging Yoga and Self-Management to Develop Skills (MY-Skills). NIH National Center for Complementary and Integrative Health, R34 Planning Grant (1 R34 AT009688-01). Amount: \$663,271. Role: M-PI (shared with Dr. Christine Fruhauf). |
| 2018      | Merging Yoga and Group Occupational Therapy for Parkinson's Disease (MY-OT for PD). LSVT-Global small student grant mechanisms. Amount: \$1,500. Role: PI/mentor (mentor to Laura Swink).  |

- 2018-2019 Adding Yoga for Matter of Balance in Older Adults who Live in Rural Settings. M. Smith Family Foundation through Clemson University. Amount: \$30,000. Role: M-PI (shared with Dr. Marieke Van Puymbroeck).
- 2015-2016 Community-Based Adapted Group Yoga for People with Stroke or Acquired Brain Injury: Efficacy and Feasibility. State of Indiana Community Health Engagement Program. Amount: \$25,000. Role: M-PI (shared with Dr. Kristine Miller).
- 2014-2015 Merging Yoga and Group Occupational Therapy (MY-OT). American Occupational Therapy Foundation/American Occupational Therapy Association (AOTFIRG13). \$50,000. Role: PI
- 2008-2012 Re-establishing Social Participation After Stroke. Department of Veterans Affairs, Rehabilitation Research and Development Career Development Award, D6174W. Amount: \$607,713. Role: PI
- 2010-2011 Healthy After Stroke: Yoga as a Complex Intervention for Veterans with Stroke. Department of Veterans Affairs, Quality Enhancement Research Initiative, RRP 09-195. Amount: \$131,677. Role: PI
- 2004-2005 The impact of post-stroke mobility on activity and participation. Department of Veterans Affairs, Rehabilitation Research and Development, Pre-doctoral award. Amount: \$19,500. Role: PI

**Externally-Funded Projects as Investigator or role other than PI or Co-PI**

- 2022-2026 Evaluating Yoga Intervention-Induced changes in Performance and Neurophysiology in Adults with Chronic Brain Injury. Boettcher #2314. PI: Stephens, J. Role: co-investigator and mentor. Amount: \$250,000.
- 2022-2025 Preliminary efficacy of occupational therapy integrating horses on self-regulation in youth with autism spectrum disorder. NIH 1R21HD109957-01. PI: Peters, C. Role: co-investigator. Amount: \$195,689.
- 2023-2025 Establishing current state of practice for using therapeutic yoga with older adults. Health Sciences Center at Prisma Health. PI: Adams. Role: co-investigator. Amount \$19,903
- 2019-2020 Merging Yoga, Occupational Therapy and Education for Diabetes (MY-OT-Ed). PI: Adler, K. American Occupational Therapy Foundation. Amount: \$49,996.79. Role: Mentor
- 2014-2018 Outcomes of a Holistic Yoga Program Designed to Relieve PTSD (RELIEVE trial). Department of Veterans Affairs, Rehabilitation Research and Development, Merit/IIR (I01RX001487). PI: Davis, LW. Role: Co-investigator Amount: \$1,302,245.

- 2013-2017 Pain Outcomes Comparing Yoga versus Structured Exercise (D1100-R) Trial. Department of Veterans Affairs, Rehabilitation Research and Development. PI: Bair, M. Role: Co-investigator. Amount: \$1,099,992.
- 2015-2016 Restoring Effective Sleep Tranquility in College Veterans with Service-Related Injuries. Wounded Warriors Project. PI: Eakman, A. Role: Co-investigator Amount: \$220,000.
- 2015-2016 Mindful Leaders Faculty Training: Integrating Mindfulness for Transformational Leadership. The Center for the Contemplative Mind in Society. PI: Hentschel, M. Role: Co-investigator. Amount: \$5,000.
- 2012-2016 Stroke Self-Management: Effect on Function and Stroke Specific Quality of Life. Department of Veterans Affairs, QUERI (SDP 10-379). PI: Damush, T. Role: Co-investigator. Amount: \$1,099,904.
- 2010-2015 Alzheimer's Disease Multiple Intervention Trial – ADMIT. NIH-NIA 1R01AG034946-01A1. PI: Callahan, C. Role: Co-investigator Amount: \$2,824,191.
- 2005-2013 VA Stroke Quality Enhancement Research Initiative (QUERI) Center. VA HSR&D (STR 03-168). PI: Williams, L. Involvement ceased in 2013. Role: Co-investigator. Amount: \$570,000 annually.
- 2012-2013 VISN Implementation of VA Acute Stroke Care Center: Formative Evaluation. Genentech. PI: Damush, T. Role: Co-investigator. Amount: \$236,981.
- 2007-2011 Adapting Tools to Implement Stroke Risk Management to Veterans. Department of Veterans Affairs, IIR-05-297-2. PI: Damush, T. Role: Co-investigator. Amount: \$608,288.
- 2006-2011 Effectiveness of Step Care for Chronic Pain in Iraq/Afghanistan Veterans (ESCAPE). Department of Veterans Affairs, IIR F44371. PI: Bair, M. Role: Co-investigator. Amount: \$747,000.

#### **Internally-Funded Awards**

- 2024-2025 CSU Graduate School award to support mentoring across the College and in the Department of OT. \$5,000. Role: PI
- 2024 SPARK funding as an internship site host to support 5 undergraduate students in our lab. \$5000. Role: M-PI
- 2023-2026 Translational Neurological Lab. Colorado State University Office of the Vice President for Research, SPUR Award. \$282,538. Role: M-PI and Director of Intervention Research (with Drs. Stephens and Weaver)
- 2023-2024 A Mobile Intervention – Merging Yoga and Self-Management Skills (MY-Skills Mobile) for Managing Symptoms of Long COVID. UHealth Integrated medicine Center, University of Colorado School of Medicine. \$10,000. Role: Co-investigator (with Jennifer Portz, PhD)

- 2022-2023 Feasibility of Trauma Focused Cognitive Behavioral Therapy for Youth Sexual Violence. CSU CHHS Seed grants. \$7,000. Role: Co-investigator (with Jamie Yoder, PhD)
- 2020-2022 Piloting an Enhanced Protocol to Evaluate the Effects of Occupational Therapy in an Equine Environment for Youth with Autism. Colorado State University School of Social Work Human-animal Interaction Pilot Grant. \$47,916. Role: Co-investigator (with Caiti Peters, PhD, OTR)
- 2020-2022 A Mobile Intervention Merging Yoga and Self-Management Skills (MY-Skills Mobile) for Older Adults with Multiple Chronic Conditions. CU General Internal Medicine. \$22,000. Role: co-investigator (with Jennifer Dickman Portz, PhD)
- 2020 Virtual Mentoring Experience for Masters of Occupational Therapy Students. CSU Faculty Service Learning Mini-Grant. \$1000. Role: co-investigator (with Andrew Persch, PhD, OTR)
- 2019 Programs of Research and Scholarly Excellence (PRSE) funds to support research students to strengthen pilot study being completed with foundation funding. \$10,000. Role: Co-PI
- 2018 Merging Yoga and Occupational Therapy for Older Adults with Cancer. CSU OT Programs of Research and Scholarly Excellence (PRSE) funds. \$15,957. Role: Co-PI (with Adler, PhD and Pergoletti, PhD)
- 2017 Taking on Diabetes to Advance You (TODAY) Phase 2. CSU OT Programs of Research and Scholarly Excellence (PRSE) funds. \$31,145. Role: Co-PI (with Malcolm, PhD)
- 2015-2016 Self-management And Yoga after Chronic Pain. CSU Prevention Center. \$49,988. Role: PI
- 2015-2016 Feasibility and Pilot Study of Yoga after Traumatic Brain Injury. CSU CHHS Mini-grant. \$10,000 (\$5000 grant, \$5000 CSU OT match). Role: PI
- 2014-2015 Less Neuropathy with Yoga (LeNY). CSU CHHS Mini-grant. \$8000. Role: PI
- 2014-2015 Therapeutic Yoga to Improve Function in Parkinson's Disease: A Randomized Pilot Study. Clemson University College of Health Education, and Human Development Interdisciplinary Research Innovation. \$20,000. Role: Co-Investigator (with Van Puymbroeck, PhD)
- 2014-2015 CSU OT Programs of Research and Scholarly Excellence (PRSE) funds. \$4000. Funds were used for training and to support a thesis student's data collection. Role: PI
- 2014 CSU OT Programs of Research and Scholarly Excellence (PRSE) funds. \$1500. Funds were used to support a thesis student's data collection. Role: PI
- 2011-2013 Imaging to Understand the Neurobiological Mechanisms Underlying Facial Affect Recognition Deficits in Traumatic Brain Injury. Indiana University CBRAIN. \$33,000. Role: Co-Investigator (with Neumann, PhD)

- 2011-2013 Neurobiological Mechanisms Underlying Facial Affect Recognition Deficits in Traumatic Brain Injury. Indiana University CRG grants. \$57,283. Role: Co-Investigator (with Wang, PhD)
- 2011-2012 SHRS Student Learning and Research Facilitation Lab. IU Learning Environments Grant. \$25,000. Role: PI
- 2009-2011 Post-Stroke Mobility and Social Participation – What is Important? IU CTSI. \$18,865. Role: PI
- 2010-2011 Comparison of Short Bursts of Body Weight Treadmill vs Overground Walking in Chronic Stroke. University of Indianapolis. \$5,000. Role: Co-Investigator (with Combs, S. PhD)
- 2008-2010 A Pilot Test of Post-Stroke Exercise and Health Promotion. IU Leisure Research Institute. \$10,000. Role: Co-Investigator (with Van Puymbroeck, PhD)
- 2008 Influence of Yoga on Fall Risk Factors in Older Adults. IU Bloomington, Faculty Research Support Program. \$24,973. Role: Co-Investigator (with Van Puymbroeck, PhD)
- 2008 Falls after Stroke and Impact on Participation. IU Center for Aging Research Roybal Pilot Funds. \$25,000. Role: PI
- 2006-2008 The Exploration of the Development of Fear of Falling After Stroke. Role: PI. IU Center for Aging Research Roybal Pilot Funds. \$50,000. Role: PI

#### **NIH Loan Repayment Mentor**

- 2024-2026 NIH LRP Mentor for Dr. Jen Weaver.
- 2024-2026 NIH LRP Mentor for Dr. Trish Grady.

#### **In Review**

- In review Merging Yoga and Self-Management Skills (MY-Skills) for Individuals with Persistent Pain and their Care Partners. NIH National Center for Complementary and Integrative Health. *Role: Multi-PI. \*Resubmission*
- In Review Advancing Whole Person Health after Traumatic Brain Injury: A Two-Site Feasibility RCT of a Yoga Intervention. NIH National Center for Complementary and Integrative Health. *Role: co-investigator (and yoga research mentoring).*
- In Review Yoga to enhance cancer recovery. American Cancer Society. PI: Leach. *Role: co-investigator.*

In Review	Mobile Intervention Merging Yoga and Self-Management (MY-Skills Mobile) for Depressive Symptoms among Individuals with Multiple Chronic Conditions and their Care Partners. NIH National Institute of Aging. PI: Portz. <u>Role</u> : CSU Cite-PI.
Planned	AOTF Implementation Award submissions in November: PI: Weaver. <u>Role</u> : Mentor.

**PAPERS PRESENTED/ SYMPOSIA/ INVITED LECTURES/ PROFESSIONAL MEETINGS/ WORKSHOPS** ^indicates student, mentee, or graduate with whom project was completed  
 \*indicates invited presentation

1. **Schmid, A.A.** Weaver, J.A., Leach, H., Grove, A.M., Bombino-Elliott, J.A., Stephens, J.A. (Accepted 2026). Adaptive Group Yoga & Exercise Improve Balance and Neurophysiology in Adults with Acquired Brain Injury. World Federation of Occupational Therapy. Bangkok, Thailand.^ (poster)
2. Beyers, C., Huber, C., Weaver, J., **Schmid, A.A.** (Accepted 2026). Occupational therapists' perspectives with addressing illness-induced trauma in medical settings. World Federation of Occupational Therapy. Bangkok, Thailand.^
3. Grieb, E., Stephens, J.A., Riggs, N. **Schmid, A.A.** (Accepted 2026). Executive Function After Yoga: Adults With Acquired Brain Injury—A Pilot Study. World Federation of Occupational Therapy. Bangkok, Thailand.^ (poster)
4. Bombino-Elliott, J.A., Grove, A.M., **Schmid, A.A.** Stephens, J.A. Weaver, J.A. (Accepted 2026). Identifying Better Strategies to Engage Participants with Brain Injury in Adaptive Yoga and Group Exercise Programming. World Federation of Occupational Therapy. Bangkok, Thailand.^
5. Callahan, M. L., Fyffe, L. A., Daugherty, B. M., & **Schmid, A. A.** (Accepted 2026). Occupational therapy collaborating with preschool teachers to integrate a yoga toolkit for self-regulation in the classroom. AOTA INSPIRE 2026 Annual Conference & Expo, Anaheim, CA. (poster)
6. Alsubaie L, **Schmid A.A.**, Stephens J, Weaver J. (Accepted 2025). Strategies to Improve Initiation and Engagement in Adaptive Exercise Programs for Individuals with Acquired Brain Injury. American Congress of Rehabilitation Medicine. Chicago, IL.^ (poster)
7. **Schmid, A.A.** (2025). The progress of yoga research and practice for individuals with acquired brain injury. Invited lecture. Neuroscience and Yoga Conference. Online.
8. Stephens, J.A. **Schmid, A.A.** (2025). Feasibility of using chest-strap monitors to measure heartrate during interventions in adults with brain injury. OT Summit. Seattle, WA.
9. **Schmid, A.A.** (2025). Yoga for All of Us and for Fall Prevention. Invited lecture. Fort Collins Fall Prevention Day. Fort Collins, CO.\*
10. Swink, L., **Schmid, A.A.** (2025). A Spectrum of Behavioral Fall Risk Factors for Veterans With Dysvascular Lower Limb Amputation: A Critical Need for OT Intervention. AOTA. Philadelphia, PA.
11. Bombino-Elliott JA, Grove AM, **Schmid AA**, Stephens JA, Weaver JA. (2025). Facilitators and Barriers Expected by Participants with Acquired Brain Injury When Engaging in Adaptive Group Exercise Programs. International Brain Injury Association 15th World Congress. Montreal, Canada.^ (Poster)
12. Grove AM, Bombino-Elliott JA, **Schmid AA**, Stephens JA, Weaver JA. (2025). Group Yoga and Group Low-Intensity Exercise Facilitate Distinct Personal Factor Changes in Individuals with Acquired Brain Injury: A Qualitative Descriptive Study. International Brain Injury Association 15th World Congress. Montreal, Canada.^ (Poster)
13. Grove A, Bombino-Elliott J, **Schmid AA**, Stephens JA, Weaver JA. (2025). Comparing Personal Factor Changes in Individuals with Acquired Brain Injury Engaging in Adaptive Physical Activity Programs. 40th Annual Pacific Rim International Conference on Disability. Honolulu, Hawaii.^ (Poster)

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\*indicates invited presentation

14. Weaver JA, Bombino-Elliott J, Grove A, **Schmid AA**, & Stephens JA. (2025). Barriers and Facilitators to Engagement in Group Exercise Among Individuals with Acquired Brain Injury. 40th Annual Pacific Rim International Conference on Disability. Honolulu, Hawaii. ^ (25' Oral Presentation)
15. **Schmid AA**, Weaver JA, Stephens JA. Adapted Physical Activity Improves Outcomes After Brain Injury: A Mixed Methods Pilot Study of Adapted Yoga and Low-Intensity Exercise. April 15, 2025, Honolulu, Hawaii. (60' Oral Presentation)
16. Russell, S. J., **Schmid, A. A.**, Weaver J. A., & Stephens, J. A., (2025). Occupational therapy's role in sports-related rehabilitation: a narrative review. North Carolina Occupational Therapy Association Regional Spring Conference 2025, Winston-Salem, NC, United States. ^ (poster)
17. Grove AM, Elliott-Bombino JA, **Schmid AA**, Leach HJ, Stephens JA, Weaver JA. (2025). Group Yoga and Low-Intensity Exercise Facilitate Distinct Personal Factor Changes. CSU College of Health and Human Science Research Day. Fort Collins, CO. ^ (Poster)
18. Bombino-Elliott JA, Grove AM, **Schmid AA**, Leach HJ, Stephens JA, Weaver JA. (2025). Factors Influencing Engagement in Adaptive Group Exercise Following Acquired Brain Injury. CSU College of Health and Human Science Research Day. Fort Collins, CO. ^ (Poster)
19. **Schmid, A.A.**, Van Puymbroeck, M., Weaver, J., Stephens, J. (2024). The Progress of Yoga Research and Practice for Individuals with Acquired Brain Injury. Invited lecture. Symposium on Yoga Research. Research. Stockbridge, MA\*
20. Alsubaie L, **Schmid A.A.**, Stephens J, Weaver J. (2024). Group Yoga and Exercise Facilitated a Sense of Belonging for Participants with Acquired Brain Injury: A Qualitative Study. American Congress of Rehabilitation Medicine. Chicago, IL. ^ (Poster)
21. Swink, L. A., Nearing, K. A., Juarez-Colunga, E. A., **Schmid, A.A**, Plummer, P., & Christiansen, C. L. (2024). Veterans With Avascular Lower Limb Amputation: Exploring Dual Tasking, Falls, & Instrumental Activities of Daily Living. *The American Journal of Occupational Therapy*, 78(Supplement 2), 7811500047p1-7811500047p1. ^
22. Fyhrie, J., **Schmid, A.A**, Le Fevre, E., Weaver, J., & Fruhauf, C. A. (2024). OTs' Perspectives on Their Unique Role in Pelvic Health. *The American Journal of Occupational Therapy*, 78(Supplement\_2), 7811500263p1-7811500263p1. ^
23. Alsubaie L, **Schmid A.A.**, Stephens J, Weaver J. (2024). Group Yoga and Exercise Facilitated Self-Efficacy and Community Integration for Participants with Acquired Brain Injury: A Qualitative Study. CSU OT Knowledge Exchange. Fort Collins, CO (Poster). ^
24. **Schmid, A.A.**, (2024) Yoga as an every day part of life. Invited lecture and yoga teaching, Enchanted Light Retreat, Seaview, WA. \*
25. Beyers, C. N., Weaver, J., Huyber, C., Currin-McCulloch, J., & **Schmid, A.A** (2024). OTs' Perspectives With Addressing Illness-Induced Trauma in Medical Settings. *The American Journal of Occupational Therapy*, 78(Supplement\_2), 7811500287p1-7811500287p1. ^
26. Hernandez-Sarabia, J.A., Stephens, J.A., Sharp, J.L., and **Schmid, A.A**. Yoga vs. exercise on balance and neurophysiology after brain Injury. Presented at CHHS Research Day 2024, Fort Collins, CO. Mar 5, 2024. ^
27. Hernandez-Sarabia, J.A., **Schmid, A.A.**, and Stephens, J.A. The effects of physical activity on balance and neural activity in adults with brain injury: Preliminary findings. Presented at Health and Exercise Science Seminar, Fort Collins, CO. Mar 29, 2024. ^
28. Hernandez-Sarabia, J.A., Sharp, J.L., **Schmid, A.A.**, and Stephens, J.A. Adults with chronic brain injury have improved balance and changes in neurophysiology after eight weeks of yoga and low-impact exercise.

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\*indicates invited presentation

- Podium Presentation at Rocky Mountain American Society of Biomechanics 2024 Meeting, Estes Park, CO. Apr 5, 2024.^
29. Peters, B.C., **Schmid, A.**, Gabriels, R., Hepburn, S., Aichele, S., Rankins, E., & Reega, S. (2024) Occupational Therapy Integrating Horses to Promote Self-regulation in Autistic Youth: An Ongoing Randomized Controlled Trial. Horses and Humans Research Foundation Conference. San Diego, CA. [Presentation].
  30. Peters, B.C., **Schmid, A.**, Gabriels, R., Pan, Z, & Hepburn, S. (2024) The Feasibility, Acceptability, and Preliminary Efficacy of Occupational Therapy using Zones of Regulation™ in Clinic and Equine Environments for Autistic Youth. American Hippotherapy Association, Inc. Biennial Conference. Jacksonville, FL. [Virtual Presentation].
  31. **Schmid, A.A.** (2023). Invited to speak at Yamagata University. Eight different presentations in Yamagata Japan, all presentations were about integrating yoga into OT practice. Yamagata, Japan\*^
  32. **Schmid, A.A.**, (2023) Yoga for stroke recovery. Invited lecture, Neuroscience and Yoga Online Conference, New York, NY\*
  33. **Schmid, A.A.**, (2023) Yoga for neuropathy. Invited lecture, Neuroscience and Yoga Online Conference, New York, NY\*
  34. **Schmid, A.A.**, (2023) Yoga as we age. Invited lecture and yoga teaching, Enchanted Light Retreat, Seaview, WA.\*
  35. **Schmid, A.A.**, (2023) Lightning Talk. College Research Day. Fort Collins, CO.\*
  36. Peters, B.C., **Schmid, A.A.**, Gabriels, R., Pan, Z., & Hepburn, S. (2023) The Feasibility, Acceptability, and Preliminary Efficacy of Occupational Therapy using Zones of Regulation® in Clinic and Equine Environments for Autistic Youth. Occupational Therapy Summit of Scholar, Columbus, OH.^
  37. Portz, J.D., Valdez, C., Fruhauf, C.A. **Schmid, A.A.** (2023). A mobile intervention merging yoga and self-management skills (MY-Skills Mobile) for Individuals experiencing symptoms of long covid. Symposium on Yoga Research, Stockbridge, MA.
  38. Weaver JA, Scherer L, Papadimitriou C, **Schmid AA** Matlock D, Giacino J, Mallinson T. Examining Shared Decision Making in Brain Injury Rehabilitation: A Case Study. CSU-CU Summit, Denver, Colorado. Poster Presentation on August 16, 2023.^
  39. Beyers, C., Weaver, J.A., Huyber, C., Currin-McCulloch, J., McComb, A.C. & **Schmid, A.A.** (2023,). Occupational therapists' perspectives and role with illness-induced trauma [Poster session]. Colorado State University- Department of Occupational Therapy Knowledge Exchange, Fort Collins, CO.^
  40. Le Fevre, E., Fyhrie, J., Weaver, J., Fruhauf, C. A., & **Schmid, A. A.** (2023). Occupational therapists in pelvic healthcare: Perceptions and value within a collaborative practice [Poster session]. Colorado State University- Colorado State University- Department of Occupational Therapy Knowledge Exchange, Fort Collins, CO.^
  41. Fyhrie, J., Le Fevre, E., Weaver, J.A., Fruhauf, C.A., & **Schmid, A.A.** (2023,). Occupational therapists' perspectives on their unique role in pelvic health[Poster session]. Colorado State University- Department of Occupational Therapy Knowledge Exchange, Fort Collins, CO.^
  42. Le Fevre, E., Fyhrie, J., Weaver, J., Fruhauf, C.A., & **Schmid, A.A.** (2023). Pelvic health occupational therapists' (PHOT) approach, value, and communication [Poster session]. Colorado State University- College of Health and Human Sciences Research Day, Fort Collins, CO.^
  43. Fyhrie, J., Le Fevre, E., Weaver, J.A., Fruhauf, C.A., & **Schmid, A.A.** (2023). Occupational therapists' perspectives on their unique role in pelvic health[Poster session]. Colorado State University- College of Health and Human Sciences Research Day, Fort Collins, CO.^

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\*indicates invited presentation

44. Crowe, B.M., Van Puymbroeck, M., Adams, E., & **Schmid, A.A.** (2023). The use of yoga as a leisure-stress coping strategy. World Leisure Organization, 17<sup>th</sup> World Leisure Congress. Dunedin, New Zealand.
45. Van Puymbroeck, M., **Schmid, A.A.**, Adams, E.V., & Crowe, B. (2023). Yoga for People who have Sustained a Stroke: Adaptations and Modifications. World Leisure Organization, 17<sup>th</sup> World Leisure Congress. Dunedin, New Zealand.
46. Adams, E.V., Crowe, B.M., Van Puymbroeck, M., & **Schmid, A.** (2023). Exploring leisure as proactive coping for residents of assisted living facilities [Conference presentation]. World Leisure Organization, 17<sup>th</sup> World Leisure Congress. Dunedin, New Zealand.
47. Adams, E.V., Van Puymbroeck, M., Crowe, B.M., & **Schmid, A.** (2023). Implementing yoga as a recreational activity for adults with intellectual and developmental disabilities. World Leisure Organization, 17<sup>th</sup> World Leisure Congress. Dunedin, New Zealand.
48. **Schmid, A.A.**, Fruhauf, C.A., Fox, A.L., ^ Portz, J.D., Leach, H.J., & Sharp, J.L. Van Puymbroeck, M., (2022) Yoga and self-management education for dyads with chronic pain improves occupational performance and satisfaction. World Federation of Occupational Therapy, Paris, France.
49. Stephens, J.^, Atkins, J., **Schmid, A.A.** (2022). Adaptive Yoga for Adults with Acquired Brain Injury: A Feasibility Study. ACRM, Chicago, IL
50. Fox, A. L., **Schmid, A. A.**, Portz, J. D., Van Puymbroeck, M., Leach, H., Sharp, J. L., & Fruhauf, C. A. (2022,). Experiencing pain together: Care partners reflect on a dyadic intervention for pain self-management. In A. L. Fox (Chair), The many voices of care partners across the continuum of care, Symposium paper conducted at the annual scientific meeting of the Gerontological Society of America, Indianapolis, IN.^
51. Fox, A. L., Sharp, J. L., & Fruhauf, C. A. **Schmid, AA.** (2022,). Exploring the association between family dynamics and preparedness for family caregiving at the end of life. [Paper presentation] Gerontological Society of America annual scientific meeting, Indianapolis, IN.^
52. Fruhauf, C. A., **Schmid, A. A.**, Fox, A.L., ^ Portz, J.D., Sharp, J.L., Leach, H.J., & Van Puymbroeck, M., (2022). Individuals and their caregivers with persistent pain: A feasibility and acceptability study. In G. Luong & C. A. Fruhauf (Co-Chairs) Dyadic and Longitudinal Studies of Close Relationships: New Insights into Health and Well-Being Across Adulthood. The Gerontological Society of America Annual Scientific meeting, Indianapolis, IN.
53. Muntefering, C.E., Schmid, A., Boslego, L., & Van Puymbroeck, M. (2022). Impact of yoga on functional gait and health-related quality of life for adults with diabetic peripheral neuropathy (DPN): A pilot study. World Federation of Occupational Therapy. Paris, France.^
54. Schmid, A.A., Fox, A. L., Schmid, A. A., Portz, J. D., Van Puyembroeck, M., Leach, H., Sharp, J. L., & Fruhauf, C. A. (2022). Yoga and self-management education for dyads with chronic pain improves occupational performance and satisfaction. World Federation of Occupational Therapy. Paris, France. ^
55. Hill, H., Swink, L., Schmid, A.A. (2022, August). Merging Yoga and Occupational Therapy for Parkinson's Disease Improves Fatigue Management and Activity and Participation Measures. World Federation of Occupational Therapy. Paris, France.^
56. Stephens, J., Schmid, A.A. (2022). Yoga reduces fall risk and improves occupational performance in community- dwelling adults with brain injury. World Federation of Occupational Therapy. Paris, France.
57. Schmitz, J., Fruhauf, C.A., Adler, K., Schmid, A.A. (2022). Women's experience receiving occupational therapy for pelvic floor dysfunction: A case series. World Federation of Occupational Therapy. Paris, France. ^

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58. Rose, C., Adler, K., Portz, J., Schmid, A.A. (2022). Participant-perceived occupational outcomes after two years of yoga for chronic pain. World Federation of Occupational Therapy. Paris, France. ^
59. Gibson, B., Schmid, A.A., Fox, A. L., Schmid, A. A., Portz, J. D., Van Puymbroeck, M., Leach, H., Sharp, J. L., & Fruhauf, C. A. (2022). Symposium on Yoga Research.
60. **Schmid, A.A.**, Fruhauf, C.A., Fox, A.L., Portz, J.D., Van Puymbroeck, M., Sharp, J.L. & Leach, H.J. (2021). Feasibility, acceptability, and benefits of in-person yoga and self-management education for dyads who have chronic pain. IASP Virtual World Congress on Pain. ^
61. **Schmid, A.A.**, Fruhauf, C.A., Fox, A.L., Swink, L., &Prabhu, N.. (2021) The Needs of Pairs with Pain: Perspectives of Individuals with Pain and their Caregivers. . IASP Virtual World Congress on Pain. ^
62. Fox, A. L., Fruhauf, C. A., Portz, J. D., Van Puymbroeck, M., Sharp, J. L., Leach, H. J., & **Schmid, A. A.** (2021). Development of a multi-modal, dyadic intervention for persistent pain: A qualitative study [Poster Presentation]. Gerontological Society of America 2021 Annual Scientific Meeting, virtual conference. Van Puymbroeck, M., **Schmid, A.A.**, Fruhauf, C.A., Fox, A.L., Portz, J.D., Leach, H.J., & Sharp, J.L. (2021). Exploring the Feasibility and Benefits of a Clinical Trial for Dyads with Chronic Pain. American Therapeutic Recreation Association. Cleveland, OH. ^Van Puymbroeck, M., Fox, A.L., Fruhauf, C.A., Portz, J.D., Sharp, J.L., Leach, H.J., & **Schmid, A.A.** (2021). Use of a Qualitative Methods in the Development of a Multi-modal Intervention for A Clinical Trial for Dyads with Chronic Pain. American Therapeutic Recreation Association. Cleveland, OH. ^**Schmid, A.A.** (2020). Invited lecture regarding Pain as a Fall Risk Factor. Fort Collins Fall Prevention Coalition.\*
66. Gibson, B. A., Van Puymbroeck, M., Fruhauf, C. A., **Schmid, A. A.** (2020). Development of a Yoga Protocol for Caregiving Dyads Experiencing Chronic Pain. Poster slide session presented at the Symposium on Yoga Research, online.
67. Fruhauf, C. A., **Schmid, A. A.**, Prabu, N., Swink, L.A., Portz, J., Leach, H., Hidde, M., Van Puymbroeck, M., Sharp, J., Fox, A., Gibson, B. (2020). Challenges in recruiting caregiver and care receiver dyads for a randomized control trial [Poster presentation] Gerontological Society of America Conference, virtual conference. <https://www.geron.org> ^
68. Adams, E.V., Van Puymbroeck, M., Crowe, B.M., Pury, C.L.S., **Schmid, A.A.** (2020) Therapeutic Yoga for Residents of Assisted Living Facilities: A Feasible Way to Improve Functional Fitness and Pain Management. Poster presentation at the Symposium on Yoga Research. ^
69. Matics, S., Logan, D., Crowe, B.M., Van Puymbroeck, M., & **Schmid, A.A.** (2020). Mental health providers' integration of yoga in clinical practice. Symposium on Yoga Research. Poster presentation at the Symposium on Yoga Research.
70. Adams, E.V., Van Puymbroeck, M., Crowe, B.M., Pury, C.L.S., **Schmid, A.A.** (2020) Yoga promotes proactive coping for residents of Assisted Living Facilities. Poster presentation at the Symposium on Yoga Research. ^
71. Adams, E.V., Van Puymbroeck, M., Crowe, B.M., Pury, C.L.S., **Schmid, A.A.** (2020) Yoga to Reduce Leisure Constraints for Residents of Assisted-Living Facilities. American Therapeutic Recreation Association, Annual Conference. ^
72. Adams, E.V., Van Puymbroeck, M., Crowe, B.M., Pury, C.L.S., **Schmid, A.A.** (2020) Feasibility of Implementing Therapeutic Yoga in Assisted Living Facilities. American Therapeutic Recreation Association, Annual Conference, Birmingham, AL. ^
73. Wiles, A., Van Puymbroeck, M., Crowe, B., & **Schmid, A.A.** (2020). The use of yoga in recreational therapy practice: Findings and recommendations. American Therapeutic Recreation Association Research Institute, (Online conference due to COVID-19). ^

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74. Thomas, A., Kirschbaum, L., Van Puymbroeck, M., Crowe, B.M., **Schmid, A.A.** (2020) Integration of yoga during physical therapy. Poster presentation at the Symposium on Yoga Research. ^
75. Hill, H. M., Swink, L. A., Adler, K. E., Anderson, A. K., Fling, B. W., & **Schmid, A. A.** (2020). Merging Yoga and Occupational Therapy for Parkinson's Disease Improves Fatigue Management and Activity and Participation Measures. American Occupational Therapy Association Annual Conference and Expo, Boston, MA. Not presented due to COVID-19. ^
76. Perkins, N., **Schmid, A.A.** (2020) Increasing Emotional Intelligence through Self-Reflection Journals: Implications for Occupational Therapy Students. American Occupational Therapy Association Annual Conference and Expo, Boston, MA. Not presented due to COVID-19.
77. Candray, H., Kinkel, C., Fox, A., **Schmid, A. A.**, Adler, K. E., & Fling, B. W. (2019). Integrating Occupational Therapy and Yoga for Clients with Multiple Sclerosis. Graduate Student Showcase. Fort Collins, CO. ^
78. Swink, L.A., Fling, B.W., Sharp, J.S., Fruhauf, C.A., Adler, K.E., **Schmid, A.A.** (2019). Merging yoga and occupational therapy for Parkinson's disease: Preliminary outcomes. Poster presentation at VA Research Days, Aurora, CO. ^
79. Stephens, J., **Schmid, A. A.** (2019). Yoga improves functional mobility in a pilot sample of adults with chronic brain injury. American Congress of Rehabilitation Medicine. Chicago, IL. ^
80. DeBord, A., Eagan, J., Hidde, M., Fling, B., **Schmid, A. A.**, Leach, H. (2019). The effect of aerobic exercise intensity on cancer related fatigue: a pragmatic, randomized trial. World Congress of Psycho-Oncology. Banff, Canada. ^
81. Reina, A. M., Kelly, C. T., Mueller, K. E., Crowe, B. M., Van Puymbroeck, M., **Schmid, A. A.** (2019). Yoga for adults intellectual and developmental disabilities. American Therapeutic Recreation Association Research Institute. Reno, NV. Winner of Best Research Poster.
82. Van Puymbroeck, M., Torphy, H. S., Adams, E. V., Kelly, C., Wiles, A. W., Crowe, B. M., & **Schmid, A. A.** (2019). Tips and Tricks: Yoga for IDD. American Therapeutic Recreation Association. Reno, NV. ^
83. Adams, E. V., Reina, A. M., Kelly, C. T., Mueller, K. E., Crowe, B. M., Van Puymbroeck, M., **Schmid, A. A.** (2019). Yoga for adults intellectual and developmental disabilities: A pilot study. American Therapeutic Recreation Association Research Institute. Reno, NV. ^
84. Walter, A.A., Van Puymbroeck, M., Townsend, J., Linder, S.M., & **Schmid, A.A.** (2019). A feasibility study of yoga for informal caregivers: A multi-method pilot study. Symposium on Yoga Research. Stockbridge, MA. ^
85. Walter, A.A., Van Puymbroeck, M., Townsend, J., Linder, S.M., & **Schmid, A.A.** (2019). A feasibility study of yoga for informal caregivers: A multi-method pilot study. International Journal of Yoga Therapy (Supple. 2019), p.45. ^
86. Adams, E. V., Kelly, C. T., Torphy, H. S., Van Puymbroeck, M., Mueller, K., Rivers, A., Kemper, K., Dye, C. J., Helsel, B., & **Schmid, A. A.** (2019). Merging Yoga and Matter of Balance: A Pilot Study. American Therapeutic Recreation Association Research Institute. Reno, NV. ^
87. Rivers, A., Mueller, K. E., Kelly, C. T., Van Puymbroeck, M., Adams, E. V., Torphy, H. S., Dye, C. J., Kemper, K. A., Helsel, B., **Schmid, A. A.** (2019). Incorporating Physical Performance Assessments into the Matter of Balance Program: Implications for a Fall Prevention Intervention for Older Adults. American Therapeutic Recreation Association Research Institute. Reno, NV. ^
88. **Schmid, A. A.** Fruhauf, C. A., Portz, J., & Van Puymbroeck, M. (2019). Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain. Colorado State University, Department of Occupational Therapy Knowledge Exchange. Fort Collins, CO.

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89. Swink, L. A. Adler, K. E., Klinedinst, T. C., Fling, B. W., Fruhauf, C. A., & **Schmid, A. A.** (2019). Meeting the needs of people with Parkinson disease through the adaptation of a fall risk program: Merging Yoga and Occupational Therapy for Parkinson Disease. Poster presentation at the American Occupational Therapy Association Annual Conference. New Orleans, LA. ^
90. Rose, C., Andrews, A., Adler K. E., Portz, J. D. **Schmid, A. A.** (2019). Occupational improvements in people with chronic pain after two years of yoga. Poster presentation at the American Occupational Therapy Association Annual Conference. New Orleans, LA. ^
91. **Schmid, A. A.** (2019). Yoga after TBI: Changes in emotional regulation and health-related quality of life in a case-study [interview]. Clinical and Translational Science Institute (CTSI) Discovery Radio. Clinical and Translational Science Institute of Southeast Wisconsin.\*
92. **Schmid, A.A.** (2019). Yoga and brain injury – what is possible. Interview with Brain and Life magazine.\*
93. **Schmid, A.A.** (2019). Yoga and Occupational therapy, interview with Holistic OT\*  
<https://www.youtube.com/watch?v=7lVrtq1kmRg&feature=em-uploademail>
94. Mueller, K., Adams, E., Kelly, C., Reina, A., **Schmid, A. A.**, Crowe, B., & Van Puymbroeck, M. (2019). Yoga for Adults with Intellectual and Developmental Disabilities: A Pilot Study. GRADS Research and Discovery Symposium, Clemson University. Clemson, SC. Winner of Poster Award. ^
95. Walter, A. A. Adams, E. V., Van Puymbroeck, M., Crowe, B. M., Hawkins, B. L., **Schmid, A. A.**, & Sharp, J. (2019). Influence of yoga on non-motor symptoms of Parkinson’s disease. The Academy of Leisure Sciences Annual Conference on Research and Teaching 2019. Greenville, SC. ^
96. Van Puymbroeck, M., Adams, E. V., Walter, A. A., Crowe, B. M., Hawkins, B. L., & **Schmid, A. A.** (2019). Predictive factors for functional improvement in Parkinson’s Disease after a yoga intervention. The Academy of Leisure Sciences Annual Conference on Research and Teaching 2019. Greenville, SC. ^
97. Crowe, B. M., Adams, E. V., Van Puymbroeck, M., Walter, A. A., & **Schmid, A. A.** (2019). Effects of participation in standing and seated yoga classes on physical functioning in community-dwelling older adults. The Academy of Leisure Sciences Conference on Research and Teaching 2019. Greenville, SC.^
98. Torphy, H. S., Van Puymbroeck, M., Crowe, B. M., **Schmid, A. A.**, Adams E. V., Hubbard, C., Wiles, A., Park, J., & Kelly, C. (2019). Yoga for people with intellectual and developmental disabilities: A pilot study. The Academy of Leisure Sciences Annual Conference on Research and Teaching 2019, Greenville, SC.^
99. Kelly, C. T., Crowe, B., Van Puymbroeck, M., & **Schmid, A. A.** (2019). Physical Benefits of Yoga Participation for Adults with IDD. Southeast Recreational Therapy Symposium 2019. Gatlinburg, TN. Winner of Best Poster Award. ^
100. Torphy, H. S., Wiles, A., Van Puymbroeck, M., Adams E. V., Kelly, C., Crowe, B. M., & **Schmid, A. A.** (2019). Research into practice: Lessons learned providing yoga to individuals with intellectual and developmental disabilities. Southeast Recreational Therapy Symposium 2019, Gatlinburg, TN.^
101. Adams, E. V., Kelly, C. T., Torphy, H. S., Van Puymbroeck, M., Mueller, K., Rivers, A., Dye, C. J., Kemper, K., Helsel, B., & **Schmid, A. A.** (2019). Merging Yoga and Matter of Balance: A Pilot Study. American Therapeutic Recreation Association Research Institute. Reno, NV. ^
102. Rivers, A., Mueller, K. E., Kelly, C. T., Van Puymbroeck, M., Adams, E. V., Torphy, H. S., Dye, C. J., Kemper, K. A., Helsel, B., & **Schmid, A. A.** (2019). Incorporating Physical Performance Assessments into the Matter of Balance Program: Implications for a Fall Prevention Intervention for Older Adults. American Therapeutic Recreation Association Research Institute. Reno, NV.^
103. **Schmid, A. A.**, Van Puymbroeck, M., Adler, K. E., Portz, J. D., Fruhauf, C. A. (2019). Merging Yoga and Occupational Therapy: A pilot study to improve balance and fall risk factor management. Pacific Rim International Conference on Disability and Diversity, Honolulu, HI.

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104. Hamilton, E., Kiesel, J., Bice, R., Stannifer, T., Claretto, E., Bair, M., **Schmid, A. A.**, Schalk, N., Kline, M., & Miller, K. K. (2019). Group Yoga: Impact on Balance, Walking Speed, and Walking Distance in Veterans with Chronic Pain. APTA CSM, Washington D.C.
105. Dalton, C., Wilson, M., Schaadt, C., Albert, C., Hanna, C., **Schmid, A. A.**, & Miller, K. (2019). Post-Rehabilitation Adapted Yoga: Impact on Motor Control, Balance, and Falls Management in Adults with Stroke. Combined Sections Meeting of the American Physical Therapy Association. Washington D.C.
106. Kiesel, J., Hamilton, E., Bice, R., Stanifer, T., Claretto, E., Bair, M., **Schmid, A. A.**, Kline, M., & Miller, K. (2019). Weekly Group Exercise Class: Impact on Balance, Walking Speed, and Walking Distance in Veterans with Chronic Pain. Combined Sections Meeting of the American Physical Therapy Association. Washington D.C.
107. Adams, E. V., Walter, A. A., Crowe, B. M., Van Puymbroeck, M., & **Schmid, A. A.** (2018). Feasibility and outcomes of a yoga program for community-dwelling older adults. American Therapeutic Recreation Association, Grand Rapids MI.^
108. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B. M., Hawkins, B., & **Schmid, A. A.** (2018). Predictive factors for functional improvement in Parkinson's disease after yoga intervention. American Therapeutic Recreation Association, Grand Rapids MI.^
109. Torphy, H. S., Van Puymbroeck, M., Crowe, B. M., **Schmid, A. A.**, Adams, E., Hubbard, C., Wiles, A., Park, J., & Kelly, C. (2018). Yoga for people for intellectual and developmental disabilities: A pilot study. American Therapeutic Recreation Association, Grand Rapids, MI.^
110. Pering, C. H., Van Puymbroeck, M., Crowe, B., & **Schmid, A. A.** (2018). The influence of yoga on people with traumatic brain injury related to sleep and mood. American Therapeutic Recreation Association, Grand Rapids, MI.
111. Rose, C. M., **Schmid, A. A.**, Adler, K. E., Portz, J. D., & Andrews, A. P. (2018). Perceived Impact and Experience of Long-term Yoga Involvement for People with Chronic Pain Symposium on Yoga Research, Kripalu Center for Yoga and Health, Stockbridge, MA.^
112. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B. M., Hawkins, B. L., & **Schmid, A. A.** (2018). Predictive factors for functional improvement in Parkinson's disease after yoga intervention. Symposium on Yoga Research. Stonebridge, MA.^
113. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B. M., Sharp, J., Hawkins, B. L., & **Schmid, A. A.** (2018). Influence of yoga on non-motor symptoms of Parkinson's disease. Symposium on Yoga Research. Stonebridge, MA.^
114. Crowe, B. M., Torphy, H., Van Puymbroeck, M., Adams, E. V., & **Schmid, A. A.** (2018). Physical and psychosocial benefits of yoga for people with intellectual and developmental disabilities. Symposium on Yoga Research. Stockbridge, MA.^
115. Crowe, B. M., Adams, E. V., Van Puymbroeck, M., Walter, A. A., & **Schmid, A. A.** (2018). Effects of participation in standing and seated yoga classes on physical functioning in community-dwelling older adults. Symposium on Yoga Research. Stockbridge, MA.^
116. **Schmid, A. A.** (2018). Merging yoga with occupational therapy and rehabilitation. Symposium on Yoga Research. Stockbridge, MA.\*
117. Hawkins, B. L., Van Puymbroeck, M., Walter, A. A., Sharp, J., Woschkolup, K., Urrea-Mendoza, E., Revilla, F. J., & **Schmid, A. A.** (2018). Perceived activities and participation outcomes of a yoga intervention for individuals with Parkinson's disease: A mixed methods study. MDS 22<sup>nd</sup> International Congress. Hong Kong, China.^

**PAPERS PRESENTED/ SYMPOSIA/ INVITED LECTURES/ PROFESSIONAL MEETINGS/ WORKSHOPS** ^indicates student, mentee, or graduate with whom project was completed

\*indicates invited presentation

118. Miller, K. K., Hanna, C., **Schmid, A. A.**, Dalton, C., & Albert, C. (2018). Community-based Adapted-yoga: Impact on Balance and Walking in People with Acquired Brain Injury. Abstract submitted for ACRM annual conference. Dallas, TX.
119. Walter, A. A., Van Puymbroeck, M., Townsend, J., Linder, S. M., & **Schmid, A. A.** (2018). A mixed methods study on therapeutic yoga for informal caregivers. American Therapeutic Recreation Association Research Institute. Grand Rapids, MI.^
120. **Schmid, A. A.** (2018). **Key Note.** Embedding yoga into the rehabilitation team. Symposium on Yoga Therapy and Research. Reston, VA.\*
121. Taylor, M. J., **Schmid, A. A.** (2018). Interprofessional sutras: Healthy conversations about pains as the fabric that unites. Symposium on Yoga Therapy and Research. Reston, VA.\*
122. Torphy, H. S., Van Puymbroeck, M., Crowe, B., **Schmid, A. A.**, Adams, E. V., Hubbard, C., Wiles, A., Park, J., & Kelly, C. (2018). Yoga for People with Intellectual and Developmental Disabilities: A Pilot Study. American Therapeutic Recreation Association, Grand Rapids MI. September.^
123. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B. M., Hawkins, B., & **Schmid, A. A.** (2018). Yoga for people with Parkinson's Disease: Predictive factors for functional improvement. American Therapeutic Recreation Association Research Institute. Grand Rapids, MI.^
124. **Schmid, A. A.** (2018). Yoga is magic! Improving mobility in multiple rehabilitation populations. HES Graduate Student Seminar Series Colorado State University. Fort Collins, CO.\*
125. Adams, E. V., Walter, A. A., Crowe, B. M., Van Puymbroeck, M., & **Schmid, A. A.** (2018). Feasibility and outcomes of a yoga program for community-dwelling older adults. American Therapeutic Recreation Association Research Institute. Grand Rapids, MI.^
126. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B., Hawkins, B., & **Schmid, A. A.** (2018). Predictive Factors of Functional Improvement for People with Parkinson's Disease: Outcomes Following a Therapeutic Yoga Intervention. Clemson Graduate Research and Discovery (GRADS). Clemson, SC.^
127. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B., Hawkins, B., & **Schmid, A. A.** (2018). Feasibility and Psychosocial Outcomes for an Osher Lifelong Learning Institute Hatha Yoga Program. Clemson Graduate Research and Discovery (GRADS). Clemson, SC.^
128. Adams, E. V., Walter, A. A., Van Puymbroeck, M., Crowe, B., Hawkins, B. **Schmid, A. A.** (2018). Predictive Factors for Functional Improvement After Yoga Intervention. Southeast Therapeutic Recreation Symposium. Williamsburg, VA.^
129. Adams, E. V., Walter, A. A., Park, J., Crowe, B., Van Puymbroeck, M., & **Schmid, A. A.** (2018, April). Feasibility and Outcomes of an OLLI Based Yoga Program. Southeast Therapeutic Recreation Symposium. Williamsburg, VA.^
130. Walter, A. A., Crowe, B. M., Van Puymbroeck, M., Park, J., Adams, E. V., & **Schmid, A. A.** (2018). Hatha and Chair Yoga for Older Adults: Preliminary Physical Findings. Southeastern Recreational Therapy Symposium. Williamsburg, VA.^
131. Walter, A. A., Crowe, B. M., Van Puymbroeck, M., Park, J., Adams, E. V., & **Schmid, A. A.** (2018). The Effects of a Yoga on the Physical Functioning in Community-Dwelling Older Adults. Clemson Graduate Research and Discovery (GRADS). Clemson, SC.^
132. Pergolotti, M., Deal, A. M., Williams, G. R., Bryant, A. L., McCarthy, L. Fawaz, E. O., & **Schmid, A. A.** (2018). Cancer Rehabilitation (CARE) improves the quality of life for older adults with cancer who have fallen. World Federation of Occupational Therapy (WFOT) Congress. Cape Town, South Africa.

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\*indicates invited presentation

133. Provancha, A. F., **Schmid, A. A.**, Hoffman, A., Malcolm, M., Coatsworth, J. D, Laxton, L., & Freeman, K. (2018). Mind-body interventions utilized by an occupational therapist in a medical intensive care unit: An exploratory case study. World Federation of Occupational Therapy. Cape Town, South Africa.^
134. **Schmid, A. A.**, Adler K. E., Hinsey, K., Bolster, R. Willis, L., Van Puymbroeck, M., & Portz, J. (2018). Merging Yoga and Occupational Therapy (MY-OT) Improves Balance and Fall Risk Factor Management after Stroke. World Federation of Occupational Therapy. Cape Town, South Africa.^
135. **Schmid, A. A.**, Willis, L., Phillips, C., Adler K. E., Hinsey, K., Bolster, R., & Van Puymbroeck, M. (2018). Yoga Improves Perceived Occupational Performance, Balance, and Balance Confidence for Adults with Diabetic Peripheral Neuropathy: A Pilot Study. World Federation of Occupational Therapy. Cape Town, South Africa.^
136. Roney, M. A., Sample, P. L., Stallones, L., Van Puymbroeck, M., & **Schmid, A. A.** (2018). An adapted group yoga intervention: The lived experience of individuals with chronic traumatic brain injury. World Federation of Occupational Therapists International Congress, Cape Town, South Africa.^
137. Grimm L. A., **Schmid A. A.**, Adler K. E., Klinedinst T. C., & Malcolm M. P. (2018). Fall rates and fall risk factors for individuals with type 2 diabetes mellitus. American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
138. Grimm, L. A. & **Schmid, A. A.** (2018). Understanding the Needs of Unpaid Caregivers. American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
139. **Schmid, A. A.**, Malcolm M. P., Adler K. E. Grimm L. A., Klinedinst T. C., Portz, J., & Chop, C. (2018). Yoga improves fall risk factors and quality of life in people with Type 2 Diabetes Mellitus. American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
140. Klinedinst, T. E., Adler, K. E., Grimm, L. A., **Schmid, A. A.**, & Malcolm, M. P. (2018). The TODAY project: Qualitative focus groups provide insight into daily management of diabetes and targets for intervention. American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
141. **Schmid, A. A.**, Portz, J., Fruhauf, C. A., Van Puymbroeck, M., Bair, M., Chop, C., & Grimm, L. A. (2018). Yoga improves occupational performance, pain-related disability, and activities of daily living for people with chronic pain. Scientific Panel at the American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
142. Malcolm M. P., **Schmid A. A.**, Grimm L. A., Klinedinst T. C., & Adler K. E. (2018). Relating, activity, participation, and high health care utilization in adults with type 2 diabetes mellitus: Occupational therapy intervention targets. American Occupational Therapy Association Annual Conference. Salt Lake City, UT.^
143. Portz, J. D. & **Schmid, A. A.** (2018). Enhancing Chronic Disease Self-Management through Yoga: Effects of Mindfulness and Self-Efficacy for People with Chronic Pain. 22nd Annual Conference of the Society for Social Work and Research, Washington, D.C.
144. Adams, E. V., Van Puymbroeck, M., Walter, A. A., Hawkins, B. L., & **Schmid, A. A.** (2017). The Effects of a Yoga Intervention on Balance and Functional Muscle Strength for People with Parkinson's Disease. Symposium on Yoga Research. Stockbridge, MA.^
145. Pergolotti, M., Malcolm, M. P., **Schmid, A. A.**, Harrington, J., & Bruegger, K. (2017). Occupational therapy service utilization and functional outcomes for adults admitted to medical specialties unit. American Congress of Rehabilitation Medicine, Atlanta, GA.^
146. Walter, A. A., Van Puymbroeck, M., Townsend, J., Linder, S. M., & **Schmid, A. A.** (2017). Complementary alternative medicine for informal caregivers: A systematic review. American Therapeutic Recreation Association Research Institute. Orlando, FL.^

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147. Eakman, A., Vickers, N., **Schmid, A. A.**, Henry, K., & Kinney, A. (2017). Controlled trial of occupational therapy directed cognitive behavioral therapy for insomnia (CBT-I) for veterans with service connected injuries in college. 2017 Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury Summit—Advances in the State of Science and Best Practices. Silver Spring, MD.
148. Eakman, A. & **Schmid, A. A.** (2017) Controlled Trial of Occupational Therapy Directed Cognitive Behavioral Therapy for Insomnia (CBT-I) for Veterans with Service Connected Injuries in College. American Occupational Therapy Association Annual Conference, Philadelphia, PA.
149. **Schmid, A. A.** (2017). Merging yoga and occupational therapy. Pi Theta Epsilon-Omicron Chapter presents an AOTF Intervention Research Grant Recipients Webinar Series, Boston University. Boston, MA.\*
150. Nicolai, N., O’Kane, J., Mason, A., Burris, R., Hanna, C., Rowlett, C., **Schmid, A. A.**, Thompson, S., & Miller, K. K. (2017). Community-Based Adapted-Yoga with Chronic Acquired Brain Injury: Phase 2 of an Implementation Pilot Study. Combined Sections Meeting of the American Physical Therapy Association. San Antonio, TX.
151. Eakman, A. M., Rolle, N., Schelly, C., **Schmid, A. A.**, Grupe, C., Henry, K. R., & Burns, J. (2017). Restoring Effective Sleep Tranquility (REST): A sleep improvement intervention for veterans in college with service-connected injuries. Presented as part of short course titled, Translating post-911 era military/veteran occupational therapy research to civilian practice: Addressing social-behavioral consequences of war. American Occupational Therapy Association Annual Conference, Philadelphia, PA.
152. Portz, J., Waddington, E., Fuller, R. R., Baroloon, R., Comiskey, G., Holmquist-Johnson, H., & **Schmid, A. A.** (2017). Staff perspectives of implementing a yoga intervention with chronic pain self-management in a clinical setting. Society for Social Work and Research 21<sup>st</sup> Annual Conference. New Orleans, LA.^
153. Portz, J., **Schmid, A. A.**, Adler, K., Van Puymbroeck, M., & Waddington, E. (2017). Staff perspectives of implementing a yoga intervention with chronic pain self-management in a clinical setting. Society for Social Work and Research 21<sup>st</sup> Annual Conference. New Orleans, LA.^
154. Fruhauf, C., **Schmid, A. A.** & Van Puymproeck, M. (2016). The most useful tools in the powerful tools for caregivers program. The Gerontological Society of America’s 69<sup>th</sup> Annual Scientific Meeting. New Orleans, LA.
155. Portz, J., Waddington, E., Adler, K., Van Puymbroeck, M. & **Schmid, A. A.** (2016). Self-management and yoga for older adults with chronic stroke: A mixed methods study of physical fitness and physical activity. The Gerontological Society of America’s 69<sup>th</sup> Annual Scientific Meeting. New Orleans, LA.^
156. Eakman, A., **Schmid, A. A.**, Henry, K. L., Schelly, C., Rolle, N. R., Burns, J. E., & Pott, C. E. (2016). Restoring effective sleep tranquility (REST): A pilot study. American Congress of Rehabilitation Medicine. Chicago, IL.
157. Hawkins, B. L., Van Puymbroeck, M., Walter, A. A., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., Sharp, J., & **Schmid, A. A.** (2016). Perceived impacts of a yoga intervention for individuals with Parkinson’s disease related to balance and fear of falling. American Congress of Rehabilitation Medicine. Chicago, IL.^
158. Miller, K. K., Mullisn-Owens, H., Munk, N., & **Schmid, A. A.** (2016). Clinical perception of complementary alternative approaches to support rehabilitation and discharge transitions. American Congress of Rehabilitation Medicine, Chicago, IL.^
159. **Schmid, A. A.**, Van Puymbroeck, M., Portz, J., Fruhauf, C., Bair, M., Bolster, R., & Matthias, M. (2016). Chronic pain is associated with impaired balance and falls. American Congress of Rehabilitation Medicine. Chicago, IL.^

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\*indicates invited presentation

160. **Schmid, A. A.**, Van Puymbroeck, M., Schmid, C., Adler, K. E., Portz, J. D., Tracy, B. L., Bolster, R., Willis, L. & Hinsey, K. (2016). Merging yoga and occupational therapy (MY-OT): A pilot study to improve balance and fall risk factor management. American Congress of Rehabilitation Medicine. Chicago, IL.^
161. Urrea-Mendoza, E., Van Puymbroeck, M., Walter, A. A., Hawkins, B. L., Woschkolup, K., Park, J., Sharp, J., **Schmid, A. A.**, & Revilla, F. (2016). Effectiveness of yoga in decreasing symptoms and improving quality of life in Parkinson's disease. American Congress of Rehabilitation Medicine. Chicago, IL.^
162. Urrea-Mendoza, E., Van Puymbroeck, M., Walter, A. A., Hawkins, B. L., Revilla, F., Park, J., Sharp, J., & **Schmid, A. A.** (2016). Effectiveness of yoga in falls prevention and improving quality of life in Parkinson's disease. American Congress of Rehabilitation Medicine 93<sup>rd</sup> Annual Conference. Chicago, IL.^
163. Van Puymbroeck, M., Walter, A. A., Hawkins, B. L., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., Sharp, J., & **Schmid, A. A.** (2016). Functional improvements in Parkinson's disease following therapeutic yoga. American Congress of Rehabilitation Medicine. Chicago, IL.^
164. Van Puymbroeck, M., Adler, K., Portz, J., & **Schmid, A. A.** (2016). Less neuropathy after yoga: Qualitative perspectives on improvements following an 8-week trial. American Congress of Rehabilitation Medicine. Chicago, IL. 2nd place poster award.
165. Walter, A. A., Van Puymbroeck, M., Hawkins, B. L., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., Sharp, J., & **Schmid, A. A.** (2016). Perceived impacts for caregivers following a yoga intervention for people with Parkinson's disease. American Congress of Rehabilitation Medicine. Chicago, IL.^
166. Revilla, F., Woschkolup, K., Walter, A. A., Hawkins, B. L., Urrea-Mendoza, E., **Schmid, A. A.**, Park, J., Sharp, J., & Van Puymbroeck, M. (2016). Therapeutic yoga improves balance and balance confidence in Parkinson's disease. 20<sup>th</sup> International Parkinson's Disease and Movement Disorder Society. Berlin, Germany.^
167. Tracy, B. L., **Schmid, A. A.**, Miller, D. M., Timroth, K. E., Holland, B. E., Jankowski, L. R. & Fritz, M. F. (2016). Smartphone-based assessment of changes in postural stability after a therapeutic intervention in neurological patients. Society for Neuroscience Meeting. Long Beach, CA.
168. Hawkins, B. L., Van Puymbroeck, M., Walter, A. A., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., & **Schmid, A. A.** (2016). Perceived psychosocial impacts of a therapeutic yoga intervention for individuals with Parkinson's disease. 2016 American Therapeutic Recreation Association. Chicago, IL.^
169. Van Puymbroeck, M., Urrea-Mendoza, E., Walter, A. A., Hawkins, B. L., Woschkolup, K., Revilla, F., Sharp, J., & **Schmid, A. A.** (2016). Improvements in multi-dimensional aspects of quality of life following therapeutic yoga for individuals with Parkinson's disease. 2016 American Therapeutic Recreation Association. Chicago, IL.^
170. Van Puymbroeck, M., Walter, A. A., Hawkins, B. L., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., Sharp, J., & **Schmid, A. A.** (2016). Motor function, balance, and postural stability improves following therapeutic yoga for individuals with Parkinson's disease. 2016 American Therapeutic Recreation Association. Chicago, IL.^
171. Walter, A. A., Van Puymbroeck, M., Hawkins, B. L., Woschkolup, K., Urrea-Mendoza, E., Revilla, F., & **Schmid, A. A.** (2016). Caregivers perceived benefits after a yoga intervention for individuals with Parkinson's disease. 2016 American Therapeutic Recreation Association. Chicago, IL.^
172. Callahan, C., Boustani, M., **Schmid, A. A.**, Austrom, M., Miller, D., Gao, S., Morris, C., Vogel, M. & Hendrie, H. (2016). Targeting functional decline: Results from the Alzheimer's disease multiple intervention trial. American Geriatrics Society Annual Meeting. Long Beach, CA.

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173. Miller, K. K., Mullins-Owens, H., Mason, A., Munk, N., **Schmid, A. A.**, & Kirschling, D. (2016). Clinician perceptions of complementary and alternative approaches to support rehabilitation and discharge transitions. American College of Rehabilitation Medicine Annual Conference. Chicago, Illinois.
174. Bolster, R. A., **Schmid, A. A.**, Hinsey, K. M., Willis, L. A., Phillips, C. E., Adler, K. E., Portz, J., Van Puymbroeck, M. (2016). Community reintegration and activity constraints improve for adults with chronic stroke after yoga and group OT. American Occupational Therapy Association conference, Chicago, IL.^
175. Walter, A. A., Woschkolup, K., Revilla, F., Hawkins, B. L., Urrea-Mendoza, E., **Schmid, A. A.**, Park, J., Sharp, J., & Van Puymbroeck, M. (2016). Balance and balance confidence improves following therapeutic yoga for people with Parkinson's Disease. 12<sup>th</sup> Annual South Carolina Aging Research Network. Charleston, SC.^
176. **Schmid, A. A.**, Hinsey, K. M., Willis, L. A., Bolster, R. A., Van Puymbroeck, M., Tracy, B. L., & Portz, J. (2016). Merging Yoga and Occupational Therapy: A pilot study to improve balance and fall risk factor management. American Occupational Therapy Association Annual Conference. Chicago, IL.^
177. Phillips, C. E., **Schmid, A. A.**, Willis, L. A., Sample, P. L., Tracy, B. L., Hinsey, K. M., Bolster, R. A., & Van Puymbroeck, M. (2016). Yoga associated with improvements in functional gait and quality of life for adults with diabetic peripheral neuropathy: A pilot study. American Occupational Therapy Association Annual Conference. Chicago, IL.^
178. Miller, K. K., Munk, N., Mason, A., Burris, R., Schalk, N., Hanna, C., Nuest, H., Kirschling, D., & **Schmid, A. A.** (2016). Participants' perceptions of benefits and value of community-based adapted-yoga for persons with acquired brain injury. American Physical Therapy Association Combined Sections Meeting, Anaheim, CA.^
179. Mason, A., Burris, R., Schalk, N., Hanna, C., Nuest, H., Munk, N., **Schmid, A. A.**, Kirschling, D., & Miller, K. K. (2016). Participation in community-based adapted-yoga improves balance in adults with chronic acquired brain injury: A pilot study. American Physical Therapy Association Combined Sections Meeting. Anaheim, CA.^
180. Miller, K. K., Mason, A., Nicolai, N., Altenburger, P., Dierks, T. A., Van Puymbroeck, M., & **Schmid, A. A.** (2015). Gait speed and step parameter changes after therapeutic-yoga in people with stroke: A pilot study. American Congress of Rehabilitation Medicine. Dallas, TX.^
181. **Schmid, A. A.**, Miller, K. K., & Van Puymbroeck, M. (2015). Yoga after stroke leads to improvement in multiple domains of quality of life. American Congress of Rehabilitation Medicine. Dallas, TX.^
182. Willis, L. A., **Schmid, A. A.**, Phillips, C. E., Hinsey, K. M., Bolster, R. A., Van Puymbroeck, M., Adler, K., & Tracy, B. L. (2015). Yoga improves balance, balance confidence, and perceived occupational performance for adults with diabetic peripheral neuropathy: A pilot study. Symposium on Yoga Research. Stockbridge, MA.^
183. Phillips, C. E., **Schmid, A. A.**, Willis, L. A., Sample, P. L., Tracy, B. L., Hinsey, K. M., Bolster, R. A., & Van Puymbroeck, M. (2015). Yoga improves functional gait and health-related quality of life for adults with diabetic peripheral neuropathy: A pilot study. Symposium on Yoga Research. Stockbridge, MA.^
184. Bolster, R. A., **Schmid, A. A.**, Hinsey, K. M., Willis, L. A., Phillips, C. E., & Van Puymbroeck, M. (2015). Yoga and group OT improves activity constraints and community reintegration for adults with chronic stroke: A pilot study. Symposium on Yoga Research. Stockbridge, MA.^
185. **Schmid, A. A.** (2015). The value and need for yoga research. Yoga Research 101: The Basics of Yoga Research for Therapists, Instructors, and New Investigators, Symposium on Yoga Research. Stockbridge, MA.\*

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186. Hinsey, K. M., **Schmid, A. A.**, Bolster, R. A., Willis, L. A., Phillips, C. E., Atler, K. E., Fruhauf, C., & Van Puymbroeck, M. (2015). Caregiver burden decreases for caregivers of people with stroke after participating in yoga: A multi-methods study. Symposium on Yoga Research. Stockbridge, MA.^
187. Walter, A. A., Van Puymbroeck, M., Bosch, P., & **Schmid, A. A.** (2015). Active complementary alternative medicine for stroke population: A systematic PRISMA review. Symposium on Yoga Research. Stockbridge, MA.^
188. Walter, A. A., Van Puymbroeck, M., & **Schmid, A. A.** (2015). Reasons for yoga participation in college students: A descriptive study. Symposium on Yoga Research. Stockbridge, MA.^
189. **Schmid, A. A.** Arnold, S., Ritter, J., Jones, V., Sapp, S., Miller, K. K., & Van Puymbroeck, M. (2015). Fear of falling among persons with chronic stroke. American Occupational Therapy Association Annual Conference. Nashville, TN.^
190. **Schmid, A. A.** Davis, T., Mitchell, J., Montgomery, L., Short, E., & Miller, K. K. (2015). Changes in emotional regulation and quality of life after therapeutic yoga for individuals with traumatic brain injury. American Occupational Therapy Association Annual Conference. Nashville, TN.^
191. **Schmid, A. A.**, Miller, K. K., Van Puymbroeck, M., DeBaun, E. (2014). Therapeutic-yoga is complementary to inpatient rehabilitation: Patients' perceived benefits. American Congress of Rehabilitation Medicine. Toronto, Canada.^
192. **Schmid, A. A.**, Miller, K. K., Van Puymbroeck, M., & DeBaun, E. (2014). Yoga improves physical functioning in people with chronic traumatic brain injury: A case-study. American Congress of Rehabilitation Medicine. Toronto, Canada.^
193. Van Puymbroeck, M., Allsop, J., Miller, K. K., & **Schmid, A. A.** (2014). Improvements in ICF components in individuals with chronic stroke following a yoga-based intervention. American Congress of Rehabilitation Medicine, Toronto, Canada.^
194. Hill, V., **Schmid, A. A.**, Page, S. (2014). Touch sensation of the hand and performance of valued activities in stroke. American Congress of Rehabilitation Medicine, Toronto, Canada.^
195. Willis, L., Van Puymbroeck, M., Miller, K. K., Schalk, N., Williams, L. S., & **Schmid, A. A.** (2014). Yoga after stroke leads to improvements in mobility, language, family roles, and energy domains of quality of life. Symposium on Yoga Research. Stockbridge, MA.^
196. **Schmid, A. A.** (2014). Developing feasible yoga interventions for research. Yoga Research 101: The Basics of Yoga Research for Therapists, Instructors, and New Investigators, Symposium on Yoga Research. Stockbridge, MA.\*
197. Van Puymbroeck, M., Miller, K. K., DeBaun, E. L., & **Schmid, A. A.** (2014). Yoga leads to multiple physical improvements after stroke. American Therapeutic Recreation Association. Oklahoma City, OK.^
198. **Schmid, A. A.**, DeBaun, E., Gilles, A., Maguire, J., Mueller, A., Miller, K. K., & Van Puymbroeck, M. (2014). Yoga therapy as a complement to inpatient rehabilitation: Patients' perceived benefits. American Occupational Therapy Association. Baltimore, MD.^
199. Bair, M. J., Ang, D., Wu, J., Outcalt, S., Sargent, C., Gerwig, A., **Schmid, A. A.**, Damush, T. M., Yu, Z., Davis, L. W., & Kroenke, K. (2014). Evaluation of stepped care for chronic pain (ESCAPE) in veterans of Iraq and Afghanistan: A randomized trial. Society of General Internal Medicine. San Diego, CA.
200. Damush, T. M., Miller, K. K., Plue, L., **Schmid, A. A.**, Myers, L., Graham, G., & Williams, L. S. (2014). VA healthcare system responses to national stroke care reorganization. Society of Behavioral Medicine. Philadelphia, PA.

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\*indicates invited presentation

201. Damush, T. M., Miller, K. K., Plue, L., **Schmid, A. A.**, Myers, L., Graham, G., & Williams, L. S. (2014). VA healthcare system responses to national stroke care reorganization. International Stroke Conference. San Diego CA.
202. Cagnet, C., Hall, C., Newblom, J., Nair, M., **Schmid, A. A.**, & Combs, S. (2014). Community-based mobility training for persons with chronic stroke: A pilot study. Combined Sections Meeting of the American Physical Therapy Association. Las Vegas, NV.
203. Miller, K. K., Porter, R. E., DeBaun, E., Van Puymbroeck, M., **Schmid, A. A.** (2013). Exercise after stroke: patient adherence and beliefs after discharge. American Congress of Rehabilitation Medicine. Orlando, FL. Winner of Stroke Special Interest Group Second Place Poster Award.^
204. Miller, K. K., Porter, R. E., Combs, S. A., Altenburger, P. A., Dierks, T. A., Van Puymbroeck, M., & **Schmid, A. A.** (2013). Therapeutic yoga after stroke: Effect on walking recovery. American Congress of Rehabilitation Medicine. Orlando, FL.^
205. Dierks, T. A., Altenburger, P. A., Miller, K. K., Phipps, R. L., & **Schmid, A. A.** (2013). Gait parameter changes during sustained walking in individuals with chronic stroke. 37<sup>th</sup> Annual Meeting of the American Society of Biomechanics. Omaha, NE.^
206. **Schmid, A. A.** (2013). Applying for career development awards. American Congress Of Rehabilitation Medicine Early Career Development Course. Vancouver, Canada. \*
207. **Schmid, A. A.** (2013). Yoga, a modality for post-stroke rehabilitation. American Congress of Rehabilitation Medicine, Innovations in Stroke Rehabilitation Early Instructional Course. Vancouver, Canada. \*
208. **Schmid, A. A.**, Miller, K. K., Van Puymbroeck, M., Debaun, E., Schalk, N., Dierks, T., Altenburger, P., Damush, T., & Williams, L. (2013). Yoga after stroke leads to multiple physical improvements. Symposium on Yoga Research. Stockbridge, MA.^\*
209. Van Puymbroeck, M., Miller, K. K., Schalk, N., & **Schmid, A. A.** (2013). Yoga as a facilitator for participation following an 8-week yoga for individuals with chronic stroke. Symposium on Yoga Research. Stockbridge, MA.^
210. Dierks, T. A., Altenburger, P. A., Miller, K. K., Phipps, R. L., & **Schmid, A. A.** (2013). Examination of sustained gait speed in individuals with chronic stroke. American College of Sports Medicine and 4<sup>th</sup> World Congress on Exercise is Medicine. Indianapolis, IN.^
211. **Schmid, A. A.** (2013). Occupational Therapy and neuro-rehabilitation as the Hite Symposium Speaker. Hite Symposium, Occupational Therapy Division of The Ohio State University. Columbus, OH. \*
212. **Schmid, A. A.**, Shively, C., Miller, K. K., Van Puymbroeck, M., DeBaun, E., Elliott, A., Dupont, S., Gerdeman, S., Osgood, M., & Parry, K. (2013). Group occupational therapy to manage post-stroke fall risk factors. American Occupational Therapy Association Annual Conference. San Diego, CA.^
213. **Schmid, A. A.**, Yaggi, H. K., Burrus, N., McClain, V., Austin, C., Ferguson, J., Fragoso, C., Sico, J. J., Miech, E. J., Matthias, M. S., Williams, L. S., & Bravata, D. M. (2013). The circumstances and consequences of post-stroke falls. International Stroke Conference. Honolulu, HI.
214. Van Puymbroeck, M., **Schmid, A. A.**, Carter, S., Koester, W., & Docherty, C. (2013). Modified rehabilitation has long-term impact on walking for individuals with a TIA. Moderated poster presentation at the International Stroke Conference. Honolulu, HI.
215. Damush, T. M., Myers, L., Anderson, J., Yu, Z., **Schmid, A. A.**, & Williams, L. S. (2013). Implementation of a secondary stroke prevention program: Effect on medication adherence. International Stroke Conference. Honolulu, HI.

**PAPERS PRESENTED/ SYMPOSIA/ INVITED LECTURES/ PROFESSIONAL MEETINGS/ WORKSHOPS** ^indicates student, mentee, or graduate with whom project was completed

\*indicates invited presentation

216. Damush, T. M., Anderson, J., Yu, Z., Ofner, S., Myers, L., **Schmid, A. A.**, & Williams, L. S. (2013). Secondary stroke prevention program: effect on stroke specific quality of life. International Stroke Conference. Honolulu, HI.
217. Combs, S. A., Van Puymbroeck, M., Altenburger, P. A., Miller, K. K., Dierks, T. A., & **Schmid, A. A.** (2012). Is walking faster or walking farther more important to persons with chronic stroke? Combined Sections Meeting of the American Physical Therapy Association. San Diego, CA.^
218. Altenburger, P., Dierks, T., Miller, K. K., Combs, S., Van Puymbroeck, M., & **Schmid, A. A.** (2012). Examination of sustained gait speed in individuals with chronic stroke deficits. American Physical Therapy Association Combined Sections Meeting. San Diego, CA.^
219. Van Puymbroeck, M., Swinford, R., **Schmid, A. A.**, Schalk, N., & Gray, C. N. (2012). Improvements in confidence and balance post-stroke: qualitative results from a yoga intervention. American Therapeutic Recreation Association Research Institute. Phoenix, AZ.^
220. **Schmid, A. A.**, Van Puymbroeck, M., Miller, K. K., Altenburger, P. A. & Combs, S. A. (2012). Balance impairment is associated with quality of life during chronic stroke. American Congress of Rehabilitation Medicine. Vancouver, Canada.^
221. Combs, S. A., Parameswaran, A. K., Colburn, D., Ertel, T., Harmeyer, A., Bucker, L., & **Schmid, A. A.** (2012). Walking function improves with body weight supported treadmill training or overground walking training for persons with chronic stroke. American Congress of Rehabilitation Medicine. Vancouver, Canada.^
222. **Schmid, A. A.**, Van Puymbroeck, M., Miller, K. K., & Altenburger, P. A. (2012). Post-stroke balance coordination is associated with quality of life. North American Society for the Psychology of Sport and Physical Activity. Honolulu, HI.^
223. **Schmid, A. A.**, Van Puymbroeck, M., Miller, K. K., & Schalk, N. (2012). Group yoga intervention leads to improved balance and balance self-efficacy after stroke. International Research Congress on Integrative Medicine and Health. Portland, OR.^
224. Van Puymbroeck, M., **Schmid, A. A.**, Miller, K. K., & Schalk, N. (2012). Improved activity, participation, and quality of life for individuals with chronic stroke following an 8-week yoga intervention. International Research Congress on Integrative Medicine and Health. Portland, OR.^
225. Van Puymbroeck, M., **Schmid, A. A.**, Miller, K. K., & Schalk, N. (2012). Yoga is a feasible intervention for veterans with chronic stroke. International Research Congress on Integrative Medicine and Health. Portland, OR.^
226. **Schmid, A. A.**, Miller, K. K., Van Puymbroeck, M., Dierks, T., Altenburger, P., Schalk, N., Williams, L. S., DeBaun, E., & Damush, T. (2012). Physical improvements after yoga for people with chronic stroke. American College of Sports Medicine 59<sup>th</sup> Annual Meeting and 3<sup>rd</sup> World Congress on Exercise is Medicine. San Francisco, CA.^
227. Dierks, T., Altenburger, P., Miller, K. K., & **Schmid, A. A.** (2012). The effect of balance exercise therapy on gait parameters in individuals with chronic stroke. American College of Sports Medicine 59<sup>th</sup> Annual Meeting and 3<sup>rd</sup> World Congress on Exercise is Medicine. San Francisco, CA.^
228. **Schmid, A. A.**, Van Puymbroeck, M., Altenburger, P., Dierks, T., Miller, K. K., Schalk, N., DeBaun, E., Damush, T., Williams, L., Chagdes, S., Dye, L., Moore, R., & Racine, L. (2012). Yoga-based rehabilitation intervention improves quality of life, activity, and participation. American Occupational Therapy Association Annual Conference. Indianapolis, IN.^
229. **Schmid, A. A.** (2012). Vulnerable populations: Falls in the stroke population. 12<sup>th</sup> Annual Conference: Transforming Fall Management Practices. Clearwater, FL.\*

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\*indicates invited presentation

230. **Schmid, A. A.** (2012) Yoga: Complementary and alternative therapy after stroke. Ohio Physical Therapy Association. Columbus, OH.\*
231. **Schmid, A. A.,** Van Puymbroeck, M., Miller, K. K., Altenburger, P., & Dierks, T. (2012). Balance confidence, a primary predictor of activity and participation after stroke. American Occupational Therapy Association Annual Conference. Indianapolis, IN.^
232. **Schmid, A. A.,** Van Puymbroeck, M., Altenburger, P., Dierks, T., Miller, K. K., Schalk, N., Damush, T., Crabtree, J., Neumann, D., & Williams, L. (2012). Eight-week yoga intervention improves quality of life, activity, and social participation after stroke. American Congress of Rehabilitation Medicine. Atlanta, GA.^
233. Van Puymbroeck, M. & **Schmid, A. A.** (2011). Yoga: A tool to improve wellness in your recreational therapy practice. Recreation Therapists of Indiana Annual Conference. Bloomington, IN.
234. **Schmid, A. A.,** Altenburger, P., Dierks, T., Van Puymbroeck, M., Schalk, N., Miller, K. K., Williams, L., & Damush, T. (2011). Yoga improves balance and balance confidence after stroke. American Congress of Rehabilitation Medicine. Atlanta, GA. Winner of First Place Poster Award.^
235. **Schmid, A. A.** (2011). Yoga after stroke. Symposium on Yoga Research. Lenox, MA. \*
236. **Schmid, A. A.,** Debaun, E., Van Puymbroeck, M., Altenburger, P., Dierks, T., Miller, K. K., Schalk, N., Damush, T., Crabtree, J., Neumann, D., & Williams, L. (2011). Eight-week yoga improves quality of life, activity, and social participation after stroke. Indiana Occupational Therapy Association Conference. Indianapolis, IN. \*
237. Miller, K. K., Dierks, T., Van Puymbroeck, M., Altenburger, P., Schalk, N., Damush, T., Williams, L. & **Schmid, A. A.** (2011). Therapeutic-yoga: Impact on pain and physical impairments after stroke. American Congress of Rehabilitation Medicine. Atlanta, GA.^
238. **Schmid, A. A.,** Van Puymbroeck, M., Altenburger, P., Dierks, T., Miller, K. K., Schalk, N., Damush, T., Crabtree, J., Neumann, D., & Williams, L. (2011). Eight-week yoga improves quality of life, activity, and social participation after stroke. Symposium on Yoga Research. Lenox, MA.^
239. **Schmid, A. A.,** Debaun, E., Van Puymbroeck, M., Altenburger, P., Dierks, T., Miller, K. K., Schalk, N., Damush, T., Crabtree, J., Neumann, D., & Williams, L. (2011). Eight-week yoga improves quality of life, activity, and social participation after stroke. Indiana Occupational Therapy Association Conference. Indianapolis, IN.^
240. **Schmid, A. A.,** Gerwig, A. N., Miller, K. K., Schalk, N., Van Puymbroeck, M., Altenburger, P., & Dierks, T. (2011). Preliminary evidence of yoga on balance and endurance outcomes for veterans with stroke. American College of Sports Medicine. Denver, CO.^
241. **Schmid, A. A.** (2011). Maintaining independence with age. Joy's House. Indianapolis, IN. \*
242. **Schmid, A. A.** (2011). Maintaining function with age and Alzheimer's disease. Indiana Alzheimer Disease Center Spring Symposia. Indianapolis, IN. \*
243. **Schmid, A. A.,** Forrestal, B., Goodloe, T., Mastny, K., Steiner, K., Altenburger, P., Van Puymbroeck, M., & Dierks, T. (2011). Emotions negatively impact activity and participation in people with chronic stroke. American Occupational Therapy Association Annual Conference. Philadelphia, PA.^
244. Williams, L. S., Arling, G., Xinli, L., Chumbler, N., **Schmid, A. A.,** Ordin, D., & Bravata, D. M. (2011). Patient and facility characteristics associated with discharge to inpatient rehabilitation post-stroke. American Stroke Association International Stroke Conference. Los Angeles, CA.
245. **Schmid, A. A.** & Van Puymbroeck, M. (2010). Preventing falls: The impact of yoga on balance and fear of falling in older adults. 26<sup>th</sup> Annual Pacific Rim International Conference on Disabilities. Honolulu, HI.

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\*indicates invited presentation

246. **Schmid, A. A.**, Howard, K., Knies, K., Spangler-Morris, C., Watts, K., & Williams, L. (2010). Fear of falling, depression, and anxiety 3 months after stroke. American Occupational Therapy Association Annual Conference. Orlando, FL.^
247. Justiss, M., Hertel, R., Lonzo, T., Siders, J., Smyser, J., & **Schmid, A. A.** (2010). The relationship of fear of falling, use of mobility aids, and community mobility among post-stroke survivors. American Occupational Therapy Association Annual Conference. Orlando, FL.^
248. **Schmid, A. A.**, Wanzhu, T., Damush, T., Fisher, T., & Williams, L. (2010). Predictors of social role functioning after stroke. International Stroke Conference. San Antonio, TX.
249. Van Puymbroeck, M., **Schmid, A. A.**, Carter, S., & Koester, W. (2010). Six-week rehabilitation following transient ischemic attack improves cardiac and physical function. International Stroke Conference. San Antonio, TX.
250. Van Puymbroeck, M., Hsieh, P. C., Chancellor, C., Koceja, D., & **Schmid, A. A.** (2009). Changes in leisure constraints in older adults after yoga intervention. Leisure Research Symposium, National Recreation and Parks Association. Salt Lake City, UT.
251. Van Puymbroeck, M., **Schmid, A. A.**, & Hsieh, P. C. (2009). Feasibility and acceptability of yoga as a means to reduce fall risk factors in older adults. American Therapeutic Recreation Association. Minneapolis, MN.
252. **Schmid, A. A.** (2009). Secondary stroke prevention: the role of the occupational therapist. Indiana Occupational Therapy Association Conference. Indianapolis, IN. \*
253. **Schmid, A. A.**, Nichols, T., Doceja, D., Van Puymbroeck, M. (2009). The impact of yoga on balance and fear of falling. American Geriatrics Society. Chicago, IL.
254. Van Puymbroeck, M., Gleckler, W., **Schmid, A. A.**, Hsieh, P., Wang, C., & Koceja, D. (2009). The effects of a 12-week yoga program on the fear of falling in older adults. Symposium on Yoga Therapy and Research. Los Angeles, CA.
255. **Schmid, A. A.**, Acuff, M., Doster, K., Gwaltney-Duiser, A., Whitaker, A., Damush, T., Williams, L., & Hendrie, H. (2009). Fear of falling after stroke in the acute setting. Deans Conference. IA.^
256. **Schmid, A. A.**, Butterbaugh, L., Egolf, C., Richards, V., Damush, T. M., & Williams, L. S. (2009). Preventing secondary strokes in the VA: The role of occupational and physical therapists. Deans Conference. IA.^
257. **Schmid, A. A.** (2009). The latest OT research: Innovative research and the career pathways of scientists. AOTA/AOTF workshop, American Occupational Therapy Association. \*
258. **Schmid, A. A.** (2009). Function and Alzheimer's disease. Indiana Alzheimer Disease Center Spring Symposia. Indianapolis, IN. \*
259. **Schmid, A. A.**, Acuff, M., Doster, K., Gwaltney-Duiser, A., Whitaker, A., Damush, T., Williams, L., & Hendrie, H. (2009). Fear of falling after stroke in the acute setting. International Stroke Conference, State of the Art Stroke Nursing Symposium. San Diego, CA.^
260. Damush, T., Plue, L., **Schmid, A. A.**, Anderson, J., Murphy, C., Debakey, M., Kimmer, B., & Williams, L. (2009). Adapting secondary stroke prevention programs to local resources structures and front line inputs. International Stroke Conference, State of the Art Stroke Nursing Symposium. San Diego, CA.
261. **Schmid, A. A.**, Bakas, T., & Williams, L. (2009). Post-stroke depression and the impact on function. International Stroke Conference, State of the Art Stroke Nursing Symposium. San Diego, CA.
262. **Schmid, A. A.**, Acuff, M., Doster, K., Gwaltney-Duiser, A., Whitaker, A., Damush, T., Williams, L., & Hendrie, H. (2009). Post-stroke fear of falling in the hospital setting. American Occupational Therapy Association Annual Conference. Houston, TX.^

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\*indicates invited presentation

263. **Schmid, A. A.**, Dallas, M., & Bravata, D. (2009). The development of a clinically useful post-stroke fall risk screen. American Occupational Therapy Association Annual Conference. Houston, TX.
264. **Schmid, A. A.**, Butterbaugh, L., Egolf, C., Richards, V., Damush, T. M., & Williams, L. S. (2009). Prevention of secondary stroke in the VA: The role of occupational therapists and physical therapists. American Occupational Therapy Association Annual Conference. Houston, TX.^
265. **Schmid, A. A.**, Damush, T. M., Plue, L., Subramanian, U., Bakas, T., & Williams, L. S. (2009). Self-management of blood pressure after stroke. American Occupational Therapy Association Annual Conference. Houston, TX.
266. **Schmid, A. A.**, Damush, T., Williams, L., Jones, W., & Plue, L. (2007). Self-management of blood pressure after stroke. Academy Health Annual Research Meeting. Orlando, FL.
267. **Schmid, A. A.** & Rittman, M. (2007). The impact of fear of falling on activity and participation after stroke. American Occupational Therapy Association Annual Conference. St. Louis, MO.
268. **Schmid, A. A.** (2007). Fear of falling in the elderly and stroke rehabilitation. Indiana University Geriatric Conference, School of Medicine. Indianapolis, IN. \*
269. **Schmid, A. A.**, Duncan, P., Studenski, S., Richards, L., Lai, S. M., Perera, S., & Wu, S. (2007). Increases in post-stroke gait velocity impacts function and quality of life. International Stroke Conference. San Francisco, CA.
270. Damush, T., Plue, L., **Schmid, A. A.**, & Williams, L. (2007). A qualitative analysis of stroke survivors' barriers, facilitators, and preferences for physical activity and self-management. International Stroke Conference. San Francisco, CA.
271. **Schmid, A. A.** & Rittman, M. (2006). Fear of falling during the first six months after stroke. Joint Conference of The National Council on the Aging and the American Society on Aging. Anaheim, CA.
272. **Schmid, A. A.** & Rittman M. (2006). Strategies for managing post-stroke fear of falling: A qualitative review. International Conference of Aging, Disability, and Independence. St. Petersburg, FL.
273. **Schmid, A. A.** (2005). Fear of falling after stroke – the impact on veterans. University of Illinois at Chicago, Department of Occupational Therapy. Chicago, IL. \*
274. **Schmid, A. A.**, Duncan, P., Studenski, S., Richards, L., Lai, S. M., Reker, D., Perera, S., & Wu, S. (2005). Gait velocity changes and its effect on ADL and IADL abilities and social participation. American Geriatrics Society Annual Scientific Meeting. Orlando, FL.
275. **Schmid, A. A.**, Duncan, P., Studenski, S., Richards, L., Lai, S., Reker, D., Perera, S., & Wu, S. (2004). Defining 'clinically meaningful' changes in gait speed in a post-stroke therapeutic exercise study at 3 months. American Congress of Rehabilitation Medicine. Ponte Vedra Beach, FL.
276. Chumbler, N. R., Mann, W. C., Wu, S., **Schmid, A. A.**, & Kobb, R. (2004). Care coordinated home-telehealth strategy improves functional independence for frail veterans. Annual Meeting of the VA HSR&D. Washington, D.C.
277. **Schmid, A. A.**, Chumbler, N., Mann, W., & Wu, S. (2003). Comparison of cognitive outcomes following a telehomecare intervention in a frail elderly sample. International Conference of Aging, Disability, and Independence. Washington D.C.
278. **Schmid, A. A.**, Chumbler, N., Mann, W., & Wu, S. (2003). Comparison of cognitive outcomes following a telehomecare intervention in a frail elderly sample. RESNA National Conference. Atlanta, GA.
279. Chumbler, N. R., Mann, W.C., Wu, S., **Schmid, A. A.** & Kobb, R. (2003). The efficacy of tele-homecare in the improvement of functional outcomes for frail elderly veterans. Annual Meeting of the VA HSR&D National Meeting. Washington, D.C.

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## *Service and Engagement*

### **UNIVERSITY COMMITTEES**

#### ***Colorado State University***

CSU Center for Mindfulness Leadership Team (invited) 2015-present

#### ***Colorado State University, College of Health and Human Sciences***

College Ad Hoc Tenure and Promotion Committee for Social Work Fall 2025  
College Graduate Program Directors Committee 2025-current  
College Faculty Advisory Committee Fall 2024  
College Research Committee 2013-2020  
CISS-CSU Joint Research Institute for Exercise and Human Health, invited Scientific  
Advisory Committee Member 2017-2020  
Roundtable Discussion for grant writing 2016

#### ***Colorado State University, Department of Occupational Therapy***

Chair of Faculty Search (non-tenure track assistant professor) 2025-2026  
Chair of the Departmental Program Evaluation for the University 2023-2024  
Department Leadership Committee, CSU OT 2022-present  
Chair of Faculty Search (assistant professor x 2) 2024  
Chair of Search Committee for post-doctoral fellows – 4 hires 2022, 2023  
Knowledge Exchange chair 2021-2022  
Knowledge Exchange committee 2021  
CSU OT Chair of OT Research Summit 2019-2020  
CSU OT Tenure and Promotion Committee 2017-present  
Student OT Association advisor 2013-2022  
Student Honorary Society (Pi Theta Epsilon) advisor 2013-present  
PhD advisory committee 2013-2019  
PhD committee chair 2023-present  
Knowledge Exchange committee 2015  
Faculty search committee 2014, 2015, 2016, 2019, 2022, 2023

#### ***Indiana University, School of Health and Rehabilitation Sciences, and Department of Occupational Therapy***

University Faculty Council 2011-2013  
School Governance Committee, School of Health and Rehabilitation Sciences 2006-2008  
School PhD Planning Task Force Committee 2005-2008  
Department Scholarship Committee 2005-2009  
Department Search and Screen Committee 2005-2009  
Department Research Advisory Council 2005-2013  
Director of Research 2008-2009 and  
2012-2013  
Chair, Research Excellence Work Group 2012-2013  
Public relations committee 2012-2013  
'Take Care' – ADL/hygiene drive for veterans in need Annually

## **PROFESSIONAL AFFILIATIONS AND ACTIVITIES**

### **Memberships in professional societies**

Colorado Safe Mobility Coalition	2019-present
Occupational Therapy Association of Colorado, (ID# 10103410)	2013-present
Indiana Fall Prevention Task Force	2012-2013
International Association of Yoga Therapists	2010-2020
World Federation of Occupational Therapists	2008-present
American Occupational Therapy Association (ID# 000004262089)	1997-present
Indiana Occupational Therapy Association	2005-2013
American Congress of Rehabilitation Medicine	2006-2017

### **Office in professional societies**

Chair of national OT Summit Committee	2019-2020
Symposium of Yoga Research, invited Scientific Committee member	2013-2017
Symposium of Yoga Research, Abstract Review Committee Chair	2015-2016
Symposium of Yoga Research, Scholarship Award Committee member	2015
American Congress of Rehabilitation Medicine, Program Committee	2015
American Congress of Rehabilitation Medicine, abstract reviewer	2015-present
American Congress of Rehabilitation Medicine, Stroke Special Interest Group, member of nominating committee	2014-2016
Symposium of Yoga Research, Scholarship Award Committee Chair	2014-2017
American Occupational Therapy Association, abstract reviewer	2014-present
American Occupational Therapy Association, Research Advisory Group	2012-2013
Invited, American Congress of Rehabilitation Medicine, member, Early Career Development committee	2011-2013
American Congress of Rehabilitation Medicine, member, Early Career Networking Group	2013-2017
American Congress of Rehabilitation Medicine, Stroke Networking Group Steering Committee	2011-2012
American Congress of Rehabilitation Medicine, Stroke Special Interest Group, member of nominating committee	2014-2017
American Congress of Rehabilitation Medicine, Stroke Special Interest Group, Co-Chair of Movement Interventions Task Force	2012-2014
American Congress of Rehabilitation Medicine, Stroke Networking Group, Co-Chair of Movement Interventions Task Force	2011-2012
American Congress of Rehabilitation Medicine, Stroke Networking Group, member of Movement Interventions Task Force	2010-2012
Indiana Occupational Therapy Association, Legislative Committee	2006 – 2007

### **Review/editorial boards**

Associate Editor of <i>OTJR: Occupation, Participation, and Health</i>	2018-present
Identified reviewer for <i>American Journal of Occupational Therapy</i>	2008-present
Invited Associate Editor, <i>Therapeutic Recreation Journal</i> , role of recreation in caring for veterans	2011

### **Grant review panels (since 2013)**

NIH NCCIH Study Section	2021, 2023, 2024, 2025
NIH NIA Study Section	2022, 2023
Grant Review for the Government of the Hong Kong, Health and Medical Research Fund (HMRF)	2013-present
Grant Review for the Army Board Agency Announcement	2018
Grant review for Kripalu Center for Yoga and Health	2017, 2018
VA QUERI Rapid Response Projects	2013

### **OTHER ACTIVITIES– SERVICE/OUTREACH**

Tenure and promotion external reviewer (2 to 3 a year)	Annually
AOTF Fellowship and Scholarship Review	2024
Invited NIH NCCIH panel member for ‘Navigating NIH Funding’	2019
Reviewer Yoga Research Delphi Steering committee for items to be included in yoga research	2018-2019
Data Safety and Monitoring Committee Member for Rachel Lucas Thompson K award	2018-2022
Invited NIH NINDS StrokeNet Data Safety Monitoring Board	2015-2021
Invited reviewer for AOTA to respond to PCORI fall prevention funding	2013

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### ***Teaching and Mentoring***

#### **Mentoring of Research Students since 2014**

- 36 OT students have completed fieldwork in my research lab
- Chair for 21 CSU OT thesis students
  - 19 have submitted or published their paper or presented at a peer reviewed conference
  - Three presented at AOTA in 2024
  - One graduate won the Top Research Abstract at the international Symposium on Yoga Research (SYR) (2014)
  - 7 graduates presented at Symposium on Yoga Research over multiple years
  - 3 presented at the World Federation of OT in South Africa (2018)
  - 5 presented at the World Federation of OT in Paris (2022)
- 35 CSU undergraduate and graduate non-OT students as a committee member (including undergraduate honors thesis)
- 5 CSU undergraduate student mentoring program (2024)
- Doctoral students
  - Chair of CSU OT PhD student
    - Dr. Laura Swink (2019)
    - Emily Tull (started 2025)
    - Alec Lynott (started 2024, ended program in 2025 for family reasons)
  - Co-Chair for CSU OT PhD students
    - Becca Wilman (started 2025)

- Mohammed Al Subeai (started 2024)
    - Dr. Christina Parsons (graduated 2024)
    - Dr. Lisa Fyffe (graduated 2023)
    - Dr. Adam Kinney (graduated 2019)
  - Committee member for CSU OT PhD students
    - Dr. Caiti McDaniel-Peters (graduated 2021)
    - Dr. Becca Lassell (graduated 2022)
  - Committee member for two Clemson University students (yoga research)
  - OTD students
    - Monica Callahan (CSU graduate in 2025)
    - Scotti Russell (Duke graduate in 2025)
- Post-doctoral Fellows
  - Co-mentor Dr. Alec Lyot
  - Co-mentor Dr. Jessica Elliot

## TEACHING

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### Primary Teaching Responsibilities at Colorado State University during the last five years

<u>Year</u>	<u>Semester</u>	<u>Course No./Title</u>	<u>Cr.Hrs.</u>	<u>Enrollment</u>
2025	Fall	OT 692 and OT 792 – Occupation and Rehabilitation Science (Theory and Foundation)	4	6
2025	Spring	OT 710 Teaching in Occupational and Rehabilitation Science	3	6
2024	Fall	OT 796 PhD Seminar	1	10
2024	Fall	OT 692 and OT 792 – Occupation and Rehabilitation Science (Theory and Foundation)	4	8
2024	Spring	OT 710 Teaching in Occupational and Rehabilitation Science	3	7
2023	Fall	OT 750/Programmatic Interventions	3 credits	12
2023	Fall	OT Seminar for PhD students	1	5
2023	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	25
2023	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	25
2022	Fall	OT 631/Program Assessment and Development	3 credits	15
2022	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	25
2022	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	25
2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Lab 001.	2 credits	25

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2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Lab 002.	2 credits	25
2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	25
2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	25
2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Lab. Section 001.	2 credits	25
2021	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Lab. Section 002.	2 credits	25
2020	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	25
2020	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	25
2019	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	24
2019	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	24
2019	Fall	OT 631/Program Assessment and Development	3 credits	15
2018	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	26
2018	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	26
2017	Spring	OT 661/Occupational Performance: Adolescent to Young Adult Section 001.	2 credits	26
2017	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	25
2017	Fall	OT 631/Program Assessment and Development	3 credits	18
2016	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	24
2016	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	26
2016	Fall	OT 631/Program Assessment and Development	3 credits	17
2016	Fall	Independent study	3 credits	1
2015	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	28
2015	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	26

2015	Fall	OT 631/Program Assessment and Development	3 credits	19
2014	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 001.	2 credits	24
2014	Spring	OT 661/Occupational Performance: Adolescent to Young Adult. Section 002.	2 credits	24

### **Course Development**

<b>Course Title or information</b>	<b>Years</b>
PhD seminar series	2023-2024
Teaching in Occupational and Rehab Science	2024
Programmatic Interventions	2023
Occupational Performance, Adolescences and Young Adults, OT661	2013-2015
OTD course development, involved with the full curriculum development	2018-2022

### **LICENSURE AND CERTIFICATION**

1997-present	National Board for Certification in Occupational Therapy: (1017603)
2014-present	Colorado Occupational Therapy License (OT.0003867)
2005-2014	Indiana Occupational Therapy License (31004410A)
2002-2005	Florida Occupational Therapy License
1997-2002	Hawaii Occupational Therapy Registry